

**WELCOME
NEW
RESIDENTS:**

Loretta
Van Buren
WT 126

Grace Roglis
WT 140

JoAnn Peek
5402 Epworth

Sandra Krug
McK 315



Oh, to look this
good at 100+!
We celebrate our
residents' longevity
You are our
inspiration!



Anita's Ad-libs



As a follow up to my last month's update, I continue to be in awe of the beauty of our Village. The colors of the leaves are more vibrant than ever, and it is the time for pauses to stop and look around to capture the beauty of our Village surrounded by nature!

The announcements have been made and the ribbon has been cut for the official opening of OSF Healthcare St. Anthony's Primary Care at United Methodist Village. Enclosed in this newsletter are flyers that will continue with clarification and announcements about services that are available right here on our campus.

We had approximately 50 residents participate in our flu shot clinic held in October. *It's not too late for you to consider receiving the flu shot.* Please consider using the clinic as an option for receiving the flu shot. All you must say is, "yes!" and the clinic will take care of the rest including billing your insurance. Please see postings for further details. *"Don't think of it as getting a flu shot. Think of it as installing virus protection software."*

It's the most wonderful time of the year! Yes, as I appreciate fall has arrived and soon to quickly depart, we will end November with decorating for Christmas. November 30th will be the launch of a UMV continued tradition of the lighting of the Studio 56 Christmas Village. While reflecting upon last year's event, the anxiety of my bestowed upon duties diminished as "we" carefully unpacked and placed each house, business, church, cathedral, farm, theater, ornament, and animal along with people and many accessories. Again, I invite everyone, residents, employees, and friends, to help continue the tradition in 2018. ***We'll begin at 9:00 a.m. on November 30th*** with unpacking and decorating. I'll continue with the 2017 tradition of serving hot chocolate and donut holes for anyone interested in participating with guidance, Holiday cheer, and hands-on help. Be assured that Christmas music will be playing and sing-a-longs are welcome! Thanks for sharing in this very special UMV holiday tradition with me.

You will note that the North Alton Godfrey Business Council has agreed to provide our UMV family with a very special event. They are extending the Benjamin Godfrey Legacy Trail Performance together with a themed dinner highlighting the founders of Godfrey and Elsay on Tuesday, November 20th. Feel free to dress in period clothing. I've personally attended 3 performances at Lewis and Clark Community College and enjoyed every performance that is rich with history and outstanding theatrical performance. Please sign up quickly as we anticipate that this will be a well-attended event. I'd like to thank the North Alton Godfrey Business Council for extending this rare opportunity for our village residents.

I invite you to join me for my Executive Director's Annual Meeting scheduled for November 28th at 1:00 pm. I'll provide you with an overview of 2018 and share the goals for 2019. I promise that this meeting will not be long as I believe that my "Ask Anita" meetings are providing you with up-to-date information. Members of our Board may be present as well. By the way, my Executive Director's Annual meeting will take the place of the monthly "Ask Anita" for November.

Finally, the resident handbook and resident directory are well underway with updates and revisions. Please anticipate receiving these in December. Again, thank you for your patience as we finalize these two important resources.

I wish each of you a very Happy Thanksgiving. We have so much to be grateful for. I am personally very grateful for the opportunity to serve as your Executive Director.

IT'S THAT TIME OF YEAR AGAIN!

**THE UNITED METHODIST VILLAGE
CHRISTMAS BAZAAR**

More than 40 vendors means one-stop shopping to complete
your Christmas gift list!

Browse handmade and one-of-a-kind treats and treasures.

NELLIE'S CLOSET

Offering Holiday finery and boutique clothing and accessories.
Gather your friends for a unique shopping experience.

Friday, November 2

9:00 am — 2:00 pm

**Wiseman-Pollock
main & lower level**

*Shop For The Holidays**
Jewelry Sale

\$12 - \$24

NECK SETS

RINGS

EARRINGS

WATCHES

Friday

November 30

9:45_{am} - 2:00_{pm}

1st Floor Wise-Pollock

Presented by: Designer Direct

Affordable, High Fashion Jewelry

Large Selection of Clip Earrings

We Replace Fashion Watch Batteries

VISA - MC - Discover - American Express - Debit

**A special treat
just for you...**

The OSF Saint Anthony's
Gift Shop will offer
UMV Residents
and Employees
a 25% discount on the
first Saturday of each month,
beginning in December.



Such talent!

We were proud to present music students and faculty from Principia College.

Be sure to check out this month's entertainment. Feel free to tell Gail if you have a favorite or a suggestion for new musicians.





VETERANS DAY 2018

To All Veterans of UMV

Once a year, a day is set aside for the purpose of honoring those who defended our country by serving in the military. Many were in combat in a world conflict, many trained for countless hours to be the very best that they could be and many found themselves miles from their families while their lives were in constant danger.

To all those men and women, Thank You for being there to create a safe and free country where we can live. On November 8, we at UMV, together with Vitas Healthcare, would like to invite you to join us for a special service dedicated to you and all those that served in the military. We will meet in the Chapel for music, a special tribute and testimonies followed by a cake and punch reception.

We would also like to show our appreciation by spotlighting each Veteran with their photo and a notation of what branch of service you were a part of. We are asking that any who might have a photo of yourself in uniform, to please share it with us. We would love to include it in our display. All pictures and personal belongings will be returned to you when the event is finished.

Please plan to join us on November 8 at 1:30 p.m. in the Chapel
A heartfelt thank you to each and every one of you for your service!
Gail Stucker
Director of Community Life Services

Senior Health Insurance Program Counselor, Kelly Chapman, from **Senior Services Plus**, will be here to talk about the big Medicare changes for 2019. Kelly has been trained and certified by the Illinois Department on Aging to offer Medicare counseling services at no cost. SHIP counselors are not brokers and do not sell insurance but can give you the information and tools you need to make educated decisions about your health coverage.

Kelly's presentation will be on Thursday, November 15 at 1:30 in the Riverbend Room.

Activities & Descriptions

Book Club

Mondays, Nov. 5 & 19 at 1:30 p.m.
 Tuesday, Nov. 6 at 10:15 a.m.
 Thursday, Nov. 15 at 10:15

In the Gathering Room. Please join us for our weekly Book Club. It's nice to just sit back and hear a great story.

Hearing Health

Mid America Audiology, Thursday Nov. 15, 11:30 in the Rendezvous Room

Brian, Hearing Instrument Specialist, Thursday, Nov. 1 at 11:30 in the Rendezvous Rm

Now you have more dates to choose from for your free hearing aid service and repairs, hearing test & ear care exams, and ear wax removal.

Maisy the Support Dog

Tuesday, Nov. 20 at 10:15, Weston Reception
 Maisy will be here to greet everyone. Be sure to come say Hello.

Monthly Resident Meeting

Tuesday, Nov. 27 @ 1:30 - Gathering Room.
 Join our monthly meeting to hear what's new, voice your concerns or share your ideas.
 If you live at Weston Terrace, you're invited!

Craft with Gail

Monday, Nov. 19 @ 10:30 - Gathering Room.
 Gail has a special craft for this month. Please come out and make a craft with us!

Music with Cheryl

Monday, Nov. 26 @ 10:30 in Meadows
 Cheryl provides a variety of musical games and sing-a-longs.

Music Therapy St. Louis

Monday, Nov. 5 @ 10:30 in the Gathering Room
 Explore the benefits of playing musical instruments with a licensed music therapist.

Muscle Motion with Holly Robeen from OSF

Tuesday, Nov. 13 in Woodlands and Nov. 27 in Meadows @ 9:30 a.m.

Saturday Movies & Musical Tuesdays

There are movies every Saturday at 1:00pm in the Gathering Room and every Tuesday and Saturday at 7:00 pm on Channel 900.

Saturday Surprise!

Saturdays at 10:30 a.m.
 Join Georgiann or Debbie for a gentle weekend workout or creative activity.

Regular Meetings

Mondays

9:30 & 10:00 Exercise

Tuesdays

9:30 Exercise
 3:00 Rosary

Wednesdays

9:30 Exercise
 TBA Nails

Thursdays

9:30 Exercise
 1:30 Devotions
 2:30 Price is Right!

Fridays

10:30 Exercise
 1:30 Bingo

Saturdays

1:00 Saturday Movie
 3:30 Catholic Mass

Sundays

8:00 Sunday Worship
 10:00 Devotions
 1:00 Armchair Travels
 6:30 Sunday Worship

November Entertainment:

Joy Ride

Thursday, November 1 at 10:30 a.m.

Dollar General

Thursday, November 8 at 10:15 a.m.

Lunch Out

Tuesday, November 27 at 11:00 a.m.

Holiday Bazaar & Nellie's Closet

Friday, November 2 from 9:00 a.m.-2:00 p.m. in WP

Lynn Wellman

Saturday, November 3 at 6:30 p.m. in the Chapel

Music Therapy St. Louis

Monday, November 5 at 10:30 a.m. in the GR

Meet & Greet OSF Physical Therapists

Wednesday, November 7 at 11:30 a.m. in the Chapel

UMV & Vitas host a Veterans Honor Service

Thursday, November 8 at 2:00 p.m. in the Chapel

Soft Fire Ministry—For the Love of America

Friday, November 9 at 1:30 p.m. in the Chapel

OSF Health Education Program

This month's topic is "Maintaining Your Independence"
led by OSF Home Healthcare

Wednesday, November 14 at 11:00 am in the Chapel

New Jerusalem Gospel

Friday, November 16 at 1:30 p.m. in the Chapel

Benjamin Godfrey & James Semple Themed Dinner and Character Performance

Tuesday, November 20 at 5:00 p.m. in the DR

Joe Powell

Friday, November 23 at 6:30 p.m. in the Chapel

Alton Youth Symphony—Holiday Concert

Tuesday, November 27 at 7:00 p.m. in the Chapel

Featuring Alton and Edwardsville Middle Schools

Executive Director's Quarterly Update

Wednesday, November 28 at 1:00 p.m. in the Chapel

Advent Bible Study with Rev. Kim Stuby

Wednesday, November 28 at 2:00 p.m. in the CR



**Attention All Resident Veterans:
Please Submit your Service Memorabilia
for the Veterans Honor Service on Nov. 8**

See Gail's letter on page 5

Heartland Healthcare returns in December

Neighborhood Meetings

Meadows—Monday, Nov. 12 at 11:30

Gardenview—Monday, Nov. 12 at 12:30

Woodlands—Monday, Nov. 19 at 11:30

Parkside—Monday, Nov. 19 at 12:30



Laughter is the Best Medicine

Friday, November 30 at 1:30 p.m. in the Chapel

Designer Direct Jewelry Sale

Friday, November 30 from 9:45—2:00 in WP
1st floor

Weston Birthday Party

Wednesday, Nov. 21 at 1:30 p.m. Meadows



**Caveta and Rick celebrate
Food Services Appreciation Week**
Thanks to all our wonderful
Dining Service Staff!!





Birthdays!



Main Street
United Methodist Church
Services every Sunday
8:00 a.m in the Chapel



CATHOLIC MASS
Every Saturday
3:30 p.m. Chapel
Worship led by
Father Wickenhauser



SPIRITUAL WELLNESS

Communion
Friday, Nov. 9 at 11:00
In the Gathering Room

Catholic Communion
Friday, Nov. 2 at 10:00
In the Gathering Room



“Village Pray-In”
Nov. 16, 11:30 — 12:00
In the Chapel
All are welcome
**“They shall know
we are Christians
by our love.”**



Rosary Recitation
Tuesdays at 3 p.m.
In the Chapel

Wisdom for Confusing Times

Something weighing on your mind?
Experiencing a personal loss,
or troubled by issues in the news?



Join Chaplain Judy Miller
and Father Jerry Wickenhauser
Friday, November 30 at 10 a.m.
in the Conference Room for a time to
share concerns & wisdom in an
uplifting, positive environment.

In Memory...

At this time, we would like to remember the families and friends of
Dolly Wickenhauser, resident; **Rod Heaton**, former resident;
Fern Dejarnett, former resident; **Louise Sheary**, former resident.



Chaplain's Chat

Judy Miller



Hurricane Flooding

We have been listening and watching the news on the TV and radio and see the devastation the rains have caused. We are asking you to help replenish the items that appear in flood buckets. These buckets are used in homes to help clean up. There is a box at the front desk of Wiseman Pollock where you may place your donation. I will forward this on to the United Methodist Conference on Relief to help with replenishing the supplies needed for these buckets. This will be sent the middle of November, and at that time I will have a total to give you. I am thanking you in advance for any help you may give.

Advent Studies

Rev. Kim Stuby has offered to lead us in an Advent Study this year. She is the daughter of Mary Ann and Herb Forcade. Pastor Kim serves at the Grafton United Methodist Church and also on the Village Board and is looking forward to meeting each of you. It will start on Wednesday Nov. 28, and continue weekly through Wed. Dec. 19th. She will hold class in the conference room and the time will be 2:00-3:00 each week. Mark your calendar and please plan to attend.

Bible Studies

Check your calendar for Bible Studies time and places held throughout the week. My class is held Thursday mornings 10:30-11:30. Men and women are welcome, so come join us.

New Office Location

My office has moved to Weston Terrace at the Village. My office hours have not changed. They are still Thursday 9 am-2:30 pm and Friday 9 am-1 pm. I am on the hall to the right as you enter Weston just past Dee Cunningham's office. Stop by and see me anytime I am there. I would love to visit with you.

Nurse Tricia Keagy

Tricia has located in my old office and would love it if you stopped in and said "hello".

Advent Bible Study with Rev. Kim Strub

Begins on Wednesday, November 28 at 2:00 p.m. in the Conference Rm

Come One, Come All! Weekly Bible Study

Join us every Thursday

10:30-11:30a.m.

In the Conference Room



Ladies Bible Study

Join us every Wednesday

10:30-11:30a.m.

In the Gathering Room

Weston Terrace

Bible Study Fellowship International classes

Hello, ladies. Bible study continues every Saturday (except Nov. 24) at 10 am in our Conference Room.

Further information is available at bsfinternational.org

or contact Pam Sevier at (618) 466-7464. Hope you'll join us!

The United Methodist Village and OSF HealthCare host an event announcing the OSF HealthCare Clinic now open at U





Where Living Is Easy.

5201 Asbury Avenue

Godfrey, IL 62035

Phone: 618.466.8662

We're on the Web!

www.unitedmethodistvillage.com

November 1

All Saints Day

November 4

Daylight Savings Time ends

November 6

Election Day

November 11

Veterans Day

November 24

Thanksgiving Day

Your Council Members

Bonnie Tyler, President	466-8535
Helen Stairwalt, V. President	466-4446
Nancy Price, Asst. Secretary	850-212-2876
Mary Chase	467-0076
Fred Seymour	466-3050
Kay Fitzpatrick	433-1787
Harry Hill	208-7979
Jeanette Weihe	466-0695
Alice Banghart	467-6428
Mary Ann Forcade	920-3361
June Sproull	466-0644
Bob Wallace	433-9549

Council Chronicle

The Resident Council had a meeting on Wednesday, September 19

The minutes are available on the Information Center Bulletin Boards.

The next regular Resident Council meeting is set for **November 14** at 1:00 pm in the Conference Room.



Happy Birthday!!

Resident Birthdays

NICK CAPOZZI	11-01
FRANCES HUSMANN	11-02
KAY FITZPATRICK	11-04
CAROLE EALEY	11-06
PAM SEVIER	11-07
ELIZABETH JOHNSON	11-12
JERRY WICKENHAUSER	11-16
DON JENKINS	11-18
ROSE HAMILTON	11-21

JACK GREEN	11-26
CARL HERZOG	11-30
ANNA NORMAN	11-30

Staff Birthdays

PAT DOUGLAS	11-04
KIMBERLY OSELAND	11-08
JOYCE WILD	11-08
CARLA WATSON	11-11
JAMES MCPHERSON	11-20
PEGGY POWELL	11-20
YASMIN JACKSON	11-22
RADIESHA BERRY	11-24
SCOTTIE HOWARD	11-28
JOHNETTA BALDWIN	11-29



The United Methodist Village honors and respects our residents and welcomes people of all faiths.