///CYCLE 1

S//UNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/01/18	07/02/18	07/03/18	07/04/18	07/05/18	07/06/18	07/07/18
SOUP	SOUP	SOUP	SOUP	SOUP	SOUP	SOUP
Cream of Tomato	Cheeseburger	Chicken Barley	Potato	Lobster Bisque	Clam Chowder	Beef Vegetable
SALAD	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Jell-O	3-Bean Salad	5 Cup Salad	Slaw	Raspberry Cream Jell-O	Lemon Jell-O	Pickled Beets
<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>
Roast Beef	Smothered Chicken	Pork with Red	Pulled Pork	Beef Tips	Chicken Salad Wrap	Tortellini Salad
Ham Steak	Liver & Onions	Onions	Smoked Brisket	Pizza Supreme	Meat Loaf	Ham & Beans
Braised Game Hen	Shrimp Stir-Fry	Cheese Steak Sandwich	Bratwurst	Herb Crusted Tilapia	Baked Cod	Fried Shrimp
		Lasagna				
SIDE DISH	~				SIDE DISH	SIDE DISH
Mixed Vegetables	SIDE DISH Spinach	SIDE DISH Peas	SIDE DISH Baked Beans	SIDE DISH Vegetable Medley	Baked Zucchini	Cabbage
Buttered Carrots	•				Beets with Sour	Buttered Peas
D.I. I D. 4.4.	Brussels Sprouts	Broccoli Souffle	Corn	Glazed Carrots	Cream	D. T. J. D. A. A.
Baked Potato	Steamed Rice	Fried Potatoes	Potato Salad	Buttered Egg Noodles	Macaroni & Cheese	Boiled Potatoes
DESSERT						
German Chocolate	DESSERT	DESSERT	DESSERT		DESSERT	DESSERT
Cake	Apple Pie	Peach Crisp	Ice Cream Novelties	DESSERT Cheesecake	Angel Food Cake /Strawberries	Chocolate Mint Pie

CYCLE 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/08/18	07/09/18	07/10/18	07/11/18	07/12/18	07/13/18	07/14/18
SOUP Broccoli Cheese	SOUP Lentil	SOUP Cream of Chicken	SOUP Minestrone		SOUP Seaford Chowder	SOUP Vegetable
SALAD Tossed Salad	SALAD Tossed Salad	SALAD Tossed Salad	SALAD Tossed Salad		SALAD Tossed Salad	SALAD Tossed Salad
Orange Cream Jell-O	5-Cup Salad	Pineapple Jell-O	Fresh Fruit	RESTAURANT NIGHT	Slaw	Raspberry Jell-O
ENTRÉE Roast Beef	ENTRÉE Chicken Waldorf Salad	ENTRÉE Pork Medallion	ENTRÉE Stuffed Chicken with Apples & Walnuts	FEATURING SPECIALS	ENTRÉE Spaghetti with Meat Sauce	ENTRÉE BBQ Ribs
Fried Haddock	Canneloni	Fried Chicken	Caesar Salad with	from	Chicken Livers	Chicken Supreme
Chicken & Dumplings	Breaded Pork Chop	Taco Salad	Salmon	Deb	Fried Cod	Chopped Beef Steak
SIDE DISH	SIDE DISH	SIDE DISH Zucchini	Cabbage Roll SIDE DISH	Tina	SIDE DISH	SIDE DISH
Corn	Spinach	Brussels Sprouts	Steamed Broccoli	Jim	Swiss Chard Carrots with Dill	Baby Beets
Glazed Carrots Mashed Potatoes	Peas Baked Sweet Potato	Fried Potatoes	Lima Beans Au Gratin Potatoes	Mary	Roasted Potatoes	Baked Beans Baby Bakers
DESSERT Coconut Cream Pie	DESSERT Carrot Cake	DESSERT Pecan Pie	DESSERT Bread Pudding		DESSERT Lemon Cream Cake	DESSERT French Silk Pie

//CYCLE 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/15/18	07/16/1/	07/17/18	07/18/18	07/19/18	07/20/18	07/21/18
SOUP Cream of Tomato	SOUP Vegetable	SOUP Cheddar Cheese	SOUP Potato & Cabbage		SOUP Bean	SOUP Chicken with Rice
SALAD Fresh Greens	SALAD Fresh Greens	SALAD Fresh Greens	SALAD Fresh Greens		SALAD Fresh Greens	SALAD Fresh Greens
Raspberry Cream Jell-O	Fresh Fruit	Orange Jell-O	Corn Salad		Fruit Compote	Lemon Cream Jell-O
<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>	ENTRÉE Chicken with		ENTRÉE Caesar Salad with	<i>ENTRÉE</i>
Fried Chicken Breast	Summer Salad	Manicotti	Spinach & Feta	BBQ	Shrimp	Chicken Tenders
Ham Steak	Sloppy Joe	Pork Cutlet with Capers	Beef Pot Pie	BUFFET	Pecan Glazed Chicken	Crab Cakes
Pot Roast	Fried Catfish	Honey Barbecue Chicken Salad	Fried Tilapia		Pork Tenderloin Sandwich	Stuffed Pepper
SIDE DISH	SIDE DISH	SIDE DISH	SIDE DISH		SIDE DISH	SIDE DISH
Mixed Vegetables	Corn Fritters	Sauteed Zucchini	Steamed Cabbage		Broccoli	Baby Carrots
Peas	Baked Beans	Steamed Broccoli	Carrots		Swiss Chard	Baby Beets
Roasted Potatoes	Baked Sweet Potato	Baked Potato	Fried Potatoes		Steamed Rice	Boiled Potatoes
DESSERT	DESSERT	DESSERT	DESSERT		DESSERT	DESSERT
Red Velvet Cake	Cherry Pie	Baked Custard	Lemon Pie		Chocolate Eclair	Chocolate Pudding

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/22/18	07/23/18	07/24/18	07/25/18	07/26/18	07/27/18	07/28/18
SOUP Cream of Mushroom	<i>SOUP</i> Hamburger	SOUP Potato	SOUP Beef with Barley	SOUP Vegetable	SOUP Seafood Gumbo	SOUP Chicken Noodle
SALAD Fresh Greens	SALAD Fresh Greens	SALAD Fresh Greens	SALAD Fresh Greens	SALAD Fresh Greens	SALAD Fresh Greens	SALAD Fresh Greens
Pasta Salad	3- Bean Salad	Slaw	Fresh Fruit	Jell-O	Macaroni	Green Pea Salad
ENTRÉE Pot Roast	<i>ENTRÉE</i> Baked Ham	ENTRÉE Salad Nicoise	<i>ENTRÉE</i> Salmon with Leeks	<i>ENTRÉE</i> Tropical Shrimp Salad	<i>ENTRÉE</i> Shrimp & Egg Salad	ENTRÉE Braised Brisket
Chicken Cordon Bleu Roast Pork	Meatball Sandwich Chicken Cutlet	Chicken Parmigiana Pork with Apples	Pork Chop with Peaches	Roast Sirlion	Chicken Pot Pie	Chili Dog Cheeseburger
		- Commission of the commission	Roast Chicken	Fried Chicken Breast	Pork with Mushrooms	
SIDE DISH Corn Peas	SIDE DISH Carrots Mixed Vegetables	SIDE DISH Swiss Chard Broccoli	SIDE DISH Zucchini	SIDE DISH Carrots	SIDE DISH Creamed Spinach	SIDE DISH Baked Beans
Baby Bakers	Boiled Potatoes	Baked Sweet Potato	Cabbage	Peas	Vegetable Medley	Corn
			Oven Roasted Potatoes	Scalloped Potatoes	Candied Yams	Baked Potato
DESSERT Coconut Cake	DESSERT Apple Crunch Pie	DESSERT Custard Pie	DESSERT Carrot Cake	DESSERT Peach Pie	DESSERT Lemon Bars	<i>DESSERT</i> Vanilla Pudding

///CYCLE 1

C//INDAW	MONDAY	THECDAY	WEDNESDAY	0	EDIDAY	CATUDDAY
S//UNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
07/29/18	07/30/18	0731/18	08/01/18	08/02/18	08/03/18	08/04/18
SOUP	SOUP	SOUP	SOUP	SOUP	SOUP	SOUP
Cream of Tomato	Cheeseburger	Chicken Barley	Potato	Lobster Bisque	Clam Chowder	Beef Vegetable
SALAD	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Jell-O	3-Bean Salad	5 Cup Salad	Slaw	Raspberry Cream Jell-O	Lemon Jell-O	Pickled Beets
<i>ENTRÉE</i>	ENTRÉE	<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>	<i>ENTRÉE</i>
Roast Beef	BBQ Pork Steak	Fried Haddock	Pulled Pork	Beef Tips	Shrimp Salad with Stone Fruit	Pulled Chicken
Ham Steak	Liver & Onions	Cheese Steak	Smoked Brisket	Pizza Supreme		Ham & Beans
Braised Game Hen	Chicken Fried Rice	Sandwich	Greek Salad	Herb Crusted	Meat Loaf	Fried Shrimp
Draised Game Hen	Cincken Fred Rice	Lasagna	Greek Salad	Tilapia	Pork with Red Onions	rried Sirriiip
SIDE DISH						
Mixed Vegetables	SIDE DISH	SIDE DISH	SIDE DISH	SIDE DISH	SIDE DISH	SIDE DISH
	Spinach	Peas	Baked Beans	Vegetable Medley	Baked Zucchini	Cabbage
Buttered Carrots	C C.I					
Dalard Datata	Corn on Cob	Broccoli Souffle	Corn	Glazed Carrots	Harvard Beets	Buttered Peas
Baked Potato	Baby Bakers	Fried Potatoes	Potato Salad	Buttered Egg Noodles	Macaroni & Cheese	Boiled Potatoes
DESSERT						
German Chocolate	DESSERT	DESSERT	DESSERT		DESSERT	DESSERT
Cake	Apple Pie	Peach Crisp	Ice Cream Novelties	DESSERT Cheesecake	Angel Food Cake /Strawberries	Chocolate Mint Pie