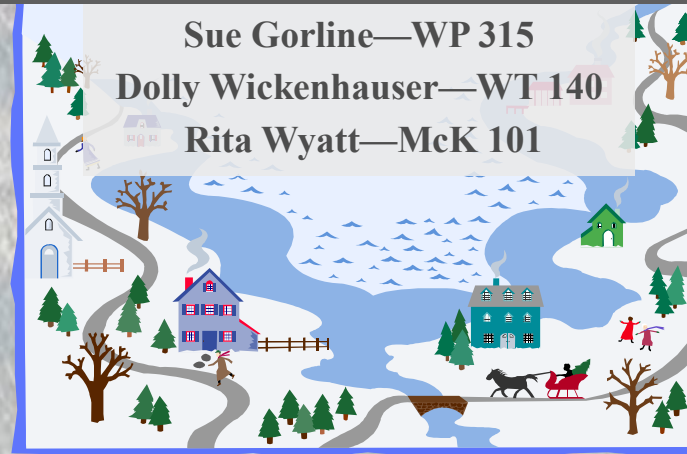


*Welcome New Residents:*



**JANUARY  
BIRTHDAYS**

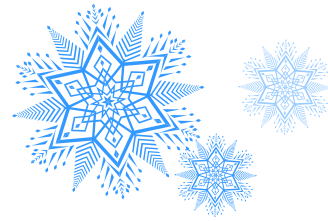
1-19  
Barbara Scott



January 1  
New Year's Day

January 15  
Martin Luther King Jr.  
Day





# Anita's Ad-libs



Dear Residents,

I am writing this prior to 2017 year ending. As I reflect upon our year together, I am smiling and reflecting upon a wonderful year filled with many blessings.

Many of you have shared your thoughts and ideas with me about how to enhance living at UMV. I want you to know that I always welcome your input. I enjoy our conversations. I'm looking forward to implementing many of your ideas during 2018. A few areas that are on our "2018 To-Do List" include revision of the resident handbook, finalizing our admissions process review, purchasing our new bus, sharing the results of the awaiting resident satisfaction survey, renewing our Reverend William Fessler Benevolence Fund, and completing our 2018 capital improvements.

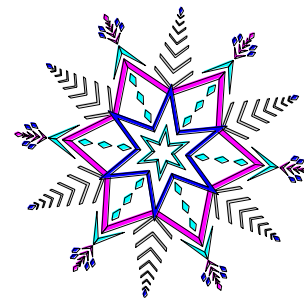
As you know, "Living Easy and Living Well" is always a priority. Our Lifestyle and Wellness Program is centered around not only our own resources but our Riverbend area community resources which creates a complete wellness program. I am very excited to share that we will be introducing new additions to our health service dimension of wellness in the very near future. Soon, you will be hearing about new services that include having access to primary care right on our campus. Upon finalization of our partner with providing services, I will be making announcements and sharing more information.

I want to extend a very sincere appreciation for your generous contributions to the Employee Christmas Gifts. Again, please know that your generosity was amazing. The appreciation and the smiles shared from our employees can't really be expressed in words! Your generosity truly made everything merry and bright!

The New Year is the time when we all want to start on a good note. It is the time when we want to wish that the coming year will be filled with happiness, joy, and God's blessings for each other. The New Year is a symbol of positivity. By welcoming the New Year on a positive note, it is important that we let go of all the negativities accumulated in the year gone by. Just like with the sunrise every day, a new day begins with the New Year. We can associate a new chapter in life to begin. Looking forward to our new chapter together beginning January 1, 2018! May all of your New Year's wishes come true!

**Happy 2018!**

*Anita*





*From the Desk of the  
Director of Weston Terrace  
Dee Cunningham, RN*

Greetings Everyone,

Whew! Was there a little more hustle and bustle in the Holidays this year or was it just me? Fatigue seems to have settled in and my head is still spinning just a bit, but once again, it was another wonderful Holiday Season here at the Village!

Now that 2018 has arrived I look forward to curling up on the sofa or in my recliner with a nice soft blanket, a fresh cup of coffee, hot chocolate, or other favorite beverage, during the early days of this new month to reflect on the many memories and blessings of the past year. No matter what challenges each of us faced in 2017, (or any other year for that matter), there are always many moments and wonderful events sprinkled along the way that we gently and lovingly place within the **“very special memories and occasions file”** tucked away in our hearts. Many of them may be so deeply treasured that we never share them with anyone but will never cherish them less with the passing of time.

Treasured thoughts and memories are ours forever and are gifts we can enjoy at anytime without physical effort or strenuous exercise. Reviewing our memories is one of the greatest blessings we have and a luxury of life we are free to indulge in anytime, whether we are in a large group of people or totally alone.

On the other side of the coin so to speak, it is common for “the winter blues” to settle in once the holidays are over. Most often this occurs as a direct result of physical fatigue coupled with the emotions that accompany all the shopping, programs, parties, family gatherings, etc.

So, should you find yourself feeling a bit like the little guy in the picture below today, take a moment to close your eyes, take a deep breath, and truly examine the many blessings in your life. You may want to embrace a new appreciation for your health, (your ability to see, hear, smell, taste, and touch), your very life. And if for some reason you are not able to do all of the things listed here, or particular things you used to enjoy doing, allow your heart to be comforted knowing life is made up of more than these.

Take a fresh look at the things you are still able to do and enjoy in life. Look forward to what lies ahead. If you have experienced some physical changes in the past year and are concerned about what you are facing in 2018, choose to see the glass as half full in the days that lie ahead and face the New Year with positive anticipation.

Let your ears hear, your mouth express gratitude for the opportunity to meet each new moment and circumstance face on. You will come out on the other side of the challenges you meet stronger, wiser, and richer in the things that matter most in life.



Blessings to All,

*Dee*

We wished you a Merry Christmas...  
and a Happy New Year!



*Your Council Members*

|                              |                          |                 |              |
|------------------------------|--------------------------|-----------------|--------------|
|                              | Kathy Carroll, President | 433-9902        |              |
| Sandra Cooksey, V. President | 217 899-8833             | Helen Stairwalt | 466-4446     |
| Sue Nash, Secretary          | 466-1587                 | Bonnie Tyler    | 466-8535     |
| Reka Holder                  | 433-8313                 | Mary Chase      | 467-0076     |
| Mary Haxel                   | 466-3861                 | Don Miller      | 978-3415     |
| Fred Seymour                 | 466-3050                 | Nancy Price     | 850-212-2876 |

*Council Chronicle*

The Resident Council had a meeting on Wednesday, November 8.  
 The minutes are available on the Information Center Bulletin Boards.  
 The next regular Resident Council meeting is set for January 10 at 1:00 pm in the Conference Room.

*From the Director of Marketing*

*Carrie Cope*

Alas it is time to take down the trees, UN-deck the halls and ring in the New Year!!!!

Hopefully all of the residents here at the United Methodist Village will be as helpful to the Marketing Department as you were last year!!! Trust me we are counting on it!!

Please welcome our newest residents Rita Wyatt and Dorothy “Dolly” Wickenhauser! Welcome to your new home!

You will notice at the beginning of January that the Marketing Department will be hanging something on your doors as a fun way to promote and encourage our resident referral program, *Neighbor to Neighbor*. Stay tuned for the details!!

And in the meantime, remember that we need your referrals! Residents that refer their friends to United Methodist Village market rate apartments and patio villas receive \$500.00 off a months’ rent as does the friend they referred!

Happy New Year!!!

Carrie Cope

Director of Marketing



## Activities & Descriptions

**Book Club**

Mondays, Jan. 8, 15, and 22 at 1:30 p.m.  
 Tuesday, Jan. 9, 16, and 30 at 10:15 a.m.  
 Tuesdays, Jan. 23 at 10:30 a.m.

In the Gathering Room. Please join us for our weekly Book Club. It's nice to just sit back and hear a great story.

**Hearing Health Care— no charge**

Thursday, Jan. 4 at 11:30 in the Rendezvous Room. Brian, Hearing Instrument Specialist, will be here to provide hearing aid service and repairs, ear wax removal, hearing test & ear care.

**Maisy the Support Dog**

Tuesday, Jan. 16 at 10:15, Weston Reception  
 Maisy will be here to greet everyone. Be sure to come say Hello.

**Monthly Resident Meeting**

Tuesday, Jan. 30 @ 1:30 - Gathering Room.  
 Join our monthly meeting to hear what's new, voice your concerns or share your ideas.  
 If you live at Weston Terrace, you're invited!

**Craft with Gail**

Monday, Jan. 15 @ 10:15 - Gathering Room.  
 Gail has a special craft for this month. Please come out and make a craft with us!

**Bead Making**

Thursday, Jan. 25 @ 10:15 am Gathering Room  
 Make paper beads for pretty, wearable art!

**Music with Cheryl**

Monday, Jan. 22 @ 10:15 - Meadows  
 Cheryl provides a variety of musical games and sing-a-longs.

**Moving w/Janelle**

Tuesday, Jan. 9 @ 9:50 a.m. in Woodlands  
 Tuesday, Jan. 23 @ 9:50 a.m. in Meadows  
 Let's welcome our new Rehab Care Coordinator

**Saturday Night Movies, Sunday Afternoon**

**Movies & Musical Tuesdays**

There are movies every Sunday at 2:00pm in the Gathering Room and every Tuesday and Saturday at 7:00 pm on Channel 900.

In the centerfold of this week's newsletter you will find our [January Calendar](#).

| <i>Regular Meetings</i>  |          |  |                         |                 |                         |
|--------------------------|----------|--|-------------------------|-----------------|-------------------------|
| <b><u>Mondays</u></b>    |          |  | <b><u>Thursdays</u></b> |                 | <b><u>Saturdays</u></b> |
| 9:30                     | Exercise |  | 9:30                    | Exercise        | 1:00                    |
|                          |          |  | 1:30                    | Devotions       | 3:30                    |
| <b><u>Tuesdays</u></b>   |          |  | 2:30                    | Price is Right! | <b><u>Sundays</u></b>   |
| 9:30                     | Exercise |  | <b><u>Fridays</u></b>   |                 | 8:00                    |
| 3:00                     | Rosary   |  | 10:30                   | Exercise        | 10:00                   |
| <b><u>Wednesdays</u></b> |          |  | 1:30                    | Bingo           | 2:00                    |
| 9:30                     | Exercise |  |                         |                 | 6:30                    |
| TBA                      | Nails    |  |                         |                 | Sunday Worship          |
|                          |          |  |                         |                 | Armchair Travels        |
|                          |          |  |                         |                 | Catholic Mass           |
|                          |          |  |                         |                 | Sunday Worship          |
|                          |          |  |                         |                 | Devotions               |
|                          |          |  |                         |                 | Sunday Movie            |
|                          |          |  |                         |                 | Sunday Worship          |

# January Entertainment:

**Rhoda and Larry**

Wednesday, Jan. 10 at 1:30 p.m. in the Chapel. This duo plays a Greatest Hits selection—from Elvis to Folk Rock favorites.

**Frank Brown**

Wednesday, January 17 at 1:30 p.m. in Meadows Frank and his wife entertain you with down-home folk guitar music.

**Rob Callmeyer—Singer & Pianist**

Wednesday, Jan. 24 at 1:30 p.m. in the Chapel.

**Weston Birthday Party w/Sam Brown**

Wednesday, January 31 at 1:30 p.m. Crystal Gayle’s guitarist is back by popular demand! Here’s a show you won’t want to miss.

**Attention All Resident Veterans:**

**Veteran’s Coffee Talk**

Heartland Healthcare invites all UMV Veterans to share treats and good conversation.

Wednesday, Jan. 17 at 10 :15 a.m. in Weston Gathering Room

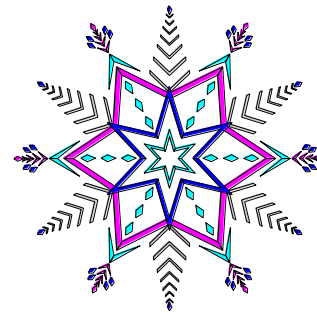


**Cookies, Coffee & Chat**

Monday, Jan. 8 at 10:15 a.m. in the Gathering Room

**Announcements...**

Remember to check your daily sheets for any changes to the day’s activities or locations. If you have questions or suggestions, please feel free to contact an activity staff member



## Weather

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| W | U | D | D | H | E | A | T | W | A | V | E | Y | N |
| U | A | F | R | E | E | Z | I | N | G | M | C | M | T |
| S | L | R | Z | N | I | A | R | H | E | I | S | A | O |
| R | E | M | M | U | S | E | A | O | N | I | M | O | R |
| D | R | L | L | R | T | G | F | T | A | H | S | W | N |
| N | D | D | W | E | B | Z | A | A | C | R | F | A | A |
| S | R | T | A | T | L | R | L | R | I | L | R | R | D |
| N | A | I | B | L | A | O | L | B | R | D | O | N | O |
| O | Z | T | H | E | C | F | U | R | R | L | S | I | S |
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| D | S | O | L | T | S | W | S | T | O | R | M | S | A |

- SUMMER
- BLIZZARD
- HOT
- FROSTY
- FALL
- WINDY
- COLD
- RAIN
- NIGHT
- WARNINGS
- HEATWAVE
- BLACKOUTS
- SNOW
- TORNADOS
- ICY
- HURRICANE
- STORMS
- HUMID
- FREEZING
- WARM



## Chaplain's Chat

*Judy Miller*

Greetings: I hope you have a nice Christmas and are looking forward to a New Year. Again I say thank you for your Christmas gift, you are so gracious with your giving.

One ancient version of the birth of Jesus: On a cold, December night, everybody came to see their new Savior and brought him all kinds of gifts and presents. The three wise men came in with their valuable gifts of myrrh, frankincense and gold and offered them to baby Jesus. At that point, a shepherdess, Madelon, who had seen the wise men passing through, reached the door of the stable to see the child. However, being very poor and having brought nothing to offer to the child, she felt helpless and started weeping quietly at the sight of all the wonderful gifts that the three wise men had brought for the child. Earlier, she had searched in vain for flowers all over the countryside, but there was not even a single bloom to be found in the bitter winter.

An angel outside the door was watching over her and knew about her fruitless search. He took pity on her, and when he saw her head drooped down in sorrow, he decided to help her with a little miracle. He gently brushed aside the snow at her feet and where her tears had fallen sprang a beautiful cluster of waxen white winter roses with pink-tipped petals. Then he softly whispered into the shepherdess' ear that these Christmas roses were far more valuable than any myrrh, frankincense or gold, for they were pure and made of love.

The maiden was pleasantly surprised when she heard those words and joyfully gathered the flowers and offered them to the Holy Infant, who, seeing that the gift was reared with tears of love, smiled at her with gratitude and satisfaction. Thus the Christmas rose came to symbolize hope, love and all that is wonderful in this season.

I pray each and every one of you had or will have a very special Christmas. One way to stay on track is to attend the church of your choice or with us here at the Village. As you may know, Father Wickenhauser lives among us and offers Mass on Saturday at 3:30pm. Don't be late or you may not find a place to sit. Sunday mornings, Main Street United Methodist pastors come to share their messages with us. On Sunday evenings we have many pastors from many faiths come and join us to share and to offer services from the church of your choice. So I hope to see you in Chapel.

*Chaplain Judy*

### *In Memory...*

*At this time, we would like to remember the family and friends of residents Dorothy Lyon Pogue and Alice Spehr; former resident Charles (Chuck) Elliott, husband of resident June Elliott; and Clarence Turner, brother of employee Tim Lathrom.*







Main Street  
United Methodist Church  
Services every Sunday  
8:00 a.m in the Chapel



CATHOLIC MASS  
Every Saturday  
3:30 p.m. Chapel  
Worship led by  
Father Wickenhauser



# SPIRITUAL WELLNESS

## Communion

Friday, Jan. 12 at 11:00  
In the Gathering Room

## Catholic Communion

Friday, Jan. 5 at 10:00  
In the Gathering Room

Many of you knew Rev. William Fester; he was the pastor at Main Street United Methodist Church. I had the privilege of working with him a short time as clergy partners but knew of him a long time before. He served Main Street some 20 years. We have his book here with all of his stories he told about his children and wife along with his church folks. He had a dream, along with a few good men and women, to provide seniors with a place they could call home in a Christian atmosphere of choice, compassion and care. He would be proud that we have stayed the premier Retirement Community in the Riverbend Area for so long. Were you aware that we also have a Benevolence Fund in his honor? So you might ask just what a Benevolence Fund is? Let's see if I can clear this up for you. In the Chapel on the wall to the right, just as you enter, is a beautiful box with a cross emblem on it. Above it is the plaque that reads *Rev. Wm. Fester Benevolence Fund*. This box is for your offering. In 2018, the William Fester Fund will be reviewed and a renewed program will be transpiring, hopefully by February or March. However, please be reminded that we are grateful for your continued support of this fund that directly gives back to our United Methodist Village family. A few of you have inquired about giving to the fund during the upcoming tax season. Yes, the contributions are a tax deduction at this time. Thank you for your continued generosity! *Chaplain Judy*



Rosary Recitation  
Tuesdays at 3 p.m.  
In the Chapel

COME JOIN OUR  
**BIBLE**  
Study  
Thursdays  
10:30 a.m.  
Conference Room

**“Village Pray-In”**  
Jan. 4, 11:30 — 12:00 In the Chapel  
All are welcome  
“They shall know we are Christians  
by our love.”



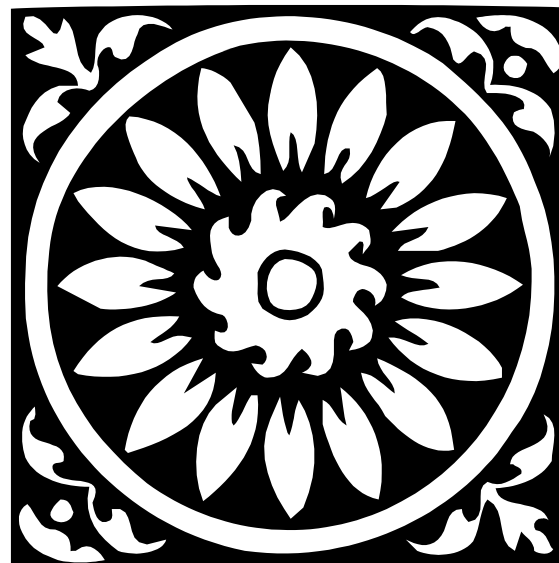
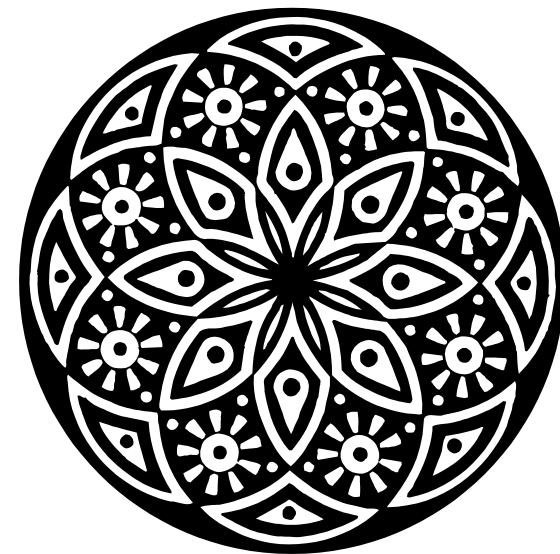
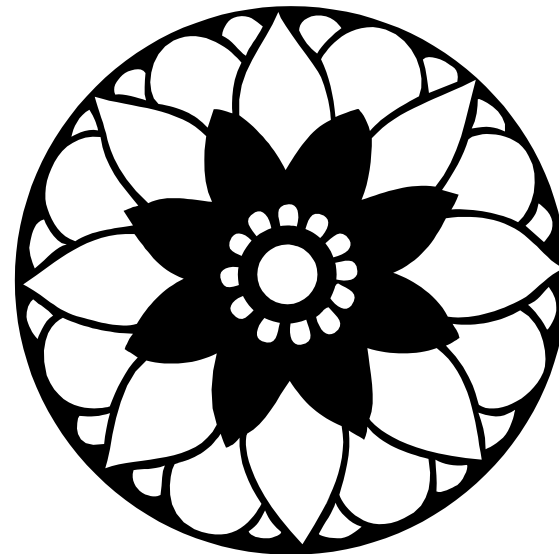
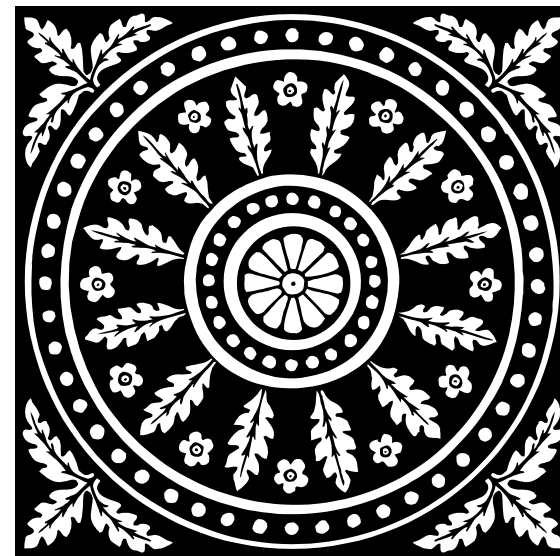
## Wisdom for Confusing Times

Something weighing on your mind?  
Experiencing a personal loss, or troubled by  
issues in the news? Join Chaplain Judy Miller  
and Father Jerry Wickenhauser  
Friday, January 26 at 10 a.m.  
in the Conference Room for a time to share  
concerns & wisdom in an uplifting, positive en-



**Decisions, decisions!**

The Bus Committee enjoys a meal at Blue Springs together after taking a test drive and discussing options for the new UMV bus.





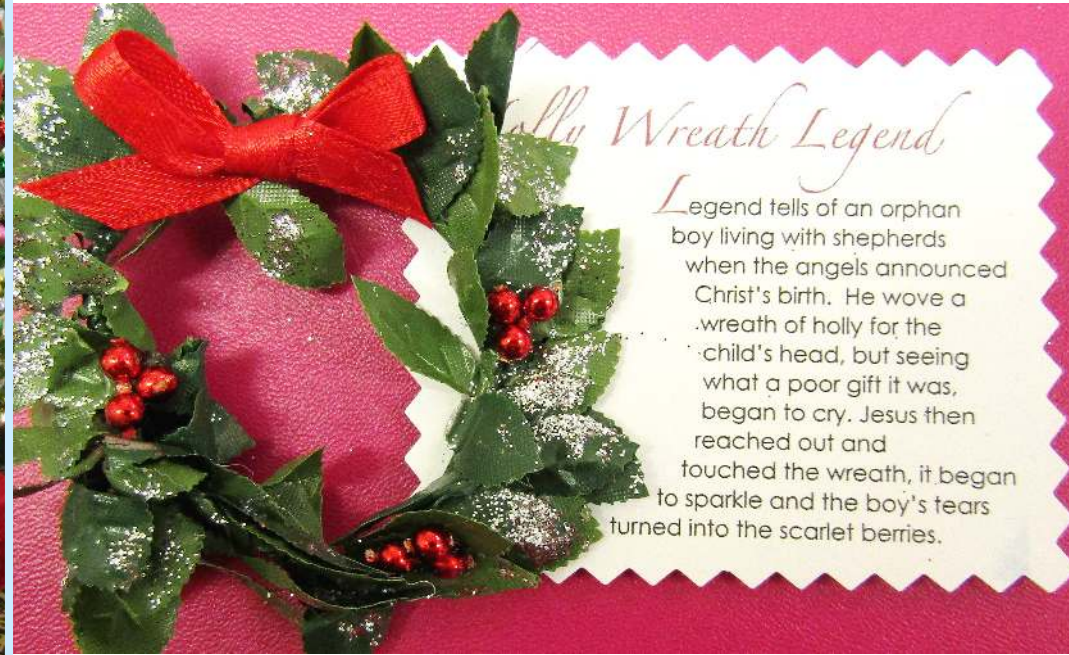
**Wishing you a happy, healthy 2018!**





**Christmas Luncheon 2017**







**Please Note:**  
Shear Delight Hair Salon  
will be closed on  
Tues. December 26 and  
Tues. January 2



# Happy Birthday!!

### Resident Birthdays

|                    |      |
|--------------------|------|
| KATHERINE JENNINGS | 1-05 |
| GEORGIA BERMES     | 1-08 |
| POLLY LEKKAS       | 1-08 |
| KAY CHILDS         | 1-11 |
| ANITA WENZEL       | 1-15 |
| ALICE SPEHR        | 1-17 |
| MARTHA REINHARDT   | 1-19 |
| BARBARA SCOTT      | 1-19 |
| BERTHA LAVITUS     | 1-21 |

|                |      |
|----------------|------|
| MARY RAWE      | 1-21 |
| SHIRLEY ASZMAN | 1-24 |
| MARY WOODCOCK  | 1-25 |
| BEVERLY CORY   | 1-28 |

### Staff Birthdays

|                 |      |
|-----------------|------|
| CYNTHIA LINDSAY | 1-01 |
| DEBORA HESTER   | 1-04 |
| TRICIA KEAGY    | 1-18 |
| CATHY WIEGAND   | 1-29 |



*\*The United Methodist Village honors and respects  
our residents and welcomes people of all faiths.\**