

**WELCOME
NEW
RESIDENTS:**

Lorraine Nielsen
WT 115

Jack & Pearl Green
WP 241

Sharon Rowden
WT 129

John & Jemmalee
Hisaw

5221 Aldersgate
Myrtle Collins
WT 136

**AUGUST
BIRTHDAYS**

John Toigo
August 8

Donald Horney
August 14

Dorothy Sherman
August 16



**July Birthday Party with
Juke Box Trio**



Come dressed like a watermelon!

*Celebrate National Watermelon Day with
fresh watermelon slices in Weston Terrace
2:30 p.m. Friday, August 3*

*Sign up so we know how many
Watermelons we need!*



Anita's Ad-libs



Dear Residents,

Staying connected with each of you is very important to me. I am always open to your thoughts and ideas about everyday life at UMV. I genuinely value your input. While the quarterly Executive Director's meetings are important and provide current updates about our Village, I realize that this format is not comfortable for many for open dialogue and discussion. I've been pondering about opportunities to enhance communication. I will begin having a monthly "Ask Anita" gathering. My first "Ask Anita" will be in our Riverbend Room on August 21 from 10:00 a.m. - 11:00 a.m. Feel free to drop by or stay the entire hour and share your thoughts, ideas, and questions. It will be informal and I'll have no agenda. I'll just be available for conversation and ultimately offer resolution or obtain your feedback on life at UMV. Of course, please know that I'm always open to your phone calls or visits 24/7.

Maintaining our competitive position in the Riverbend Area is extremely important. Our image and reputation is never taken for granted. We thank you for your choice to live at UMV and want you to know that we genuinely strive each and every day to ensure your satisfaction. We value our position as being an exceptional provider of Senior Care! We are also keenly aware that with competition entering our market, we are working diligently to maintain our competitiveness.

As I shared during my Executive Director's meeting at the beginning of August, I am working closely with the Envision Committee to assess the appearance of our common areas. I know that our lobby areas and coffee areas are greatly used and enjoyed. The Envision Committee will be receiving thoughts and ideas from three different design firms about how we could provide a fresh new and functional look. Upon selection of a firm, we anticipate that our renovation plans would roll out in phases potentially spanning the next 2-3 years. We are very sensitive about ensuring that our design meets your needs. As shared, we will be welcoming resident's insight. Soon we will invite a few residents to join this committee to select styles and finishes. If you are interested, please let me know. This will be an exciting project for the future of UMV. This upgrade will not be funded through our daily operation and capital accounts; therefore, it will not impact monthly fees in the future.

Recently, many of you have been asking me about the plans for the maintenance and repair of your exterior decks and exterior repair of the villas. I want you to know that

(Continued on page 3)

(Continued from page 2)

Rick Taylor and I have been discussing and preparing for the 2019 Capital Budget. We will be planning for the deck repairs in 2019. We will provide a systematic approach and plan for this major endeavor.

However, if you have existing problems with your decks, please submit a work order and we will repair accordingly.

Friendly reminders...because we care!

1. Please move your assistive devices or allow us to move your assistive devices in the dining room. This is extremely important for the safety of our residents, guests, and employees.

2. Our residents continue to be contacted by outside entities asking for money or for participation in sweepstakes. **PLEASE DO NOT BELIEVE THESE CALLERS. THEY EVEN POSE TO BE FROM THE LOCAL AREA CALLING FROM 618 AREA CODES. AGAIN, PLEASE ASK FOR OUR HELP IF YOU ARE BEING CONTACTED AND DO NOT SEND ANY CASH, CHECKS, OR MONEY ORDERS. WE CONTINUE TO HAVE RESIDENTS ACTUALLY SEND LARGE SUMS OF MONEY. THIS IS VERY SERIOUS.**

They are not targeting UMV directly but are contacting you through many outside sources. Again, when in doubt, please ask for help.

On a personal note, I would like to thank everyone for your prayers and concern regarding my daughter. I can't tell you how much it has meant to me, my family, and especially Andrea. We're getting closer to having results and answers regarding her health. Your genuine care and concern has helped me in more ways than you'll ever know. I appreciate each of you and your friendship.

Thank you,

Anita



A fond (and tearful) farewell to Dawn Steinbach as she says good-bye to UMV residents and co-workers. Dawn and her husband are moving to southern Missouri to be closer to their daughter and grandchildren.

We wish her many blessings—
as she has been a blessing to so many!



From the Desk of the Director of Weston Terrace

Dee Cunningham, RN

Greetings Everyone,

Expressions of love . . . what are they? How do we convey that we care to those who matter most to us? Do those around you, who interact with you every day, and truly matter to you, know how important they are in your life? Do **you** know how important they are in your life?

It is very easy to slip into a routine and allow the significance of relationships around us to fade into our surroundings nearly unnoticed. For those of you who are familiar with the "Our Daily Bread" devotional, you may have seen the piece titled Pictures of Love on the 29th of last month.

The writer of the piece starts out by explaining that she and her children had begun a new practice each evening at bedtime. When the events and chores of the day were over, they would collect colored pencils and light a candle together. Asking God to light their way, the children would get out their journals and write or draw answers to two questions: *When did I show love today?* and *When did I withhold love today?*

The writer of the article stated, "When my kids and I reflect, we find that in our lives love takes shape in simple actions: sharing an umbrella, encouraging someone who is sad, or preparing a favorite meal or dessert."

Withholding love is reflected in such things as gossip, refusing to be kind in the simplest of ways, or satisfying our own needs without thinking of the needs of others.

As this family discovered, some of the simplest kindnesses are the most effective ways to reveal to someone that they really matter to you. Time is a very precious thing and we need to stay aware that opportunities to invest ourselves and our love into the lives of those we care about are fleeting.

We are living our lives moment-by-moment and are not able to retrieve time once it is gone. Take advantage of every chance to be kind, patient, forgiving, and encouraging toward others. Determine to share your heart in generous and loving ways so that when others think of you their heart is warmed and they cannot help but smile.

Life seems too long sometimes, but in all truth it is like a vapor and gone all too soon. Let us be grateful for the time we have with each other and the positive impact we can have on the lives of others while traveling our individual journeys through life.



Make an impact on the world! Reveal the beauties that lie within you that are designed by our Maker to be shared with those around us. Leave a lovely legacy! Be kind! Care about others and let them know that you do!

Blessings to All,

Dee

Activities & Descriptions

Book Club—please check schedule carefully as there have been some changes

Mondays, Aug. 13 & 27 at 1:30 p.m.
 Tuesdays, Aug. 7 & 21 at 10:15 a.m.
 Tuesday, Aug. 28 at 10:30 a.m.
 In the Gathering Room. Please join us for our weekly Book Club. It’s nice to just sit back and hear a great story.

Hearing Health Care– no charge

Thursday, Aug. 2 at 11:30 in the Rendezvous Rm
 Brian, Hearing Instrument Specialist, will be here to provide hearing aid service and repairs, ear wax removal, hearing test & ear care.

Maisy the Support Dog

Tuesday, Aug. 14 at 10:15, Weston Reception
 Maisy will be here to greet everyone. Be sure to come say Hello.

Monthly Resident Meeting

Tuesday, Aug. 28 @ 1:30 - Gathering Room.
 Join our monthly meeting to hear what’s new, voice your concerns or share your ideas.
 If you live at Weston Terrace, you’re invited!

Craft with Gail

Monday, August 20 @ 10:15 - Gathering Room.
 Gail has a special craft for this month. Please come out and make a craft with us!

A Crafty Activity

Thursday, August 30 @ 10:15 am Gathering Rm.

Music with Cheryl

Monday, August 27 @ 10:15 in Meadows
 Cheryl provides a variety of musical games and sing-a-longs.

Get Moving w/Dawn

Tuesday, August 14 in Woodlands and August 28 in Meadows @ 9:30 a.m.

Saturday Night Movies, Sunday Afternoon

Movies & Musical Tuesdays

There are movies every Sunday at 2:00pm in **Woodlands** and every Tuesday and Saturday at 7:00 pm on Channel 900.

Saturday Activities

Now every Saturday at 10:30 a.m.
 Join Georgiann or Debbie for a weekend creative activity.

<i>Regular Meetings</i>					
<u>Mondays</u>		<u>Thursdays</u>		<u>Saturdays</u>	
9:30	Exercise	9:30	Exercise	9:30	Exercise (W)
<u>Tuesdays</u>		1:30	Devotions	10:00	Exercise (M)
9:30	Exercise	2:30	Price is Right!	1:00	Armchair Travels
3:00	Rosary	<u>Fridays</u>		3:30	Catholic Mass
<u>Wednesdays</u>		10:30	Exercise	<u>Sundays</u>	
9:30	Exercise	1:30	Bingo	8:00	Sunday Worship
TBA	Nails			10:00	Devotions
				2:00	Sunday Movie
				6:30	Sunday Worship

August Entertainment:

Lunch Out

Thursday, August 9 at 11:00 a.m.

Dollar General

Thursday, August 23 at 10:15 a.m.

Joy Ride

Thursday, August 30 at 10:15 a.m.

National Watermelon Day Party

Friday, August 3 at 2:30 p.m. Weston Terrace
Dress like a watermelon and come enjoy fresh watermelon slices.

OSF Health Education Program

This month's topic is "Swallowing Difficulties"
led by OSF Home Healthcare
Wednesday, August 8 at 11:00 am in the Chapel

Joe Powell

Friday, August 10 at 1:30 p.m. in the Chapel

Double Play

Monday, August 13 at 1:30 in the Chapel
The dynamic Flute & Tuba duo return to UMV.

Weston BBQ

Tuesday, August 14 at 12:00 p.m. Weston Terrace

Phil Capello

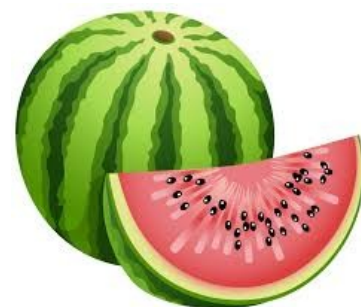
Wednesday, August 15 at 1:30 p.m. in Meadows

Rekha Dravina

Friday, August 31 at 6:30 p.m. in the Chapel

Weston Birthday Party w/Rhoda & Larry

Wednesday, Aug. 29 at 1:30 p.m. Meadows



Attention All Resident Veterans:

Veteran's Coffee Talk—On summer break

Heartland Healthcare will return at a later date

Announcements...

Remember to check your daily sheets for any changes to the day's activities or locations.
If you have questions or suggestions, please feel free to contact an activity staff member.

Neighborhood Meetings

Meadows—Thurs., August 2 at 11:45

Gardenview—Thurs., Aug. 2 at 12:30

Woodlands—Friday, Aug. 3 at 11:45

Parkside—Friday, Aug. 3 at 12:30

Consider This

By A. Nony Moose

Definition of a race horse:
The only animal who can take several people for a ride at the same time.

League of Their Own: Carl Draper

By: Melissa Meske for Advantage News, July 27, 2018



photo courtesy of Alton Memorial Hospital

Carl Draper, 81, grew up in Hartford and is a graduate of East Alton-Wood River High School. After living in Wood River for close to 50 years, Draper moved to United Methodist Village in Godfrey two years ago. He has a college degree in mathematics from McKendree University and spent 35 years working for the Department of Defense in St. Louis with what is now known as the National Geospatial Intelligence Agency before retiring in 1998.

While those accomplishments are significant, what further distinguishes Draper is another rare stat he has created for himself.

Draper has clocked more than 39,350 hours of volunteer service to Alton Memorial Hospital. If you do the math, it equates to nearly 20 years of full-time work. Draper, however, doesn't think this is anything more than just something he does nearly every day of the week.

How did you get started volunteering at Alton Memorial Hospital?

I answered the call to volunteer after hospital Chaplain Jo Greenwood sent out a request for volunteers through all the area churches, including mine, which is the East Alton United Methodist Church. Initially, I had some reservations about volunteering and discussed this with Chaplain Jo. She convinced me to go through the training program. The training was over the course of several weeks, with about four of us trainees in the beginning.

Can you share a little about what you do at the hospital?

I volunteer mostly in the ER now. About 15 years ago, someone thought I could help there. I started as an assistant to Chaplain Jo then, and when she retired, I stayed as a volunteer in the department. I do stocking of supplies, help remake the beds when a patient leaves and fill the blanket warmer. I also help with preparing the complimentary soup sacks for Ambulatory Surgery. As volunteers, we also assist with tasks such as staffing the information desk, collecting volunteer time cards and distributing in-house mail to the different offices.

What are some of the things you like best about volunteering and what keeps you going?

I enjoy being a small part of the hospital, getting to know several of the doctors and having the satisfaction of maybe helping the staff. I have friends in all areas of the hospital. I'm also involved with the group at my church who make "care bears" that we bring in and give to patients in the hospital. I've been helping make those bears, something we've done for 20 years now too. I never thought I would still be here after 20 years. I am still just trying to be of help, and hopefully not getting in the way.

As a volunteer, what are some of the more interesting things you've witnessed?

I have watched careers develop and evolve, from techs to nurses, and on to charge nurses and physician assistants or nurse practitioners. I have also watched the facility expand, from the new wing and single, private rooms to new medical buildings. I've been fortunate to witness the interactions between doctors and nurses, and I admire their knowledge and those interactions.



Health Fair 2018
Thank you
to all the vendors
and residents who
attended!



Main Street
United Methodist Church
Services every Sunday
8:00 a.m in the Chapel



CATHOLIC MASS
Every Saturday
3:30 p.m. Chapel
Worship led by
Father Wickenhauser



SPIRITUAL WELLNESS

Communion

Friday, August 10 at 11:00
In the Gathering Room

Catholic Communion

Friday, August 3 at 10:00
In the Gathering Room



“Village Pray-In”
August 17, 11:30 — 12:00
In the Chapel

All are welcome

*“They shall know
we are Christians
by our love.”*



Rosary Recitation
Tuesdays at 3 p.m.
In the Chapel

Wisdom for Confusing Times

Something weighing on your mind?

Experiencing a personal loss,
or troubled by issues in the news?



Join Chaplain Judy Miller
and Father Jerry Wickenhauser
Friday, August 31 at 10 a.m.
in the Conference Room for a time to
share concerns & wisdom in an
uplifting, positive environment.

In Memory...

At this time, we would like to remember the families and friends of
Virginia Porter, resident; **Glova Williams**, resident; **Corinne Podesva** and **Peggy Wilson**, former residents; **Stacy Scott**, granddaughter of resident Barb Scott, **Tony Capozzi**, brother of resident Nick Capozzi, **Ramona Lawson**, grandmother of employee Stephanie Spurgeon and Katie Bunt, niece of Carla Watson.

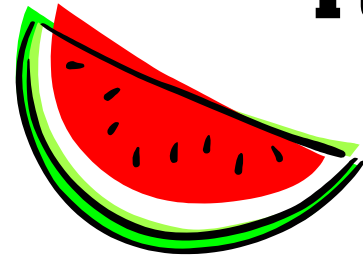


Enjoy a summer BBQ!

Tuesday, August 14

12:00PM

Weston Terrace



Celebrate the season with favorite BBQ dishes, bottled soda pop, and ice cream treats

We will be collecting eye glasses and hearing aids until August 31. Look for the collection container near the coffee machine in the TV Room.

Please direct any questions to Chaplain Judy
Thank you!



Come One, Come All! **Weekly Bible Study**

Join us every Thursday
10:30-11:30a.m.
In the Conference Room



Ladies Bible Study

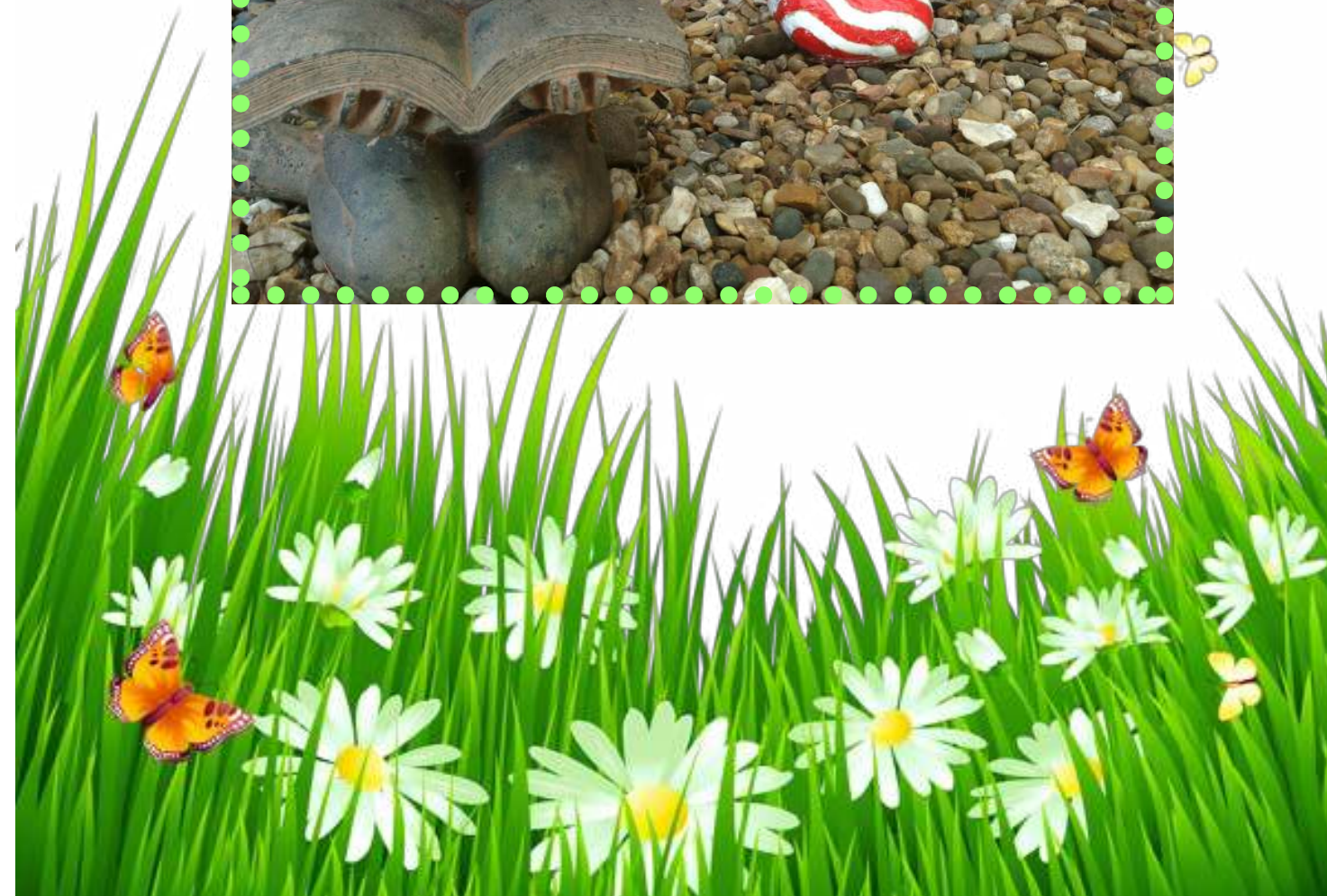
Join us every Wednesday
10:30-11:30a.m.
In the Gathering Room
Weston Terrace

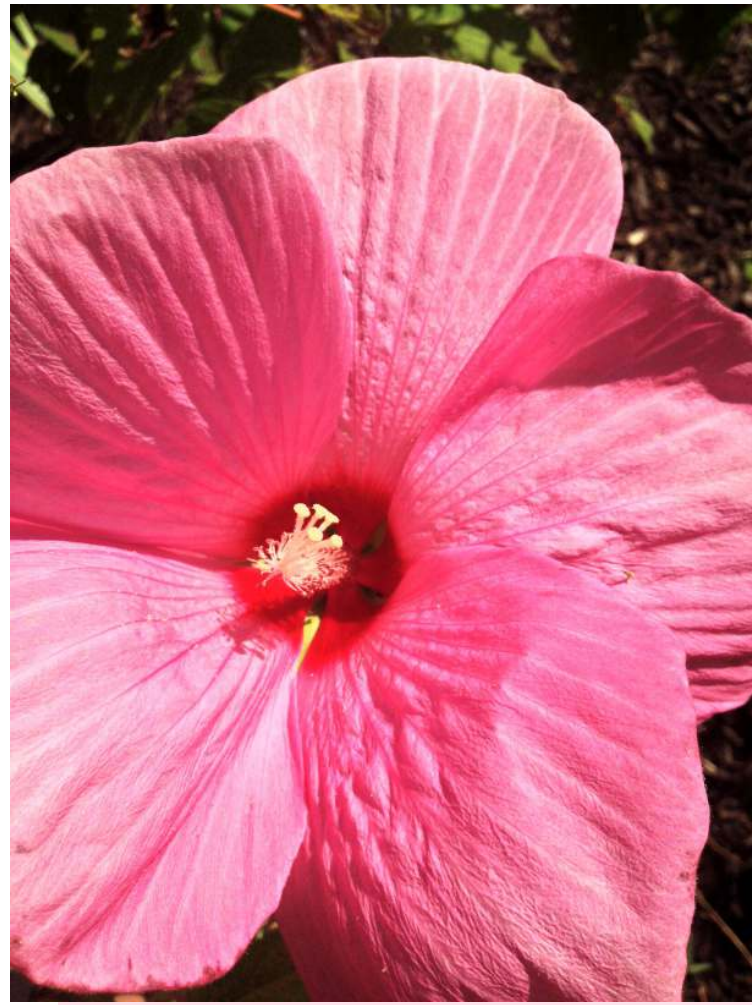
Bible Study Fellowship International classes
will start Saturday, September 15 from 10:00—11:30 in the Conference Room

*Summer beauty fills the air
at the entrance of Weston Terrace!*

Have you spied the patriotic painted rock?

The days are getting shorter – we hope you will invite your neighbors, friends, & family and enjoy the patios when you can.







Where Living Is Easy.

5201 Asbury Avenue

Godfrey, IL 62035

Phone: 618.466.8662

We're on the Web!

www.unitedmethodistvillage.com

Note: Reading Machine

This machine has been relocated to a new, more use-friendly desk in the library. Volunteers are available for a private tutorial/training.

Please inquire at the WP desk.



Happy Birthday!!

Resident Birthdays

Marty Pfeiffenberger	8-02
Erma Maloney	8-07
Sharon Jenkins	8-07
John Toigo	8-08
Kathy Carroll	8-12
Mickey Patton	8-12
Donald Horney	8-14
Kay Crowder	8-15
Lois Panzier	8-15
Dorothy Sherman	8-16

Helen Orban	8-18
Rosemary Boedy	8-19
Sue Gorline	8-19
Denise Smith	8-21
Mark Strelow	8-23
Donald Cornell	8-26
Betty Strelow	8-28
Bernice Allen	8-29

Staff Birthdays

Debra Taylor	8-14
Joann Maher	8-14
Caveta Chapman	8-17
Edward Hawkins	8-28

Your Council Members

Bonnie Tyler, President	466-8535
Helen Stairwalt, V. President	466-4446
Mary Chase, Secretary	467-0076
Nancy Price, Asst. Secretary	850-212-2876
Fred Seymour	466-3050
Kay Fitzpatrick	433-1787
Harry Hill	208-7979
Jeanette Weihe	466-0695
Alice Banghart	467-6428
Mary Ann Forcade	920-3361
June Sproull	466-0644
Bob Wallace	433-9549

Council Chronicle

The Resident Council had a meeting on Tuesday, July 17

The minutes are available on the Information Center Bulletin Boards.

The next regular Resident Council meeting is set for **September 19** at 1:00 pm in the Conference Room.



The United Methodist Village honors and respects our residents and welcomes people of all faiths.