

United Methodist Village presents

SmartMoves Healthy Learning Lectures

Keeping the Keys

presented by Dawn Laws

The natural process of aging can affect your vision, hearing, reaction time and cognition. As a senior driver, that means it also can affect your driving abilities. This lecture will focus not on your literal driving ability, but instead proper placement in your vehicle and how to be more comfortable behind the wheel.

- Educate yourself on various activities that help make you a better driver or just how to make getting in and out of any car easier!
- Find out how the therapy department may help you to be safer behind the wheel.

Date: Tuesday, June 19, 2018

Time: 10am Location: Chapel

For more information, contact
Dawn Laws, Wellness Coordinator
At 618 917-6235





OSF Rehabilitation presents

Concussions: What you don't know.

Wednesday, June 13 | 11 a.m. – Noon

United Methodist Village Chapel

 ${\sf Carol\ Babcock,\ OTR,\ will\ explain\ the\ causes\ of\ concussions\ and\ their\ effects\ on\ daily\ activities.}$

Please plan to attend if possible.

