

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>November 2017</u></p> <p><i>Sign Up for November Activities Will Be Wednesday, Nov. 1 At 11:00 a.m.</i></p>			<p>1 All Saints Day 10:00 Mending & More TV 10:00 Strong for Life RB 10-2 Reflexology—Gail TBA 11:00 Activities Sign-Up CR 12:00 Lunch DR 1:00 Needles & Pins RB 3:00 Sit & Be Fit RB 7:00 Bunco RB</p>	<p>2 8:45 Chair Yoga GR 9:00 Strong For Life RB 10:00 Liberty Bank RR 10:00 Blood Pressure EC 10:30 Bible Study CR 11:30 Hearing Health RR 11:30-12:00 Village Pray-In CH 12:00 Lunch DR 1:30 Pinochle Club RR 1:30 CVS / Walgreens / Cleaners 2:00 Activity Meeting CR</p>	<p>3 9:00-2:00 Christmas Bazaar and Nellie's Closet WP 10:00 Spiritual Life Team Mtg HS 10:00 Catholic Communion GR 3:00 Sit & Be Fit RB</p>	<p>4 1:00 Armchair Travels GR 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900</p>
<p>5 Daylight Savings Time Ends 8:00 Sunday Worship CH 1:00 ALT: Frank Sinatra/Barbra Streisand Tribute — dinner at Moonlight 6:30 Evening Worship CH Led by Rev. Steve Frieze</p>	<p>6 12:00 Lunch DR 1:00 Cards/Games TV,FR,HS 2:00 Rick Pickren CH 2:15-3:15 BP Check -TV 3:00 Sit & Be Fit RB 7:00 Bingo RB</p>	<p>7 8:45 Chair Yoga GR 9:00 Get Moving w/ Travis RB 10:00 Senior Fitness Test RB 11:00 Bank Run 11:30 Step It Up RB 1:30 Schnucks / Cleaners 2:00 Wii Bowling RB 3:00 Rosary Recitation CH 6:00 Bible Study-Cornerstone CR 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p>8 10:00 Strong for Life RB 12:00 Lunch DR 1:00 Resident Council Meeting CR 2:00 Choir Practice CH 3:00 Sit & Be Fit RB 7:00 Bunco RB</p>	<p>9 8:45 Chair Yoga GR 9:00 Strong For Life RB 10:00 BP check EC 10:15 ACTIVITY BUS OUT 10:30 Bible Study CR 12:00 Lunch DR 1:30 Pinochle Club RR 1:30 Walmart</p>	<p>10 9:00 Coffee Hour DR 9:00 Powell Hall Concert — Tchaikovsky 11:00 Communion Service GR 1:30 Veterans Day Service CH 3:00 Sit & Be Fit RB</p>	<p>11 Veterans Day 10:30 Mel's Riverdock 1:00 Armchair Travels GR 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900</p>
<p>12 8:00 Sunday Worship CH 2:15 GACA: Steven Vanhauwaert Pianist — dinner at Golden Corral 6:30 Evening Worship CH Led by Rev. Randy Butler</p>	<p>13 10:00 Greeting Card Class 10:15 Cookies Coffee & Chat GR 12:00 Lunch DR 1:00 Cards/Games TV,FR,HS 2:15-3:15 BP Check -TV 3:00 Sit & Be Fit RB 7:00 Bingo RB</p>	<p>14 8:45 Chair Yoga GR 9:00 Get Moving w/ Travis RB 10:00 Wii Bowling RB 10:15 ACTIVITY BUS OUT 10:15 Maisy-Support Dog W 11:30 Step It Up RB 1:30 Aldi / Dollar General 2:00 Joy of Coloring RB 3:00 Rosary Recitation CH 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p>15 10:00 Mending & More TV 10:00 Strong for Life RB 12:00 Lunch DR 1:00 Artistic Expressions w/Gail GR 3:00 Sit & Be Fit RB 4:15 1st Dinner Out—Brass Door 7:00 Bunco RB</p>	<p>16 8:45 Chair Yoga GR 9:00 Strong For Life RB 10:00 Blood Pressure EC 10:00 Liberty Bank RR 10:15 Bead Art GR 10:30 Bible Study CR 10:30 Ladies Day Out —Fazoli's/ Michaels/Dierbergs 12:00 Turn in Resident Surveys Receive Box Lunch to go (DR) 1:30 Pinochle Club RR</p>	<p>17 9:00 Breakfast Buffet DR 10:00 Wisdom for Confusing Times CR 3:00 Sit & Be Fit RB 6:30 <u>USO Show</u>—More information to follow!!</p>	<p>18 1:00 Armchair Travels GR 3:30 Catholic Mass CH TBA: Dinner & a Movie—Mike Shannon's 7:00 Saturday Night Movie Ch 900</p>
<p>19 8:00 Sunday Worship CH 6:30 Evening Worship CH Led by Chaplain Judy Miller</p>	<p>20 10:15 Craft with Gail GR 12:00 Lunch DR 1:00 Cards/Games TV,FR,HS 2:15-3:15 BP Check -TV 3:00 Sit & Be Fit RB 7:00 Bingo RB</p>	<p>21 8:45 Chair Yoga GR 9:00 Get Moving w/ Travis RB 9:45 Gameday Luncheon—RvrBndr 10:00 Healthy Learning Lecture CH 11:30 Step It Up RB 1:30 Schnucks 1:30 Sam Brown CH 3:00 Rosary Recitation CH 6:00 Bible Study-Cornerstone CR 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p>22 10:00 Strong for Life RB 10:15 Veteran's Coffee Talk GR 12:00 Lunch DR 2:00 Choir Practice CH 3:00 Sit & Be Fit RB 7:00 Bunco RB</p>	<p>23 STAFF HOLIDAY</p>	<p>24 No Scheduled activities</p>	<p>25 10:00 St. Charles Christmas Traditions — lunch at Mother-In-Law House 1:00 Armchair Travels GR 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900</p>
<p>26 8:00 Sunday Worship CH 6:30 Evening Worship CH Led by Rev. Adrian Das</p>	<p>27 1:00 Cards/Games TV,FR,HS 2:15-3:15 BP Check -TV 3:00 Sit & Be Fit cancelled 6:30 Jazz on a Fall Evening — LCCC and AHS Jazz Bands 7:00 Bingo CR</p>	<p>28 8:45 Chair Yoga GR 10:00 Get Moving w/ Travis GR 9:00 Board Meeting RB 10:00 Wii Bowling cancelled 10:00 Bank Run 11:30 Step It Up GR 1:30 ShopN'Save / DollarTree 2:00 Joy of Coloring RB 3:00 Rosary Recitation CH 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p>29 10:00 Strong for Life RB 11:00 Men's Lunch Out—Ravanelli's 12:00 Lunch DR 3:00 Sit & Be Fit RB 7:00 Bunco RB</p>	<p>30 8:45 Chair Yoga GR 9:00 Strong For Life RB 10:00 Blood Pressure EC 10:15 ACTIVITY BUS OUT 10-4 Massage Day-Holly RB 10:30 Bible Study CR 12:00 Lunch DR 1:30 Ex. Director Quarterly Mtg. CH 1:30 Walmart 1:30 Pinochle Club RR 4:15 2nd Dinner Out - Brass Door</p>		