

The United Methodist Village

Where Living Is Easy.

5201 Asbury Avenue

Godfrey, IL 62035

Phone: 618.466.8662

We're on the Web!

www.unitedmethodistvillage.com



Bank Runs: Tuesday, December 5, 11:00 a.m.

Thursday, December 21, 11:00 a.m.

Shopping Trips:

Tuesday, December 5, 1:30 Schnucks/Cleaners

Thursday, December 7, 1:00-3:00 CVS/Walgreens/Cleaners

Tuesday, December 12, 1:30 Aldi/Dollar General

Thursday, December 14, 1:00-3:00 Walmart

Tuesday, December 19, 1:30 Shop N Save/Dollar Tree

Thursday, December 21, 12:00-1:30 Alton Square/Target

Tuesday, December 26, 1:30 Schnucks

Thursday, December 28, 1:00 Walmart

Piasa Cleaners Announces Pickup and Delivery Service

Pickup day is 2-4pm the 1st Monday of each month

Delivery day is 2-4pm the 3rd Monday of each month

Sign-up for this service at the WP reception desk before 1:00pm on the 1st Monday

Price lists will be posted on bulletin boards and at the reception desks



Happy Birthday!!

Resident Birthdays

DOROTHY LYON	12-01
DON BELTZ	12-02
MARY BUSH	12-02
BETTY LIGHT	12-02
CARL HINNER	12-04
ALLEYENE GEISLER	12-06
SYLVIA ROBERTS	12-06
ROBERT LOGAN	12-07
NAOMI PHEGLEY	12-09
LORENE SILEVEN	12-13
HELEN PHILLIPS	12-16
ELIZABETH CAMPBELL	12-16
OPAL SIMPSON	12-19

BEULAH ALLAYAUD	12-21
DAVID URBAN	12-21
NANCY PRICE	12-25
DOROTHY KELLEY	12-26
WAYNE FISHER	12-28
DAISY LEWIS	12-30
DON HUBER	12-31

Staff Birthdays

HAILEY EWING	12-01
KAREN EMERY	12-02
TERRI AVERBECK	12-05
AMANDA CRUM	12-14
TERRY LAWS	12-16

THE UNITED METHODIST VILLAGE

THE VILLAGER

DECEMBER

2017

December 21
Winter Begins

December 25
Christmas Day

December 31
New Year's Eve

SHINING STAR
ANTONIO RAGLIN
Thank you for making everyone feel important & asking "Is there anything I can do for you?"



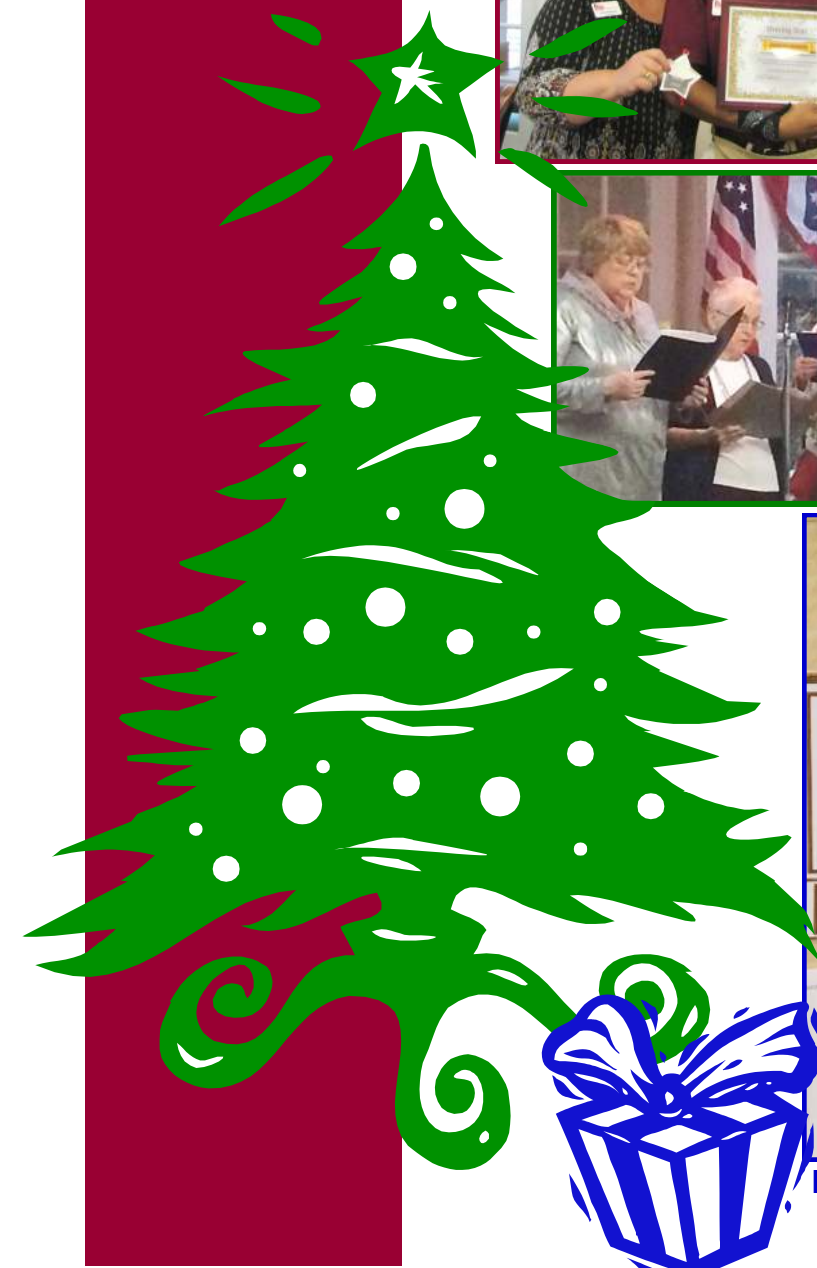
Welcome New Residents:

Bob Bucher – 5100 Albright

Erma Freer – Meadows 113

Nick Capozzi – McK 201

USO Show November 17 featuring the UMV Choir, soloist Mitzi Fuguitt, pianist Gail Stucker, and drummer Rick Grove



Happiest of Holidays to All Our Residents
Your presence is a present!

The United Methodist Village honors and respects our residents and welcomes people of all faiths.

Anita's Ad-libs



Dear Residents,

As we are about to enter the Christmas Season, I'd like to take this time to wish each of you a very Merry Christmas! We are having a wonderful month of special events planned for our entire UMV family to bring in the spirit of the Holidays.

A UMV tradition and event will include the creation and lighting of the Studio 56 Dickens Christmas Village in our Wiseman-Pollock front entrance living room. Yes, this has been a tradition where the Executive Director leads the way with creating the beautiful Christmas Village that includes a magical train that travels throughout the Village. Last year I began with great anxiety about the duties before me. However, as the project unfolded, I realized that the creation of the Christmas Village was a wonderful privilege especially when surrounded by Villagers sharing their time, creativity, and helping hand.

I invite everyone - residents, employees, and friends - to help me once again in 2017. Plans are underway to have the collection pieces delivered to the living room on Tuesday, November 28th and the creation of the Studio 56 Christmas Village will begin on Wednesday, November 29th at 10:00 a.m. Hot chocolate, donut holes, and Christmas music will be available for all willing helpers which includes creative thoughts, too!

As you know, many of our policies and procedures have been under review during 2017. Further review of our smoking policy, dining-room dress code policy, firearm policy, and pet policy will occur in the upcoming months.

I'd like to thank our UMV residents for their amazing generosity and contributions being made toward our Employee Christmas gift fund. The resident council and several tenured residents offered input on how the gifts will be distributed this year. An additional memo will be distributed from the resident council regarding this resident driven Christmas gift fund. Again, your generosity is appreciated more than you'll ever know.

Please mark your calendars and plan to attend and participate in our Village Christmas Carol sing-a-long planned for Thursday, December 21st. This will be a fun and casual gathering to enjoy the traditional and nontraditional Christmas Carols. Singing talents aren't required but toe tapping will be abundant. A few special guest performers are planning to attend.

I promise that smiles and chuckles are guaranteed!

May all be merry and bright!

Anita

From the Desk of the Parish Nurse

EILEEN CHEATHAM
BODY * MIND * SPIRIT

When anxiety was great within me, your consolation brought me joy. Psalm 94:19

I wonder if some of you are thinking what a strange Bible verse for what is considered the most wonderful time of the year! But I feel the need to discuss the pressure that many of you put on yourselves to have a "Merry Christmas" like we see on the Hallmark channel. The decorations are elaborate and beautiful, it always begins to snow on Christmas Eve, the boy always gets the girl, (or is it the other way around), and all is happy and joyful at the family dinner! But for some of us the holidays mean one thing: STRESS!

Stress is a state of mental or emotional strain or tension resulting from demanding circumstances that can have both psychological and physical effects. When you feel anxious, rushed, or pressured, your body changes—your heart rate rises and some people even say they feel nauseous". Usually, these effects are short-lived, but over time stress can take a toll on the body, especially if an individual doesn't know how to handle stress well. What we need to understand is that the events themselves are not just stressful- it is our perception that stresses us out too! So why do we get stressed about seeing family, and around the holidays in particular? Expectations are one of the biggest reasons—we watch Christmas specials or remember celebrating the holidays as children- and anticipate an experience right out of a painting from Rockwell, but, often, that's simply not a reality. We think this should be a perfect time, the food will be perfect, and our conversations will be respectful. But when our realities don't match that, we get frustrated. The holidays can also be a time where we're reminded of what we don't have, when compared to TV holiday shows, or even experiences of others. So what are we to do?

- **Manage your expectations** so that you do not get frustrated or angry. That thing your uncle does that makes you super angry? There's no reason to think he won't do it this year and that it won't trigger you. That power struggle you and your brother seem to have every time you're together? The fact that it's Christmas won't make it go away. There's no reason to assume that this family gathering will be different than any others, and preparing for that mentally can offset some of the disappointment. We all fall short from time to time!

- **Restructure the schedule!** If it is just too stressful to have Christmas on Christmas due to scheduling conflicts choose a different day. That simple shift may reduce some family members' stress or guilt of trying to make it to many different locations in one day.

- **Keep the mood light!** This is a time to be thankful for all the Lord has done for us and enjoy family company- not to discuss heavy topics such as politics, social justice, or why Junior dropped out of college.

-**Don't abandon healthy habits.** Don't let the holidays become a free-for-all. Overindulgence only adds to your stress and guilt. Have a healthy snack before holiday parties so that you don't go overboard on sweets, cheese or drinks. Get plenty of sleep. Try to continue to get in some regular exercise during the week, or even after the big meal!

-**Focus on the true meaning of Christmas:** the babe in Bethlehem. The light in a very dark world. Our Savior has come, Immanuel. Rejoice!

For most of us with the typical amount of family baggage, going to the annual Christmas dinner is a compromise worth making. The event might be unpleasant at the time, but you'll still go- because it's important to someone who is important to you. When we think about what Christmas really is; God, who is love, condescending to come to earth to walk with man, and die for our sins and be resurrected on the third day, so that we may live with Him forever-then a little time with grumpy Aunt Gladys really doesn't seem that bad. Remember- love covers a multitude of sins. Just have realistic expectations, a sense of humor, and cover your holiday gatherings with lots and lots of prayer! With God's help it can be transformed into a cherished family memory!

Merry Christmas and Happy New Year to all of you. You are cherished.

Eileen

A tribute to James Clasby, American hero

It is always a pleasure to celebrate the life of a good faithful Christian, especially for a soldier and a man of peace.

I have no doubt that my friend James Clasby Jr. (1923 – 2017) is in God’s loving embrace and already welcomed by the community of saints in heaven.

“Old soldiers never die; they just fade away.” Maybe. But Jim Clasby suffered a heart attack and passed away a few days ago at the United Methodist Village in Godfrey.

Jim had served in the US Air Force during the Second World War and, again, in the Korean war. Uncle Sam called on Jim Clasby to serve his country twice — and he answered the call.

I believe that Jim stands today enfolded in the arms of the triune majesty of God — Father, Son and Holy Spirit. For at the moment of death it is Jesus Christ who greets us at the threshold of Paradise. God loves us that much. He does not make us wait.

We learn such truths from our great holy mystics. For during their deep prayer lives they often receive special revelations from God. One of them, St. Catherine of Genoa (1447-1510), wrote this: “As for Paradise, God has placed no doors there. Whoever wishes to enter, does so. All-merciful God stands there with his arms open, waiting to receive us into His glory.”

What we see in the life of James Clasby is this: He loved to pray the rosary; he joined in praying the rosary every time he could. The Our Father prayer, taught to us by Jesus Christ, was Jim’s favorite prayer. Next, was the beautiful Hail Mary prayer — “Hail Mary full of grace.”

Jim never missed a weekly Mass.

Every time a friend of his died, Jim asked me to offer Mass, “Please say a Mass for so-and-so.” Jim was a traditional Catholic. He loved his Church and good Pope Francis. The sacrament of Holy Communion was his “food from heaven,” he believed.

But Jim was an open-ended kind of Christian, too. He could accept many changes from his rapidly changing Church. He trusted church leaders to know what the signs of the times required.

James Clasby loved his family and his many friends very much. He kept his son, Doctor Dan and Dan’s wife Patricia, as well as Jim’s five grandchildren and their families, always in his heart. The love of Jim’s life was his wife, Marcella Schmidt. She passed away in 2013, after 69 years married to “the best husband in the world.” After her death, at the mention of Marcella’s name, Jim would sit quiet, teary-eyed, lost in his memories of her joyful spirit.

Jim served his country as a Radio Navigator. On a B-29 he accompanied his buddies in bombing raids over Japan. He always conducted himself as a patriotic soldier. But Jim was staunchly in favor of peace. He thought that war, any kind of war, was a terrible human waste for both sides.

Clasby was not unaware that he was living at the Methodist Village with many Christians of different denominations. There are Lutherans, Presbyterians, Baptists, Methodists and even a lady Episcopal priest there, about 200 of us. The wonderful thing is that we all get along. Jim was well-liked at the Methodist Village; his friends there found him “humble, kind and sweet.”

During the years that Jim and I lived at the Village, Protestant

Christianity rubbed off on us. Living with wonderful Protestant folks (there are many there) seemed to take its toll. Gradually, we realized that the whole experience was in fact a blessing. Protestants and Catholics simply learn from each other. We are becoming, as we should be, I think, brothers and sisters in Christ.

Jim stated it well when he insisted, “There is only one God up there!” Every Christian prayer is directed to the living God, the loving Father of us all.

God delights when anybody prays to Him — and He doesn’t read denominational labels. I think that is what Clasby meant by highlighting the fact that “There is only one God up there!” (Yes, Jim was good at declaring theology succinctly.)

I can imagine seeing Jim singing now, together with the communion of saints, a song about all Christians joining together in ONE FLOCK with ONE SHEPHERD.

Psalm 38 may reveal the secret of Jim’s strong religious faith and many dauntless achievements. We find this in verses 23 and 24:

“Those whose steps are guided by the Lord; whose way God approves, may stumble, but they will never fall, for the Lord holds their hand.”

An American hero, James Clasby. A dedicated ecumenical Roman Catholic whose fidelity put one foot in front of the other. One heck of a faithful Christian gentleman who lived by simply placing one foot in front of the other — happily seeking to fulfill God’s will — for ninety-three years.

Good job old man!
Jerry Wickenhauser
Godfrey

From the Desk of the Director of Weston Terrace Dee Cunningham, RN

Greetings Everyone,

Welcome to December! I hope you all had a blessed Thanksgiving and took the time to sincerely review your personal blessings and truly express gratitude for them all. As we enter the last month of 2017 we find ourselves reviewing special events and moments we have experienced in the past eleven months. Each of us will reminisce about memories that stand out the most to us as the months have come and gone and as we once again approach the time when our hearts turn to Christmas.



It is my hope that in spite of any unexpected illnesses, injuries, sorrows or disappointments that may have surprised us this year we will still be determined to search out the good things that have come to us through them. I believe nothing comes to us by chance and every negative thing we face holds a hidden treasure . . . if only we are willing to search it out.

For example, on the first Christmas when the shepherds saw the star, they began to follow it in search of the treasure it was leading them to. Not knowing exactly where their search would take them, they still knew in their hearts it was paramount that they follow its direction. Though their journey was long and arduous they endured and with time they found the Christ child, the Promised Messiah, the first (and best) Christmas gift ever.

Many times our lives require us to walk through long, dark, and tedious places. Often, we become so caught up in the frustration and complaining of an unexpected trial that we fail to discover the gifts those trials bring with them.



If there is anything I would wish for our UMV residents and their families this Christmas it is for each of us to remember the true reason we celebrate Christmas . . . the Christ-child . . . and the gift He gave for us all.

Let each of us make a sincere effort to offer a little extra love and peace to those around us this year. If there have been unfortunate circumstances in your life recently, **search for the gifts** that accompany them and you will enjoy the holiday season so much more. **Practice looking for the blessings.** It **will** take practice, but once you get into the rhythm of it you will be surprised at how much richer and fuller life can be.

Have a wonderful December everyone, and a very Merry Christmas!

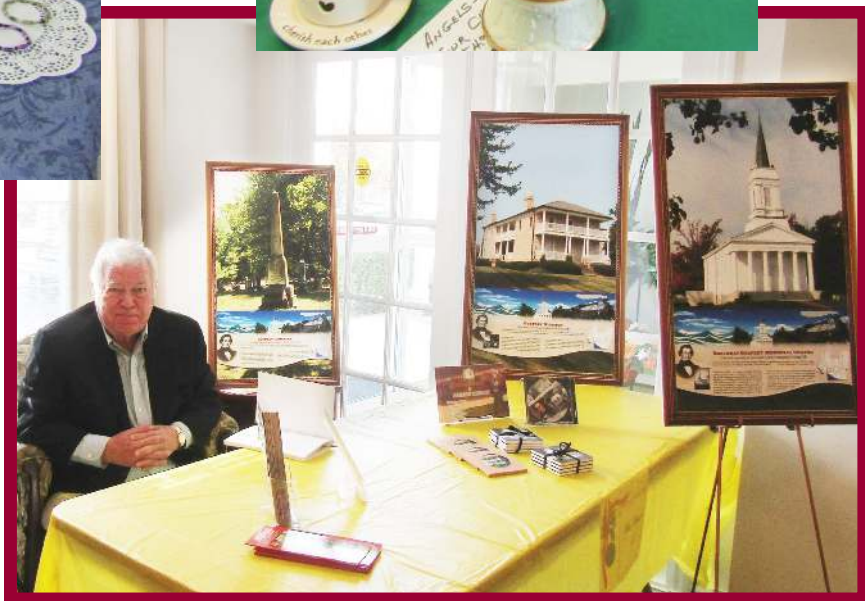
Blessings to All,

Dee

In Memory...

At this time, we would like to remember the family and friends of resident Lucy Savage.







Thank You!
to all our vendors
and shoppers
at the annual
UMV Christmas
Bazaar!



Residents joined in honoring
 all Veterans with a special
 Remembrance Service



Your Council Members

Kathy Carroll, President	433-9902	Helen Stairwalt	466-4446
Sandra Cooksey, V. President	217 899-8833	Bonnie Tyler	466-8535
Sue Nash, Secretary	466-1587	Mary Chase	467-0076
Reka Holder	433-8313	Don Miller	978-3415
Mary Haxel	466-3861	Nancy Price	850-212-2876
Fred Seymour	466-3050		

Council Chronicle

The Resident Council had a meeting on Wednesday, November 8.
 The minutes are available on the Information Center Bulletin Boards.
 The next regular Resident Council meeting is set for January 10 at 1:00 pm in the Conference Room.

From the Director of Marketing

Carrie Cope

I don't know about all of you ...but I am still FULL!!! Time to stop talking turkey and deck the halls!!! It's already looking a lot like Christmas around here, I hope you all enjoy it as much as we do!

Thank you to all of the Resident Ambassadors that fill in for the Marketing Department on the Weekends!! It gives me piece of mind to know that the Community in good hands when we can't be here!! Also a big thank you for making our new residents feel welcome and helping them transition into The Village.

Please welcome our newest residents Erma Freer, Bob Bucher and Nicholas Capozzi. Welcome to your new home!

Please remember the Marketing Department needs your referrals! Residents that refer their friends to United Methodist Village market rate apartments and patio villas receive \$500.00 off a months' rent as does the friend they referred!

Merry Christmas and Happy New Year!!!

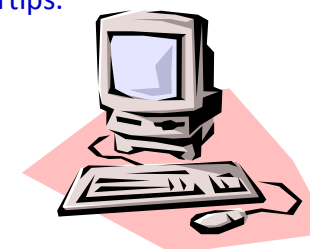
Carrie



What's happening now at unitedmethodistvillage.com?

The resident portal has been added to the website!

Whether you want to plan your week or read about the latest community news, you'll find the resources you need right here at your fingertips. It's another way we make living easy.



On the resident page you will find:

- **The current month's activity calendars**
- **SmartMoves healthy learning lecture information**
- **PDF version of the current month's Villager and Terrace Times**

To access the resident portal, type the following link into your web browser:

<https://www.unitedmethodistvillage.com/residents/>

Valet Service in the Dining Room

Will begin Monday, November 20!

Dining Services will be providing name tags for assistive devices this week.



SCAM ALERT!

'Tis also the season for identity theft. Please be extra cautious when making credit card purchases in stores, over the phone, or on the Internet.

WARNING

If you receive a strange check in the mail or are notified that you have won a prize, **please do not take any action until you ask a trusted friend, family member, or UMV staff to verify the offer.**



“UMV Life Style and Wellness Program”



Physical Wellness

Senior Fitness Tests

Dawn Laws will be conducting Senior Fitness Tests on Tuesday, Dec. 5 at 10a.m. in the Riverbend Room

The Senior Fitness Test is evidence based and will help you determine your strengths and discover areas for improvement.

Each resident can expect to spend 20 to 30 minutes while testing upper body strength, lower body strength, flexibility, endurance and balance. Results will be entered into a database and the Wellness Coordinator will contact you to go over an action plan.

Sign up for a scheduled time at the Wiseman Pollock Receptionist’s Desk

STRONG FOR LIFE

Every Wednesday at 10 a.m. & Thursday at 9 a.m. in the Riverbend Room.

This is a chair-based class that encourages you to go at your own pace and can help with overall health and fitness. During the class you will be working on cardiovascular endurance, muscle strengthening, flexibility and balance.

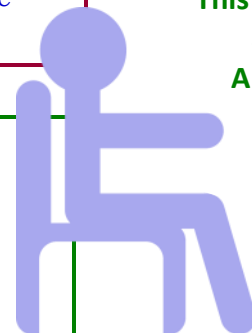
Led by a Senior Services Plus employee

SIT & BE FIT

This class meets Monday, Wednesday and Friday at 3:00 pm in the Riverbend Room.

Among many other things, this form of exercise maintains and increases joint range of motion, decreases joint pain and stiffness, and improves physical conditioning while reducing stress and helping to maintain a positive attitude.

Led by Community Life Services Staff



Tuesday, Dec. 5 at 2:00 in the Conference Room

We welcome Dr. Clifford Martin from St. Anthony's Hospital.

Dr. Martin will give a presentation on the new Godfrey office building which will include Urgent Care, Advanced Practice Providers and Care Teams. He will also demonstrate *OSF On Call*, a virtual MD visit on computer.

Please join us for this introduction to OSF’s new services and resources.

CHAIR YOGA

This class meets every Tuesday & Thursday at 8:45 a.m. in the Riverbend Room

A gentle form of yoga that is practiced sitting on a chair. Lead by Suzanne Cogan.

Get Moving with RehabCare

Every Tuesday 9:00 to 9:45 a.m. in the Riverbend Room.

Step It Up!

Every Tuesday at 11:30 in the Riverbend Room. RehabCare leads this dance-infused fitness class. Can be done seated or standing.

Shared goal

by Danette M. Watt October 29, 2017



(From left) Isaiah Stueckle, Adarius Webb, Antonio Davis, Elijah Stueckle, and Calvin Young are five of the Passport to Men participants who were invited to the 100 Black Men Gala. Dr. Ed Hightower sponsored the table for the children and Al Womack.

ALTON — Like most young men, the group of boys from the Boys and Girls Club of Alton just wants to “look good and feel good.” So they practice tying ties every week and wear them to school every Monday.

A one-minute video of their practice session has gone viral, getting more than 2 million views and 50,000-plus shares. The video shows six boys, ages 9-13, encouraging a seventh as he practices. At the end, 9-year-old Malik Johnson gives a big grin as he displays his finished tie.

Since it was posted Oct. 2, a producer at Fox Chicago News contacted Al Womack Jr., the club’s executive director and the man behind the camera, to use the video in its morning news show; a Dallas woman donated \$100 to each of the 20 boys in the program and, most recently, the “guys in ties” were invited to attend the 100 Black Men Gala on Oct. 21.

“I didn’t even know what (going viral) meant, really,” Womack said.

Womack said he believes the video went viral because it’s a feel-good story and people want to see something positive.

“For once, it isn’t something violent across the nation,” he said. “The boys are working together, working toward a common goal.”

The video’s stars are members of the club’s Passport to Manhood program for youths who don’t have a father figure at home. They meet weekly to discuss principles of manhood and what it takes to be a man, and they end each session with a tie-tying lesson.

Although most of the comments left on the video’s Facebook post were positive, a few people wondered if dads were involved and said learning about ties should be a father-son bonding experience.

Womack responded to one woman, saying, “Too many (dads) are missing, but we have a responsibility to make sure that our young men are afforded the same opportunity to grow up and become productive members of society.

“Some do have dads,” he said in an interview. “But look at the nature of the work we do. If they do have a mom or dad, then we’re a bonus. If they don’t, then we’re here to fill in the gap.”

Womack is asking for newer, gently used ties.

“We’ll take the old ones to practice on, but they’d like something newer as they’ll be wearing ties to school every Monday,” he said.

Ties can be dropped off at the Alton Boys & Girls Club at 15 Jefferson Ave., behind the Catholic Children’s Home.

VIDEO: advnews.link/TieVideo

Salvation Army barrels are here!
Look for them in the reception areas.
Donation Wish Lists will be on the sides of the barrels and also posted on bulletin boards.



UMV Resident Don Beltz responds to needs with acts of goodwill

The article at left was printed in the Advantage News on October 29, 2017.

It prompted Don Beltz to donate dozens of neckties to the Passport to Manhood program at the Boys & Girls Club of Alton. In a thank-you note to Don, the club’s director summarized the concept of the program: young men are taught to tie a tie and encouraged to dress up by wearing their tie to school at least one day a week in an effort to reduce negative behaviors and build confidence and character.

Don was also inspired to make a cash donation to the Lessie Bates Davis Neighborhood Homes organization. Each year they host a program known as the 100 Neediest Cases. This program is done in conjunction with United Way and the St. Louis Post Dispatch to assist individuals and families during the holiday season.

Additionally, Don contributed to the Midwest Mission Distribution Center’s fundraising efforts with a cash gift that will be used in the organization’s efforts toward flood relief.

Thank you, Don, for being a role model of goodwill and neighborly love. Your contributions help build stronger bonds within the community and encourage us all to remember those in need during the Holidays and beyond.

Making a Home for the Holidays



Mary Ann Forcade puts the finishing touch on their Salvation Army display. Stop by and admire their traditional tabletop village. In the hall at WP 328



Georgia Bermes brings the spirit of Christmas to every room



Regular Activities:

Mending & More by Gail

Wednesdays, Dec. 13 and 27 at 10:00—TV Room
Gail Humiston will be here for one hour collecting items to be sewn or mended.

Hearing Health Care—no charge

Thursday, Dec. 7 at 11:30 in the Rendezvous Room.
Brian, Hearing Instrument Specialist, will be here to provide hearing aid service and repairs, ear wax removal, hearing test & ear care.

Craft w/Gail

Monday, Dec. 11 at 10:15 am Weston Terrace Gathering Room. Join Weston friends and make a different craft each month!

The Joy of Coloring

Tuesday, Dec. 12 and 26, 2:00 pm—Riverbend Rm.
Coloring has become a popular activity for many adults. If you haven't tried it, please come.

Reflexology, Gail Humiston, Certified Reflexologist
Cancelled for December

Needles & Pins

Wednesday, Dec. 6 at 1:00 Riverbend Room.
Christmas Kitchen Bunnies \$3 for supplies

Bead Making

Thursday, Dec. 28 at 10:15 am Weston Terrace Gathering Room. Make your own paper beads to string!

Choir Practice

Wednesday, Dec. 6 and 20 at 2:00pm—Chapel.
New members are always welcome.

Armchair Travels

Every Saturday 1:00pm—Gathering Room
Journey to faraway lands without the hassles of travelling.

Massage Day with Holly Short, LMT

December 28 from 10 to 4 - Riverbend Room
Holly Short, Certified Massage Therapist, will soothe your tired or stiff muscles & joints with therapeutic massage techniques.

Sign up at the front desk.

*Please remember:
always check Channel 900 or the bulletin boards for any last minute changes or additions to the Activities Calendar*

Enjoy an evening of great organ literature performed by organist

DR. MARILYN KEISER

(niece of resident Myra Keiser)

Friday, December 15
in the historic

FIRST PRESBYTERIAN CHURCH

UMV bus will depart at 6:00 pm

A wine, cheese and sweets reception fireside will follow the concert

Please sign up for this outing Nov. 29

Chef Rick announces...

A special Dessert Buffet with your dinner in the Dining Room on December 15, 4-6pm

Carol Michalisko hosts a Holiday greeting card class

Tuesday, December 12, 10am-11:30am

Cost is \$15 and includes supplies

Please register for this class on November 29 at 11:00

Class size is limited to 6 participants



Main Street United Methodist Church



Services every Sunday
at 8:00 a.m.
in the Chapel

CATHOLIC MASS

Every Saturday afternoon
3:30 p.m. Chapel



Led by Father Wickenhauser

SPIRITUAL WELLNESS



“Village Pray-In”
December 7, 11:30 — 12:00
Now in the Chapel

All are welcome.


“They shall know we are
Christians by our love.”

December Evening Worship Services

Sundays in the Chapel at 6:30 pm

- ◆ Dec. 3, led by Rev. Bill Pyatt
- ◆ Dec. 10, w/Main St. UMC Choir
- ◆ Dec. 17, led by Mark Myers—
Portrayal of Joseph
- ◆ Dec. 24, led by Rev. Kim Stubbe
- ◆ Dec. 31, led by Chaplain Judy Miller

**Wisdom for
Confusing Times**



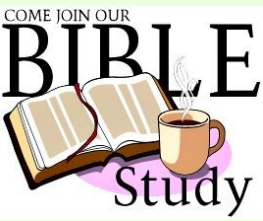

Something weighing on your mind? Experiencing a personal loss, or troubled by issues in the news?

Join Chaplain Judy Miller and Father Jerry Wickenhauser

Friday, **December 29**, 10 am in the Conference Room for a time to share concerns and wisdom in an uplifting and positive environment.

Bible Study

Thursdays 10:30 a.m.
Conference Room

Rosary Recitation

Tuesdays at 3 pm
In the Chapel

Communion

Friday, December 8 at 11:00
In the Gathering Room

Catholic Communion

Friday, December 1 at 10:00
Gathering Room

Events & Outings:

Sign up for all Events & Outings at the front desk WP



Dickens Christmas Village Creation

Wednesday, Nov. 29 starting 10:00 am
Join us in the WP puzzle room for donut holes and hot chocolate all day!

Dinner & A Movie — Denny’s

Saturday, Dec. 2 Movie & depart time TBA

ALT: A Nice Family Christmas — dinner at Shoguns

Sunday, December 3 depart at 1:00 p.m.

1st & 2nd Dinner Out—Our Lady of the Snows dinner and Way of Lights

Thurs, Dec. 7 & Thurs, Dec. 21, depart 4:15 p.m.

Powell Hall Coffee Concert — Vivaldi’s The Four Seasons w/mandolinist Avi Avital

Friday, December 8 depart at 9:00 a.m.

GRCS: Christmas Concert w/Brass Gdfry UMC

Saturday, Dec 9 depart at 6:30 p.m.

Ladies Day Out — Shopping in Carlinville—Lunch at Magnolia’s

Monday, Dec. 11 depart at 10:15 a.m.

Dinner at Franks and Rock Springs Lights

Thursday, December 14 depart at 4:00 p.m.
This year we have two outings to Rock Springs to show our support of the local Grandpa Gang who battle theft and vandalism to keep the park aglow every Christmas season.

Organ Concert at First Presbyterian Church

Friday, December 15, depart at 6:00 p.m.

ALT: Las Vegas Christmas w/Dean Christopher

Saturday, December 16 depart at 6:30 p.m.
This actor/singer/impressionist brings you an evening of casino-style entertainment. \$25

Dinner at Round Table and Rock Springs Lights

Monday, December 18 depart at 4:30 p.m.

Gameday Luncheon, Riverbender \$7 at door

Tuesday, December 19 depart at 9:45 a.m.

Men’s Lunch Out—Carver’s BBQ

Wednesday, December 27, depart at 11:00 a.m.

Entertainment:

Rekha Dravina

Friday, December 1 at 1:30 in the Chapel.
Rekha comes alive at the piano –playing Classical compositions and familiar favorites with a few Russian tales in between.

Salvation Army Church Choir

Saturday, December 2 at 11:00 a.m. in the Chapel.

Limited Edition

Wednesday, Dec. 6 at 7:00 p.m. in the Chapel
Be sure to stay for refreshments following concert.

Alton High School Chamber Strings

Thursday, December 7 at 10:15 a.m. in the Chapel.

Alton Academy of Dance (ages 3+)

Saturday, December 9 at 10:30 a.m. in the RB
Sit back and let the young students entertain you with their Christmas Performance.

Attention All Resident Veterans: Veteran’s Coffee Talk—new time and location

Wayne Loehring from Heartland Healthcare invites all UMV Veterans to share treats and good conversation.
Wednesday, Dec. 20 at 10:15 am in the Weston Gathering Room

Christmas Dinner w/The Singing Sheriff

Wednesday, December 13 at 5:00 p.m. in the DR

Coffeecake with Eileen Cheatham

Thursday, December 14 at 9:00 a.m. in the WP
This is Eileen’s last day with us. Come share a breakfast treat and wish her a fond farewell.

Softfire Production presents Sleigh Ride

Friday, December 15 at 1:30 p.m. in the Chapel.
David and Patricia Spence lead this musical adventure through winter wonderlands.

Healthy Learning Lecture

The topic for this month is stress management
Tuesday, Dec. 19 at 10:00 a.m. in the Chapel.

A Casual, Fun-filled Christmas Carol Sing-along

Thurs, December 21 at 2:00 p.m. in the Chapel

New Year Party w/ Bud Shultz

Saturday, December 30 , 8-10 p.m. in the DR.
You won’t want to miss this festive event! Light refreshments provided. Feel free to bring your own snacks to share.