

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p align="center"><b><u>NOVEMBER 2018</u></b></p> <p align="center"><b>Sign Up for November Activities Will Be Monday November 5 at 9:30 a.m.</b></p>				<p><b>1</b> 8-10:00 OSF BP Check—Clinic 10:15 ACTIVITY BUS OUT 10:30 Weekly Bible Study CR 10:00 Pure Power RB 11:30 Hearing Health RR 12:00 Lunch DR 1:30 Pinochle Club RR 1:30 CVS / Walgreens</p>	<p><b>2</b> 8:45 Chair Yoga RB 9:00-2:00 Holiday Bazaar and Nellie's Closet WP 9:00 Coffee Hour DR 10:00 Catholic Communion GR 10:00 Balance Plus RB 3:00 Sit &amp; Be Fit RB</p>	<p><b>3</b> 10:00-11:30 BSFI (Bible Study Fellowship International) CR 3:30 Catholic Mass CH 6:30 Lynn Wellman CH 7:00 Saturday Night Movie Ch 900</p>
<p><b>4</b> 8:00 Sunday Worship CH 11:00 Lunch Out— Pere Marquette Lodge (Waiting List from October will be first!) 1:00 Armchair Travels GR 6:30 Evening Worship CH Led by Rev. Steve Friese</p>	<p><b>5</b> 8:45 Chair Yoga RB 9:30 Nov. Activities Sign-Up CR 10:00 Fitness Fusion RB 11:15 Music Therapy RB 12:00 Lunch DR 1:00 Cards/Games TV,FR,HS 1:00-2:15 BP Check TV 2-4 Piasa Cleaners Pick-Up 3:00 Sit &amp; Be Fit RB 7:00 Bingo RB</p>	<p><b>6 ELECTION DAY</b> 8-10:00 OSF BP Check—Clinic 10:15 Lunch Out—Mel's Riverdock 2:00 Schnucks (Godfrey) 2:00 Wii Bowling 3:00 Rosary Recitation CH 6:00 Bible Study-Cornerstone CR 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p><b>7</b> 8:45 Chair Yoga—RB 10:00 Chair Dynamics RB 10:00 Bank Run 11:15 WWI brown bag event LCC 10:30 Ladies Bible Study GR 11:30 Meet &amp; Greet OSF Therapists CR 12:00 Lunch DR 1:00 Joy of Crafting-Jewelry RB 2:00 Choir Practice CH 3:00 Sit &amp; Be Fit RB 7:00 Bunco RB</p>	<p><b>8</b> 8-10:00 OSF BP Check—Clinic 10:30 Weekly Bible Study CR 10:00 Pure Power RB 10:00 Dining Committee Mtg CR 10:15 ACTIVITY BUS OUT 12:00 Lunch DR 1:30 Pinochle Club RR 1:30 UMV/Vitas Veteran's Svc CH 1:30 Walmart 2-4 Piasa Cleaners Return</p>	<p><b>9</b> 8:45 Chair Yoga RB 9:00 Coffee Hour DR 10:00 Balance Plus RB 11:00 Communion Service GR 1:30 Soft Fire Ministry — For the Love of America CH 2:30 Activity Meeting CR 3:00 Sit &amp; Be Fit RB</p>	<p><b>10</b> 10:00-11:30 BSFI (Bible Study Fellowship International) CR 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900</p>
<p><b>11</b> 8:00 Sunday Worship CH 2:00 GACA "Guy Penrod" tickets \$25 -dinner at Chinese Buffet 1:00 Armchair Travels GR 6:30 Evening Worship CH Led by Rev. Lois Mitchel</p>	<p><b>12</b> 8:45 Chair Yoga <u>NO CLASS TODAY</u> 10:00 Fitness Fusion RB 10:30 Cookies Coffee &amp; Chat GR 12:00 Lunch DR 1:00 Cards/Games TV,FR,HS 1:00-2:15 BP Check TV 3:00 Sit &amp; Be Fit RB 7:00 Bingo RB</p>	<p><b>13</b> 8-10:00 OSF BP Check—Clinic 10:00 Wii Bowling 1:30 Ruler Foods / Dollar General 3:00 Rosary Recitation CH 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p><b>14</b> 8:45 Chair Yoga <u>NO CLASS TODAY</u> 10:00 Mending &amp; More TV 10:00 Chair Dynamics RB 10:30 Ladies Bible Study GR 11:00 OSF Health Education CH 12:00 Lunch DR 1:00 Resident Council Mtg CR 1:00 Joy of Crafting-Cards RB 3:00 Sit &amp; Be Fit RB 4:30 1st Dinner Out— Gentelins</p>	<p><b>15</b> 8-10:00 OSF BP Check—Clinic 10:30 Weekly Bible Study CR 10:00 Pure Power RB 10:15 Trader Joe's/Maggiano's 11:30 Mid America Audiology RR 12:00 Lunch DR 1:30 SSP Medicare Updates Presentation RB 1:30 Pinochle Club RR</p>	<p><b>16</b> 8:45 Chair Yoga RB 9:00 Powell Hall Coffee Concert Copland's Third Tkt \$27.50 9:00 Coffee Hour DR 10:00 Balance Plus RB 11:30-12:00 Village Pray-In CH 1:30 New Jerusalem Gospel CH 3:00 Sit &amp; Be Fit RB</p>	<p><b>17</b> 10:00-11:30 BSFI (Bible Study Fellowship International) CR 3:30 Catholic Mass CH TBA Dinner &amp; a Movie— Dewey's Pizza 7:00 Saturday Night Movie Ch 900</p>
<p><b>18</b> 8:00 Sunday Worship CH 10:30 Brunch Out— Mike Shannon's 1:00 Armchair Travels GR 6:30 Evening Worship CH Led by Rev. Cory Beckwith</p>	<p><b>19</b> 8:45 Chair Yoga RB 10:00 Fitness Fusion RB 10:30 Craft with Gail GR 12:00 Lunch DR 1:00 Cards/Games TV,FR,HS 1:00-2:15 BP Check TV 3:00 Sit &amp; Be Fit RB 7:00 Bingo RB</p>	<p><b>20</b> 8-10:00 OSF BP Check—Clinic 9:45 Gameday Luncheon 10:15 Maisey-Support Dog W 11:00 Bank Run 1:30 Schnucks / Dollar Tree 3:00 Rosary Recitation CH 5:00 Theme Dinner/Performance DR 6:00 Bible Study-Cornerstone CR 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p><b>21</b> 8:45 Chair Yoga RB 10:00 Chair Dynamics RB 10:30 Ladies Bible Study GR 12:00 Lunch DR 1:00 Joy of Crafting-Christmas RB 2:00 Choir Practice CH 3:00 Sit &amp; Be Fit RB 7:00 Bunco RB</p>	<p><b>22 THANKSGIVING HOLIDAY</b></p>	<p><b>23</b> 8:45 Chair Yoga <u>NO CLASS TODAY</u> 9:00 Donuts in the TV Room 10:00 Balance Plus RB 6:30 Joe Powell CH</p>	<p><b>24</b> 10:00-11:30 BSFI (Bible Study Fellowship International) CR cancelled 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900</p>
<p><b>25</b> 8:00 Sunday Worship CH 1:00 Armchair Travels GR 2:00 Limited Edition "Countdown to Christmas" free concert at Evangelical Church of Christ—dinner at Round Table 6:30 Evening Worship CH Led by Rev. Dennis Price</p>	<p><b>26</b> 8:45 Chair Yoga RB 10:00 Fitness Fusion RB 12:00 Lunch DR 1:00 Cards/Games TV,FR,HS 1:00-2:15 BP Check TV 2-4 Piasa Cleaners Pick-Up 3:00 Sit &amp; Be Fit RB 6:30 "Jazz on a Fall Evening" free concert at LCCC Trimpe Bldg 7:00 Bingo RB</p>	<p><b>27 BOARD MEETING 9:00-12:00 RB</b> 8-10:00 OSF BP Check—Clinic 10:00 Wii Bowling RB <b>CANCELLED</b> 10:30 Lunch Out—Olive Branch 1:30 Walmart 3:00 Rosary Recitation CH 7:00 Alton Youth Symphony "Holiday Concert" Alton &amp; Edwards- ville Middle School students CH 7:00 Dominoes TV 7:00 Musical Tuesday 900</p>	<p><b>28</b> 8:45 Chair Yoga RB 10:00 Mending &amp; More TV 10:00 Chair Dynamics RB 10:30 Ladies Bible Study GR 1:00 Joy of Crafting-cancelled 1:00 Executive Director Quarterly Up- date CH 2:00 Advent Bible Study CR 3:00 Sit &amp; Be Fit RB 4:30 2nd Dinner Out— Gentelins 7:00 Bunco RB</p>	<p><b>29</b> 8-10:00 OSF BP Check—Clinic 10:30 Weekly Bible Study CR 10:00 Pure Power RB 10:15 Activity Bus Out 10-4 Massage Day-Holly MCK 116 12:00 Lunch DR 1:30 Aldi / Dollar General 1:30 Pinochle Club RR 2-4 Piasa Cleaners Return</p>	<p><b>30</b> 8:45 Chair Yoga RB 9:00 Coffee Hour DR <u>NO BUFFET</u> 9:00 Powell Hall Coffee Concert Bruckner's Ninth Tkt \$27.50 9:45-2:00 Designer Direct Jewelry Sale WP 1st floor 10:00 Wisdom for Confusing Times CR 10:00 Balance Plus RB 1:30 Laughter is the Best Medicine CH 3:00 Sit &amp; Be Fit RB 4:45 Men's Dinner Out-Lone Oak</p>	