

**WELCOME
NEW
RESIDENTS:**

Dorothy Sherman
WT 138

**JULY
BIRTHDAYS**

Lou Sommar

July 21

Phyllis Suhre

July 28

June Bunting

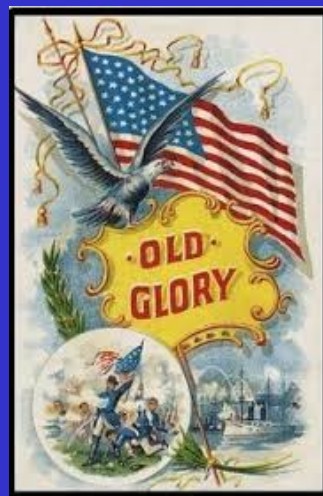
July 30

July 2

Halfway through
the year

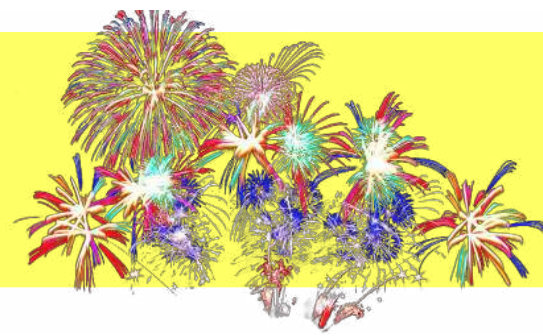
July 4

Independence Day

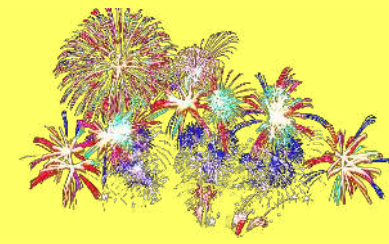


**#1 Dads at the
Father's Day Lunch 2018**





Anita's Ad-libs



Dear Residents,

Happy Summer and Happy 4th of July! I don't know about all of you but 2018 is flying by. I just read and it really was shocking that Christmas is only 6 months away....oh no!

I have planned for my quarterly Executive Director's meeting for Friday, July 6th at 10:00am. During this meeting, I'll share a few community highlights including updates our resident satisfaction survey since our last meeting. In addition, several of the Directors will provide updates from their departments. I'll be honest, I'd like to use the majority of this meeting for more of a question and answer session. If you have anything prior to the meeting that you would like for me to cover, please share your questions with me before the meeting and I'll be sure that I include this in my presentation.

I'd like to thank Gail Stucker for coordinating our UMV Health and Wellness Fair scheduled for Wednesday, July 18th. We are excited to announce that we are hosting this Fair in conjunction with OSF Healthcare. I'm confident that you'll be pleased with the vendors that will be having booths this year. We have a wide variety of vendors representing our "Health & Wellness Head to Toe" theme. I'm positive that every resident will benefit from attending. There will also be a few food type items available for purchase. All proceeds of the food for sale will be added to our Annual Alzheimer's Memory Walk contributions. Please be assured that our vendors will have other complimentary items and goodies for everyone to enjoy as well.

During the past few months, we have been providing education for everyone regarding scams and frauds. Please know that we continue to share these alerts ongoing as a result of our own residents being victims of scams and fraud. The victims have been targeted by telemarketers presenting potential large monetary awards through Readers Digest, Madison County Sheriff's department, and various international companies. These telemarketers are experts. Even when they are calling from international numbers, a local 618 area code can appear on the caller id. UMV cannot prevent these callers from contacting you as they are targeting your individual private numbers. Please take this seriously and simply hang up. These are directions that I've been given by the local police authorities. In fact, once the fraud or scam has occurred, they have told me that they cannot help recover any stolen money. If you have any questions or need help, please don't hesitate to contact me.

I hope that everyone has a wonderful 4th of July! Again, please don't hesitate to contact me about any of your concerns or needs.

Anita

Your Council Members

Bonnie Tyler, President	466-8535	Fred Seymour	466-3050
Helen Stairwalt, V. President	466-4446	Harry Hill	208-7979
Mary Chase, Secretary	467-0076	Alice Banghart	467-6428
Nancy Price, Asst. Secretary	850-212-2876	Kay Fitzpatrick	433-1787
Jeanette Weihe	466-0695	Mary Ann Forcade	920-3361
June Sproull	466-0644	Bob Wallace	433-9549

Council Chronicle

The Resident Council had a meeting on Wednesday, June 20.
 The minutes are available on the Information Center Bulletin Boards.
 The next regular Resident Council meeting is set for **July 17** at 1:00 pm in the Conference Room.

New Resident Council members and new Officers were installed on June 20 at 12:30p.m. in the Chapel



Pictured left to right: Helen Stairwalt, Harry Hill, Fred Seymour, June Sproull, Alice Banghart, Mary Ann Forcade, Kay Fitzpatrick, Bonnie Tyler, Bob Wallace, Jeanette Weihe, Mary Chase, Nancy Price.



Retiring Resident Council Officers:
 Sandra Cooksey, Reka Holder, Kathy Carroll.
Thank You for your service!

Thank You to All our Volunteers
Your generosity makes our hearts sing!
Photos of the Volunteer Luncheon in June.





Activities & Descriptions

Book Club

Mondays, July 2, 9, 16, 23 & 30 at 1:30 p.m.
 Tuesdays, July 3 at 10:15 a.m.
 Tuesday, July 24 & 31 at 10:30 a.m.
 In the Gathering Room. Please join us for our weekly Book Club. It's nice to just sit back and hear a great story.

Hearing Health Care— no charge

Thursday, July 5 at 11:30 in the Rendezvous Room. Brian, Hearing Instrument Specialist, will be here to provide hearing aid service and repairs, ear wax removal, hearing test & ear care.

Maisy the Support Dog

Tuesday, July 17 at 10:15, Weston Reception
 Maisy will be here to greet everyone. Be sure to come say Hello.

Monthly Resident Meeting

Tuesday, July 24 @ 1:30 - Gathering Room.
 Join our monthly meeting to hear what's new, voice your concerns or share your ideas.
 If you live at Weston Terrace, you're invited!

Craft with Gail

Monday, July 16 @ 10:15 - Gathering Room.
 Gail has a special craft for this month. Please come out and make a craft with us!

Bead Making

Thursday, July 26 @ 10:15 am Gathering Room
 Make paper beads & pretty, wearable art!

Music with Cheryl

Monday, July 23 @ 10:15 in Meadows
 Cheryl provides a variety of musical games and sing-a-longs.

Get Moving w/Dawn

Tuesday, July 10 in Woodlands and July 24 in Meadows @ 9:30 a.m.

Saturday Night Movies, Sunday Afternoon

Movies & Musical Tuesdays

There are movies every Sunday at 2:00pm in **Woodlands** and every Tuesday and Saturday at 7:00 pm on Channel 900.

[In the centerfold of this week's newsletter you will find our July Calendar.](#)

<i>Regular Meetings</i>					
<u>Mondays</u>		<u>Thursdays</u>		<u>Saturdays</u>	
9:30	Exercise	9:30	Exercise	1:00	Armchair Travels
<u>Tuesdays</u>		1:30	Devotions	3:30	Catholic Mass
9:30	Exercise	2:30	Price is Right!	<u>Sundays</u>	
3:00	Rosary	<u>Fridays</u>		8:00	Sunday Worship
<u>Wednesdays</u>		10:30	Exercise	10:00	Devotions
9:30	Exercise	1:30	Bingo	2:00	Sunday Movie
TBA	Nails			6:30	Sunday Worship

July Entertainment:

Lunch Out

Thursday, July 11 at 11:00 a.m.

Joy Ride

Thursday, July 19 at 10:15 a.m.

Dollar General

Thursday, July 26 at 10:15 a.m.

Lynn Wellman

Friday, July 6 at 6:30 p.m. in the Chapel

OSF Health Education Program

This month's topic is "Cognitive Health" led by OSF Home Healthcare
Wednesday, July 11 at 11:00 am in the Chapel

Nostalgia Live

Friday, July 13 at 1:30 in the Chapel

Healthy Learning Lecture

This month's topic is "Keeping the Keys"
Tuesday, July 17 at 10:00 a.m. in the Chapel

Mark Raborn

Monday, July 16 at 1:30 p.m. in the Chapel
Be sure to catch this lively banjo player for songs you know & love and SING-A-LONG fun!

Vitas hosts Patriotic Trivia

Tuesday, July 17 at 1:15 in the Gathering Room

New Jerusalem Singers

Friday, July 20 at 6:30 p.m. in the Chapel

Weston Birthday Party w/Juke Box Trio

Wednesday, July 25 at 1:30 p.m. Meadows

Designer Direct Jewelry

Friday, July 27 9:45 to 2 p.m. 1st floor Wiseman-Pollock

Joe Powell

Friday, July 27 at 6:30 p.m. in the Chapel



Attention All Resident Veterans:

Veteran's Coffee Talk—On summer break

Heartland Healthcare will return at a later date

Announcements...
Remember to check your daily sheets for any changes to the day's activities or locations. If you have questions or suggestions, please feel free to contact an activity staff member.

Neighborhood Meetings

Woodlands—Thurs., July 5 at 11:45

Parkside—Thurs., July 5 at 12:30

Gardenview—Friday, July 6 at 11:45

Meadows—Friday, July 6 at 12:30

Announcing...

Anita Martinez invites all UMV residents to the Executive Director's Quarterly Meeting
Friday, July 6 at 10:00 a.m.
In the Chapel

Consider This
By A. Nony Moose

I'm looking for a smoke detector that shuts off when I yell, "I'm just cookin!"

ALICE

The Thinking Dog





Main Street
United Methodist Church
Services every Sunday
8:00 a.m in the Chapel



CATHOLIC MASS
Every Saturday
3:30 p.m. Chapel
Worship led by
Father Wickenhauser



SPIRITUAL WELLNESS

Communion
Friday, July 13 at 11:00
In the Gathering Room

Catholic Communion
Friday, July 6 at 10:00
In the Gathering Room



Rosary Recitation
Tuesdays at 3 p.m.
In the Chapel



“Village Pray-In”
July 20, 11:30 — 12:00
In the Chapel

All are welcome

**“They shall know
we are Christians
by our love.”**

Wisdom for Confusing Times

Something weighing on your mind?

Experiencing a personal loss,
or troubled by issues in the news?



Join Chaplain Judy Miller
and Father Jerry Wickenhauser

Friday, July 27 at 10 a.m.
in the Conference Room for a time to
share concerns & wisdom in an
uplifting, positive environment.

In Memory...

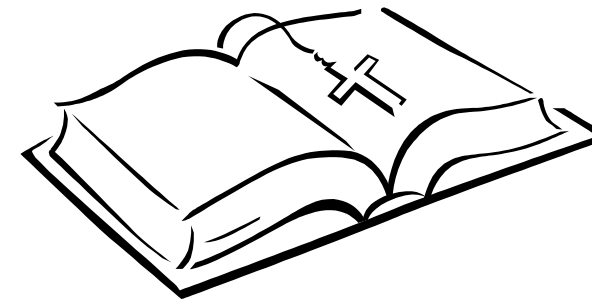
*At this time, we would like to remember the families and friends of
Richard Adam, resident; **Richard Steingrubey**, brother of resident
Bonnie Berry; former residents, **Fran Wegener**, **Dot Redmon**, and **Ruth
Naughton**; **Patrick Truax**, son-in-law of resident **Becky Seymour**.*



Hello, ladies. It's Pam Sevier. I'm VERY excited we're able to offer an International, inter-denominational Bible study group here at the Village! Bible Study Fellowship Int'l. has had a women's day class in Alton for several years. We will be considered part of the class but meet here in our own conference room!! (1st class will be Saturday, September 15, 10-11:30, in Conference Room.) How convenient is that?

A Welcome Meeting is scheduled for Saturday, July 21, at 10:30AM in the Conference Room. The teaching leader and assistant teaching leader will be here with me to share details and answer questions, and hopefully register those interested. Further information about BSF organization may be obtained at bsfinternational.org. There is also a Bible Study Fellowship page on Facebook.

Hope to see you July 21!!



***Come One, Come All!
Weekly Bible Study***

Join us every Thursday

10:30-11:30a.m.

In the Conference Room

Ladies Bible Study

Join us every Wednesday

10:30-11:30a.m.

In the Gathering Room

Weston Terrace

Senior Health Fair

Wednesday, July 18th
United Methodist Village
5201 Asbury Avenue, Godfrey, IL

Co-sponsored by:
The United Methodist Village
and
OSF HealthCare Saint Anthony's Health Center

**“Health &
Wellness
Head to Toe”**

A variety of vendors will be on hand to discuss programs in our area and provide information that benefits seniors.

Come and join us for this
FUN and FREE event!!



Intellectual



Emotional



Social



Physical



Vocational



Spiritual

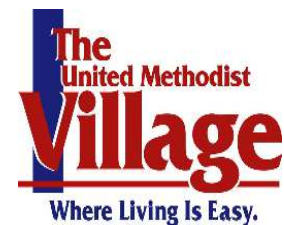


Environmental



Health Services

Free Admission—Free Screenings



Vendors in attendance:
OSF HealthCare, United Methodist Village,
BJC Healthcare, Senior Services Plus, Absolute
Healthcare, SIU Dental School, RehabCare, Mid-
American Audiology Group, Veterans' Affairs,
Vitas Healthcare, Amedysis, Help@ Home,
Heartland Hospice Care and many, many more.

Lunch Available:
Proceeds to benefit
“Walk to End
Alzheimers”



From Your Health & Wellness Navigator...

Tricia Keagy

To all residents of UMV,

My name is Tricia Keagy, and I am happy to announce that I have been appointed to the position of Health & Wellness Navigator. This is a new position for The United Methodist Village, but I feel it will be a valuable one. What IS a Health & Wellness Navigator? In a nutshell, this person will be able to assist you in connecting to all things wellness, both preventative and reactive intervention. We will be able to provide you with internal and/or external resources for emotional, intellectual, social, spiritual or physical needs and concerns. We are being supported by the Life Care Services Health and Wellness Program where I have attended an on-boarding training in Chicago before starting in this new role. In addition, we participate in weekly conference calls where we can connect with other Health and Wellness Navigators through the USA. This role is different in many communities but be assured that we will grow together with Health and Wellness for each of you. Please keep in mind that we are not able to provide treatment or give injections, but we CAN navigate you in the right direction and provide guidance for any concerns. Sometimes, it is very difficult working through the medical “system”. Hopefully, this position will be one that will provide you with the assistance that you need in these areas.

Please allow me to share a little about myself. I am not new to United Methodist Village; I have actually been part of the UMV family for three years. In those three years, I served as a Certified Nurse Assistant in Weston Terrace. While working in this position, I was also in the nursing program at Lewis & Clark Community College. I graduated in May of 2017, took the state boards and received my Registered Nurse License in October of 2017. From February of this year to the present, I was on maternity leave and returned to begin this new role as Health & Wellness Navigator. I am excited about this new position and am anxious to meet and get to know each and every one of you.

The Health & Wellness Navigator office is located in Wiseman Pollock on the third floor next to the elevators. My office hours will be Mondays, Wednesdays and Fridays from 8 am to 4:30 pm. You can reach me by calling the WP Reception Desk (466-8662) to be transferred to my extension, or just “stop by”. Please keep in mind that I am not part of OSF Healthcare who is here on Thursdays for blood pressure checks, but I will be more than happy to take your blood pressure any day that I am in the office.

I’m very excited to be chosen to help develop and continue the growth of the Health and Wellness Program by launching this new role for UMV. I hope you will be patient as I slowly begin to connect names to faces. Forgive me if I ask you many times over to “tell me again your name?!” I look forward to growing in my new position, learning about each of you and providing you with the service and care you’ve come to expect from UMV.

Please come up for a visit!

Tricia Keagy, RN
Health & Wellness Navigator





Where Living Is Easy.

5201 Asbury Avenue

Godfrey, IL 62035

Phone: 618.466.8662

We're on the Web!

www.unitedmethodistvillage.com

A note from Shear Delight...

Bella will be on vacation

July 24—August 10

please make your manicure/pedicure appointments with this in mind.



Happy Birthday!!

<u>Resident Birthdays</u>		<u>Staff Birthdays</u>	
William Allen	7-01	Jeanne Armstrong	7-24
June Huff	7-02	Velma Klingmann	7-25
Linda Rainey	7-03	Phyllis Suhre	7-28
Reka Holder	7-04	Ilene Bowman	7-30
Mary Ann Weiss	7-06	June Bunting	7-30
Walter Hunt	7-07	Sarah Huber	7-31
Linda Hall	7-12		
Nancee Vine	7-16		
Katherine Battuello	7-19		
Lou Sommar	7-21		
		Dee Cunningham	7-02
		Martha Keller	7-04
		Carrie Cope	7-05
		Carla Crowder	7-14
		Mark Belangee	7-17
		Tim Lathrom	7-17
		Antonio Raglin	7-20
		Hannah Herr	7-23
		Amanda Menke	7-24



The United Methodist Village honors and respects our residents and welcomes people of all faiths.