

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>JANUARY 2019</u></p> <p>Sign Up for January Activities Will Be <i>Wednesday</i> January 2 at 11:00 a.m.</p>		<p>1 <u>NEW YEAR'S DAY</u> <u>STAFF HOLIDAY</u></p> <p>2:00 Wii Bowling RB</p> <p>3:00 Rosary Recitation CH cancelled</p> <p>6:00 Bible Study-Cornerstone CR</p> <p>7:00 Dominoes TV</p> <p>7:00 Musical Tuesday 900</p>	<p>2</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Chair Dynamics RB</p> <p>10:00 Mending & More TV</p> <p>10:30 Ladies Bible Study GR</p> <p>11:00 Activities Sign Up CR</p> <p>12:00 Lunch DR</p>	<p>3</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:00 Dining Room Comm. Meeting CR</p> <p>10:00 Pure Power RB</p> <p>10:30 Weekly Bible Study CR</p> <p>11:00 Bank Run</p> <p>11:30 Hearing Health RR</p>	<p>4</p> <p>8:45 Chair Yoga RB</p> <p>9:00 Coffee Hour DR</p> <p>10:00 Catholic Communion GR</p> <p>10:00 Balance Plus RB</p> <p>2:00 Activity Meeting CR</p> <p>3:00 Sit & Be Fit RB</p>	<p>5</p> <p>10:00-11:30 BSFI (Bible Study Fellowship Int'l) CR</p> <p>3:30 Catholic Mass CH</p> <p>7:00 Saturday Night Movie 900</p>
<p>6</p> <p>8:00 Sunday Worship CH</p> <p>1:00 Armchair Travels GR</p> <p>6:30 Evening Worship CH</p> <p>Led by Chaplain Judy Miller/ Communion served</p>	<p>7</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Fitness Fusion RB</p> <p>11:15 Music Therapy RB</p> <p>12:00 Lunch DR</p> <p>1:00 Cards/Games TV,FR,HS</p> <p>1:00-2:15 BP Check TV</p>	<p>8</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:00 Ask Anita RB</p> <p>10:15 Sadie the Therapy Dog WT, WP, Mck</p> <p>10:45 Lunch Out—Decaros</p> <p>1:30 Schnucks</p>	<p>9</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Chair Dynamics RB</p> <p>10:00 Bank Run</p> <p>10:30 Ladies Bible Study GR</p> <p>11:00 OSF Health Education CH</p> <p>12:00 Lunch DR</p>	<p>10</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:00 Pure Power RB</p> <p>10:15 ACTIVITY BUS OUT</p> <p>10:30 Weekly Bible Study CR</p> <p>10-12:00 Mid America Audiology RR</p> <p>12:00 Lunch DR</p>	<p>11</p> <p>8:45 Chair Yoga RB</p> <p>9:00 OSF Informational Breakfast DR</p> <p>“Bladder & Prostate Health”</p> <p>10:00 Balance Plus RB</p> <p>11:00 Communion Service GR</p> <p>1:30 The Singing Sheriff CH</p>	<p>12</p> <p>10:00-11:30 BSFI (Bible Study Fellowship International) CR</p> <p>3:30 Catholic Mass CH</p> <p>7:00 Saturday Night Movie Ch 900</p>
<p>13</p> <p>8:00 Sunday Worship CH</p> <p>11:00 Hofbräuhaus in Belleville German/American Brunch \$24.95</p> <p>1:00 Armchair Travels GR</p> <p>6:30 Evening Worship CH</p> <p>Led by Rev. Debra Hoertel</p>	<p>14</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Fitness Fusion RB</p> <p>10:30 Cookies Coffee & Chat GR</p> <p>12:00 Lunch DR</p> <p>1:00 Cards/Games TV,FR,HS</p> <p>1:00-2:15 BP Check TV</p>	<p>15</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:00 Wii Bowling RB</p> <p>9:45 Gameday Luncheon</p> <p>10:15 Maisy-Support Dog W</p> <p>10:45 Lunch Out—Little Mexico</p> <p>1:30 Aldi / Dollar General</p>	<p>16</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Mending & More TV</p> <p>10:00 Chair Dynamics RB</p> <p>10:15 Veterans Coffee Talk CR</p> <p>10:30 Ladies Bible Study GR</p> <p>12:00 Lunch DR</p>	<p>17</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:00 Pure Power RB</p> <p>11:00 Bank Run</p> <p>10:30 Weekly Bible Study CR</p> <p>1:30 Walmart</p> <p>12:00 Lunch DR</p>	<p>18</p> <p>8:45 Chair Yoga RB</p> <p>9:00 Coffee Hour DR</p> <p>9:00 Powell Hall Coffee Concert Beethoven & Schuman Tkt\$27.50</p> <p>10:00 Balance Plus RB</p> <p>11:30-12:00 Village Pray-In CH</p>	<p>19</p> <p>10:00-11:30 BSFI (Bible Study Fellowship International) CR</p> <p>3:30 Catholic Mass CH</p> <p>TBA Dinner & a Movie— Wang Gang</p> <p>7:00 Saturday Night Movie</p>
<p>20</p> <p>8:00 Sunday Worship CH</p> <p>1:00 Armchair Travels GR</p> <p>1:00 ALT “On Golden Pond” tickets \$20 -dinner at Moonlight</p> <p>6:30 Evening Worship CH</p> <p>Led by Mike Solomon</p>	<p>21</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Fitness Fusion RB</p> <p>10:30 Craft with Gail GR</p> <p>12:00 Lunch DR</p> <p>1:00 Cards/Games TV,FR,HS</p> <p>1:00-2:15 BP Check TV</p>	<p>22</p> <p>9-12:00 Board Meeting RB</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:30 Trader Joe’s / Magianno’s</p> <p>1:00-3:00 OSF Walker & Cane Safety Check RB</p> <p>3:00 Rosary Recitation CH</p>	<p>23</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Chair Dynamics RB</p> <p>10:30 Ladies Bible Study GR</p> <p>12:00 Lunch DR</p> <p>1:00 Joy of Crafting RB</p> <p>3:00 Sit & Be Fit RB</p>	<p>24</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:15 ACTIVITY BUS OUT</p> <p>10:00 Pure Power RB</p> <p>10:30 Weekly Bible Study CR</p> <p>12:00 Lunch DR</p> <p>1:30 –3:30 Trivia in the Afternoon RB</p>	<p>25</p> <p>8:45 Chair Yoga RB</p> <p>9:00 Breakfast Buffet DR</p> <p>10:00 Balance Plus RB</p> <p>10:00 Wisdom for Confusing Times CR</p> <p>3:00 Sit & Be Fit RB</p>	<p>26</p> <p>10:00-11:30 BSFI (Bible Study Fellowship International) CR</p> <p>3:30 Catholic Mass CH</p> <p>7:00 Saturday Night Movie Ch 900</p>
<p>27</p> <p>8:00 Sunday Worship CH</p> <p>11:00 Eagle Watching & lunch at Wittmond Hotel</p> <p>1:00 Armchair Travels GR</p> <p>6:30 Evening Worship CH</p>	<p>28</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Fitness Fusion RB</p> <p>12:00 Lunch DR</p> <p>1:00 Cards/Games TV,FR,HS</p> <p>1:00-2:15 BP Check TV</p>	<p>29</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>1:30 Walmart</p> <p>3:00 Rosary Recitation CH</p> <p>7:00 Dominoes TV</p> <p>7:00 Musical Tuesday 900</p>	<p>30</p> <p>8:45 Chair Yoga RB</p> <p>10:00 Chair Dynamics RB</p> <p>10:00 Mending & More TV</p> <p>10:30 Men’s Lunch Out-Joker’s Wild</p> <p>10:30 Ladies Bible Study GR</p>	<p>31</p> <p>8-10:00 OSF BP Check—Clinic</p> <p>10:15 ACTIVITY BUS OUT</p> <p>10:00 Pure Power RB</p> <p>10-4 Massage Day-Holly RB</p> <p>10:30 Weekly Bible Study CR</p>		