



TERRACE TIMES

MARCH

2018

Welcome New Resident:

Nancy Burtis—McK 302

MARCH BIRTHDAYS

Harry Hazen

March 10

Cookie Dail

March 12

Carl Draper

March 12

Bonnie Armstrong

March 18

March 11

Daylight Savings
Time Begins

March 17

St. Patrick's Day

March 20

Election Day

March 29

Maundy Thursday

March 30

Good Friday



That's The Spirit!

Fran Wegener
decorated her walker
double time!

Half for Mardi Gras
& Half for Valentine's Day.

"Here's a good
one! Remember
her?"
Virginia Porter
shares some of her
old photos with
Janice Gaddis.



Anita's Ad-libs



Dear Residents,

February has gone by quickly and March has arrived reminding us that spring is around the corner. I wanted to provide a friendly reminder that although our weather has tempted us to think that winter flu season is behind us, we have been made aware that the flu is still outbreaking in other Senior Living communities. Please be reminded to avoid public areas when feeling ill and eliminate spreading of illnesses. Our signs are still posted to discourage visitors from bringing it to our Village as well. In addition, the news continues to cover stories about outbreaks in the St. Louis community. Stay well...we are almost there!

This is a friendly reminder that I will be having my Executive Director's Quarterly Update this Friday, March 2, at 11:00 a.m. in the Weston Lobby. I look forward to sharing operating results from last year, current occupancy, mini-market locations, Resident Satisfaction Survey results, launching of our bus campaign, roof repair, neighbor-to-neighbor opportunities, sprinkler repair status, Shining Star changes, and golf tourney highlights. In addition, our directors will provide you with updates from their departments.

I am very excited to share that we will be having a new addition to our UMV family! I am very pleased to share that we are actively interviewing for a new position of Nurse Navigator. This will be a part-time position for 2018 with possibilities of leading to a full-time role in 2019. The Nurse Navigator is responsible for building relationships, solving problems and locating resources for our residents transitioning throughout the continuum of care. The Navigator will also assist residents in facilitating their wellness and healthcare needs. This person is responsible for coordinating the programs designed to meet these needs and to develop future programs. Programming will include the LCS Lifestyle & Health Services Wellness Program which focuses on the following dimensions of wellness: intellectual, vocational, social, environmental, spiritual, emotional, health services and physical wellness. The goal of the Navigator is to guide residents through successful transitions to achieve optimal levels of health and wellness. We are in hopes of having our Nurse Navigator in place by May 1. I will provide you with further updates on this role in future communications.

In response to resident's request during our Resident Council meetings, vending machines are now available on the second floor of Wiseman-Pollock near the entrance to Weston. The new machines are now more centrally and conveniently located. As always, we welcome resident's suggestions and feel positive when we can put those suggestions into action.

Finally, an Irish prayer to share....

"May God give you for every storm, a rainbow; for every tear, a smile; for every care, a promise;

a blessing in each trial. For every trial, a faithful friend to share; for every sigh, a swing song;

and an answer for every prayer! "

Happy March!

Anita Martínez

Bible - Word Search

All the words of this word search game are also hidden in the Bible. The words in this word search are hidden across, down, and diagonally, with no backwards.

G E N E S I S E S T H E R Y H
 R R H A P O S T L E P T S F T
 M M H N D U J F D A H T A R T
 T O E T I A N P T E X O U R S
 E N S M M E M R M R V T L O P
 D H M E G A I O E E H E E F A
 J I S S S A T P S V E J O P U
 D E S T R B Y H S E W N E A L
 A N S C Y E I E I L O I C R S
 V E H U I L L T A A H T A A S
 I E O E S P I I H T S U L D E
 D S A S S D L R E I S W E I R
 J E R U S A L E M O U T B S M
 G O L I A T H U W N S A L E O
 N S O L O M O N L I Y E E I N

ABEL
 ACTS
 ADAM
 APOSTLE
 CALEB
 DAVID

DISCIPLE
 ESTHER
 EVE
 GENESIS
 GOLIATH
 JAMES

JERUSALEM
 JESUS
 MATHIAS
 MESSIAH
 MOSES
 NOAH

PARADISE
 PATRIARCH
 PAUL
 PROPHET
 REVELATION
 RUTH

SAUL
 SERMON
 SOLOMON

January Birthday Party



Your Council Members

Kathy Carroll, President	433-9902	Nancy Price	850-212-2876
Sandra Cooksey, V. President	217 899-8833	Helen Stairwalt	466-4446
Fred Seymour	466-3050	Bonnie Tyler	466-8535
Reka Holder	433-8313	Mary Chase	467-0076
Mary Haxel	466-3861	Don Miller	978-3415

Council Chronicle

The Resident Council had a meeting on Wednesday, January 10.
 The minutes are available on the Information Center Bulletin Boards.
 The next regular Resident Council meeting is set for **March 14** at 1:00 pm in the Conference Room.

Anita Says...

“Looking forward to seeing you at my Executive Director’s Quarterly Update!”

Please join Anita on Thursday, March 1 at 1:30pm in the Chapel

Announcing the Residents’ Hallway Sale!

Time to clear out your closets and sell your stash.

Set up your sale table outside your door on Friday, March 16 from 10:30-2:30

Please tell Gail by March 13 that you want to be included on the Hallway Sale map.

It’s Time For a Spring Shopping Spree!

Nellie’s Closet



**Monday, March 12
 10:00 – 3:00 in the DR Atrium & Rendezvous Room**



Activities & Descriptions

Book Club

Mondays, March 5, 12, 19 and 26 at 1:30 p.m.
 Tuesdays, March 6, 13 and 20 at 10:15 a.m.
 Tuesday, March 27 at 10:30 a.m.
 In the Gathering Room. Please join us for our weekly Book Club. It's nice to just sit back and hear a great story.

Hearing Health Care— no charge

Thursday, March 1 at 11:30 in the Rendezvous Room. Brian, Hearing Instrument Specialist, will be here to provide hearing aid service and repairs, ear wax removal, hearing test & ear care.

Maisy the Support Dog

Tuesday, March 20 at 10:15, Weston Reception
 Maisy will be here to greet everyone. Be sure to come say Hello.

Monthly Resident Meeting

Tuesday, March 27 @ 1:30 - Gathering Room.
 Join our monthly meeting to hear what's new, voice your concerns or share your ideas.
 If you live at Weston Terrace, you're invited!

Craft with Gail

Monday, March 19 @ 10:15 - Gathering Room.
 Gail has a special craft for this month. Please come out and make a craft with us!

Bead Making

Thursday, March 22 @ 10:15 am Gathering Room
 Make paper beads & pretty, wearable art!

Music with Cheryl

Monday, March 26 @ 10:15 - Meadows
 Cheryl provides a variety of musical games and sing-a-longs.

Moving w/Janelle

Tuesday, March. 13 in Woodlands and March 27 in Meadows @ 9:50 a.m.

Saturday Night Movies, Sunday Afternoon

Movies & Musical Tuesdays

There are movies every Sunday at 2:00pm in the Gathering Room and every Tuesday and Saturday at 7:00 pm on Channel 900.

In the centerfold of this week's newsletter you will find our March Calendar.

<i>Regular Meetings</i>					
<u>Mondays</u>		<u>Thursdays</u>		<u>Saturdays</u>	
9:30	Exercise	9:30	Exercise	1:00	Armchair Travels
<u>Tuesdays</u>		1:30	Devotions	3:30	Catholic Mass
9:30	Exercise	2:30	Price is Right!	<u>Sundays</u>	
3:00	Rosary	<u>Fridays</u>		8:00	Sunday Worship
<u>Wednesdays</u>		10:30	Exercise	10:00	Devotions
9:30	Exercise	1:30	Bingo	2:00	Sunday Movie
TBA	Nails			6:30	Sunday Worship

February Entertainment:

Lunch Out—Franks

Thursday, March 22 at 11:00 a.m.

Executive Director's Quarterly Update

Friday, March 2 at 11:00 p.m. in the Weston Lobby

Phil Capello

Wednesday, March 7 at 1:30 p.m. in the Chapel

Juke Box Trio

Friday, March 9 at 1:30 p.m. in the Chapel

OK Kids Music Club sponsored by Abundant Life

Sunday, March 11 at 1:30 p.m. in the Chapel
Enjoy bells, percussion, vocal and instrument solos and ensembles performed by kids ages 5-11.

Nellie's Closet

Monday, March 12 from 10:00-3:00 1st Floor WP

Crusader Children's Choir—Main Street UMC

Wednesday, March 14 at 7:00 p.m. in the Chapel

St. Pat's Party w/Jim Mager

Wednesday, March 14 at 1:15 p.m.

Residents' Hallway Sale

Friday, March 16 from 10:30—2:30 in WP, MCK, WT.

OSF Health Education Lecture Series

"Pelvic Floor Physical Therapy –
Incontinence & Pain"

led by OSF Healthcare Wednesday, March 14
at 11:00 am in the Chapel

Healthy Learning Lecture

The topic for this month is "Balance"
Tuesday, March 20 at 10:00 a.m. in the Chapel

OSF Homecare Presentation

"Diabetes" led by OSF Healthcare Wed., March 28
at 11:00 am in the Riverbend Room

Weston Birthday Party w/UMV Choir

Wednesday, March 28 at 1:30 p.m.
Your neighbors in the UMV choir will come to spread
the birthday cheer!



Attention
All Resident
Veterans!

Please Join Us at the Veteran's Coffee Talk

Wednesday, March 21 at 10 :15 a.m.

Weston Gathering Room

Heartland Healthcare invites all UMV Veterans
to share treats and good conversation.

Announcements...

Remember to check your daily sheets for any
changes to the day's activities or locations.
If you have questions or suggestions, please
feel free to contact an activity staff member.

OK KIDS MUSIC CLUB

The OK Kids Music Club is an exciting group of
children ages 5 through 11 from the OK Overflow
Children's Ministry of the Abundant Life Church in
Alton, Illinois.

During their lively performances they share their
music through singing, playing various instruments
such as bells, percussion, strings and keyboard.
Occasionally a puppet sneaks into the program!

The Music Club is available for church, school, and
community events where children's music could be
an addition for the event. For booking information
please call:

Abundant Life Church, 618-474-5433
Dave Anderson, Children's Church Pastor
overflowkidsalcc@gmail.com
Cheryl Houck, Music Club Director, 618-604-4985





Chaplain's Chat

Judy Miller

Dear Residents,

This is a reminder about the upcoming events for the month of March.

*We will be continuing **Lenten Bible Studies** at 10:00 am in the Conference Room throughout the month, "The God We Can Know": Exploring the "I AM" Sayings of Jesus. If we have not completed our book by March 29, we will continue into April until we finish.*

*Thursday, March 1st, the **Village Pray-In** will be held from 11:30 am to 12:00 noon. Please meet us in the Chapel and we will pray together!*

*Friday, March 2nd, the **Spiritual Life Team** meets at 10:00 am in the Conference Room. Please come and share your ideas. Your comments and suggestions are welcome.*

*On Thursday, March 15th we are planning a "**Day of Remembrance**". We will gather together in the chapel for a special time to remember those residents who we have lost from May, 2017 to February, 2018.*

*On Thursday, March 29th we will have Lenten Bible Study in the morning and **Maundy Thursday Services** at 1:30 pm in the Chapel.*

*March 30th is **Good Friday**. On this day, the Chapel will be available from 8 am to 8 pm for a quiet day of prayer. There is no need to sign up for a special time, please feel free to visit at any time. There will be prayer lists available on the pews if you prefer to use one. Everyone is welcome.*

*On Friday, March 30th, we will also have our "**Wisdom for Confusing Times Discussion**" in the Conference Room at 10:00 am following Coffee Hour. We will be talking about whatever is on your mind.*

Chaplain Judy Miller

Main Street
 United Methodist Church
 Services every Sunday
 8:00 a.m in the Chapel



CATHOLIC MASS
 Every Saturday
 3:30 p.m. Chapel
 Worship led by
 Father Wickenhauser



SPIRITUAL WELLNESS

Communion
 Friday, March 8 at 11:00
 In the Gathering Room

Catholic Communion
 Friday, March 2 at 10:00
 In the Gathering Room



Rosary Recitation
 Tuesdays at 3 p.m.
 In the Chapel

COME JOIN OUR
BIBLE
 Study

We are reconsidering
 our meeting times.
 Please watch for
 updates on Ch.900 and
 on the bulletin boards

“Village Pray-In”
 March 1, 11:30 — 12:00
 In the Chapel
 All are welcome
 “They shall know we are Christians
 by our love.”


???

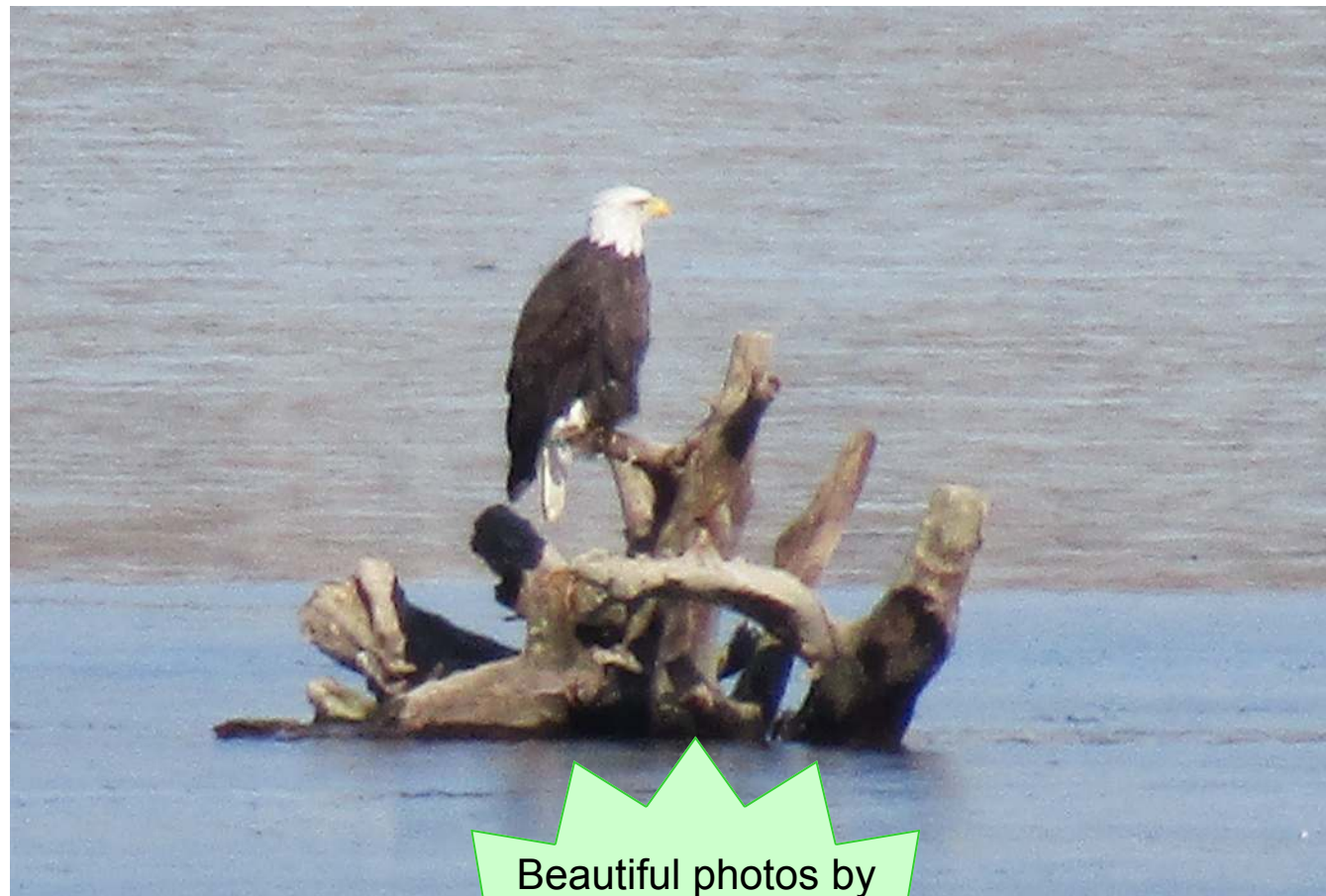
Wisdom for Confusing Times

Something weighing on your mind?
 Experiencing a personal loss, or troubled by
 issues in the news? Join Chaplain Judy Miller
 and Father Jerry Wickenhauser
 Friday, March 30 at 10 a.m.
 in the Conference Room for a time to share
 concerns & wisdom in an uplifting, positive environment.

In Memory...
 At this time, we would like to remember the families and friends of residents **Joe Pogue**
 and **Jim Hayden**; **Buford Clark**, employee Amanda Menke’s brother; **Phillip Parks**,
 Rehab Care employee Dawn Laws’ father; **Dodie Roberts**, former resident.

All are welcome to join in a **Day of Remembrance Chapel Service** at 1:30
 on Thursday, March 22.





Beautiful photos by
Don Cannedy
From the Joy Ride to the
Audubon Center.



You know the Bald Eagle.
Do you know what kind of
owl this is?





Keeping Your Memory Sharp

HOSTED BY AMEDISYS

Health Chat

For questions regarding this event, please contact: Julie Halpin at (618) 343-5564 or julie.halpin@amedisys.com.

You don't want to miss this opportunity!



CONFERENCE ROOM

MONDAY
MARCH 5TH
10:15 AM

FREE
NO REGISTRATION
REQUIRED

LIGHT
SNACK
PROVIDED

QUESTIONS
CALL: 618.343.5564

Wishing
You
Love







Where Living Is Easy.

5201 Asbury Avenue

Godfrey, IL 62035

Phone: 618.466.8662

We're on the Web!

www.unitedmethodistvillage.com



Don't let tax season get you down...

Help is on the way!

An AARP representative will be here for all your tax preparation needs.

A sign-up sheet will be available as soon as we have a definite date and time.

Consider This

By A. Nony Moose

"Forgiveness is the greatest gift you can give yourself"



Happy Birthday!!

Resident Birthdays

BETTY JO CORNELL	3-05
BERENICE BATES	3-06
SANDRA COOKSEY	3-06
FRED SEYMOUR	3-07
RAYMOND WEISS	3-07
JOSEPH DUCEY	3-09
BONNIE BERRY	3-10
HARRY HAZEN	3-10
WILLIAM BARNARD	3-11
COOKIE DAILL	3-12
CARL DRAPER	3-12
SHIRLEY STIEGEMEIER	3-13

GLORIA SNYDER	3-18
BONNIE ARMSTRONG	3-18
ALICE BANGHART	3-22
MARY JO DUCEY	3-24
MARY CHASE	3-27

Staff Birthdays

A'MIRACLE GRAY	3-07
BARB STUTZ	3-14
ANNE BLASIOLI	3-21
HANNAH WEID	3-21
LAVITA BLUE	3-26
RILEY FOSHA	3-26
GEORGIANN URSCH	3-28



The United Methodist Village honors and respects our residents and welcomes people of all faiths.