

TERRACE TIMES

NOVEMBER

2017

Welcome New Residents:

Louis Sommars -WT 137 Marsha Yarnell - 5208 Aldersgate

November 5
Daylight Savings
Time Ends

November 1

All Saints Day

November 11 Veterans Day

November 23 Thanksgiving

Civing Thanks I

"Give thanks to the Lord, for he is good; his love endures forever." 1 Chronicles 16:34



Aníta's Ad-libs





Once again, Happy 20th Anniversary to The United Methodist Village! I'd like to thank you for attending our day of festivities celebrating our 20 years together. The Anniversary Service held in our Chapel was a very special time together that included the talents of our residents and employees leading our songs and praises. The walk down

memory lane and memorabilia was enjoyed by all. Finally, the night under the sun and stars with dinner and entertainment was an incredible way to end the day. Thanks to everyone for participating and celebrating our 20th year!



Our staff and I are always striving to make United Methodist Village an exceptional place for you to you to live and we strive to meet and exceed your expectations. We believe that it is important to hear from you. On November 7th, you will receive a Resident Satisfaction Survey. Our last survey was taken 2 years ago. The format this year will be much easier

to complete which includes a clear rating of 5-1. A "high 5" would be our goal! Thanks!

We ask *all* of our residents to take the time to fill out the survey and return it in the mail or bring the survey with you to the main dining room on November 16th and receive a complimentary appreciation boxed lunch to go. Please come anytime between noon and 1:00pm! A follow-up letter will be distributed closer to the time of the survey. Again, thanks for taking the time to complete this important survey. Our community team always welcomes your suggestions, compliments and concerns!



Please plan to attend my quarterly Executive Director's Meeting scheduled for November 30. I have several highlights that I'd like to share with you during this meeting including the results of the Resident Interests Survey that I generated last month. Together with the Directors, I will provide an overview of 2017 and insight as to what's ahead

in 2018. I'm positive that for those who attend, you'll leave feeling well informed and excited about the future based on your ideas and feedback.



I'd like to thank our UMV family of 46 Veterans and extend a sincere THANK YOU appreciation for serving our country and protecting our freedoms. Once **VETERANS** again, I look forward to honoring our veterans both in our UMV family and to others as well. We'll remember those living and veterans who

have gone before us in a special Veterans Day Service in our chapel on November 10. I hope to see our entire UMV family in our chapel that morning. It will truly be an honor to be there with you.

Finally, Have a Happy Thanksgiving. I am sincerely thankful to be part of this wonderful community. Thank you for being such blessings in my life!

From the Desk of the Dírector of Weston Terrace Dee Cunningham, RN

Greetings Everyone,

Two months to go and the year will be spent. With Halloween being past and Thanks-giving quickly approaching, thoughts of holiday plans with family and friends will soon begin. And, speaking of planning..... what a great job Gail Stucker and her team did with planning the wonderful celebration of UMV's 20^{th} anniversary!!! The entire day was filled with excitement and it seemed everyone was in a good mood.

What a treat to witness the joy, fun, and party-like atmosphere that was shared by the residents as they celebrated the occasion with each other. As for me, the highlight of it all was watching the residents dance at the end of the evening. My heart was moved and tears filled my eyes as I witnessed the total pleasure our residents were experiencing as they moved and grooved to the awesome music of Bud Shultz's band, "You Can't Beat Experience." What a great way to wrap up such a special occasion under the beautiful white tent and lights, after hearing from our special guest speakers who clearly appreciate and enjoy being associated with UMV, and are so proud of its contribution to our senior generation and surrounding community.

This event has been a reminder to me that no matter how difficult life may be at times, there is still much to be gained if we look for the blessings that are interwoven along the way on our life travels. The important thing is that we determine to search out the positives while we are in the midst of the some of the more negative experiences we must deal with. So I am asking each of you to join me in pursuing the joys that are amongst us all, many of which are so easily overlooked yet so immensely valuable.

Don't stop looking for the good things in life! Don't quit seeing the plusses that life still has to offer... on a daily basis. Don't let the rough times overwhelm the simple pleasures that are around us at every turn, if we will only pay attention.

There is much more to celebrate than this very special anniversary for the residents of UMV! Keep counting your blessings. Keep watching for the unexpected surprises as you go from day to day. No matter how tempting it is to focus on the hard places in life (though we must give these places their due) let's not forfeit what pleasures are right in front of us by focusing on the hard things alone.

Let's share the good that is here for each of us to enjoy. There is much of it, and we can add a great deal to the quality of life for all of us . . . if we only choose to do so.

Have a wonderful November, everyone, and let's enter the approaching holiday season with high expectations for the celebrations that are still ahead for us this year!



Blessings to All,





Your Council Members

	Kathy Carroll, President	433-9902	
Sandra Cooksey, V. President	217 899-8833	Helen Stairwalt	466-4446
Sue Nash, Secretary	466-1587	Bonnie Tyler	466-8535
Reka Holder	433-8313	Mary Chase	467-0076
Mary Haxel	466-3861	Don Miller	978-3415
Fred Seymour	466-3050	Nancy Price	850-212-2876

Council Chronicle

The Resident Council had a meeting on Wednesday, September 13. The minutes are available on the Information Center Bulletin Boards.

The next regular Resident Council meeting is set for November 8 at 1:00 pm in the Conference Room.

From the Director of Marketing

Carrie Cope

Gobble, gobble, gobble...Let's talk turkey!!

A warm welcome goes out to our newest residents, Louis Sommars and Marsha Yarnell. WELCOME!! We are pleased to have you all as our new residents here at The United Methodist Village!

It has been a busy past few months for us in the marketing department. We had our golf tournament at the end of September and it was a wonderful day. I want to say a HUGE thank you to the residents who supported us in that event. We are gearing up for the holidays and looking forward to some more move in's over the next 30 days. Please welcome everyone as they make this transition.

The Marketing Department relies heavily on all of you for referrals!!! But no good deed goes unrewarded!! Residents that refer their friends to United Methodist Village *market rate apartments and patio villas* receive \$500.00 off a month's rent as does the friend they referred! We are looking forward to kick starting our new resident referral program... stay tuned for details!!

Happy Thanksgiving!!

Carrie Cope

Activities & Descriptions

Book Club

Mondays, Nov. 6, 13, 20 & 27 at 1:30 pm Tuesday, Nov. 7 at 10:15 a.m. Tuesdays, Nov. 14 & 28 at 10:30 a.m. In the Gathering Room. Please join us for our weekly Book Club. It's nice to just sit back and Thursday, Nov. 16 @ 10:15 am Gathering Room hear a great story.

Hearing Health Care— no charge

Thursday, Nov. 2 at 11:30 in the Rendezvous Room. Brian, Hearing Instrument Specialist, will be here to provide hearing aid service and repairs, ear wax removal, hearing test & ear care.

Maisy the Support Dog

Tuesday, Nov. 14 at 10:15, Weston Reception Area. Maisy will be here to greet everyone. Be sure to come say Hello.

Monthly Resident Meeting

Tuesday, Nov. 28 @ 1:30 - Gathering Room. Join our monthly meeting to hear what's new, voice your concerns or share your ideas. If you live at Weston Terrace, you're invited!

Craft with Gail

Monday, Nov. 20 @ 10:15 - Gathering Room. Gail has a special craft for this month. Please come out and make a craft with us!

Bead Art

Make pretty, wearable art!

Music with Cheryl

Mondays, Nov. 27 @ 10:15 - Meadows Cheryl provides a variety of musical games and sing-a-longs.

Choir Practice

Wednesdays, Nov. 8 and 22 @ 2:00 pm Chapel Make a joyful noise unto the Lord!

Saturday Night Movies, Sunday Afternoon Movies & Musical Tuesdays

There are movies every Sunday at 2:00pm and every Tuesday and Saturday at 7:00 pm on Channel 900.

In the centerfold of this week's newsletter you will find our November Calendar.

Regular Meetings

Mondays		Thursdays		Saturdays	
9:30	Exercise	9:30	Exercise	1:00	Armchair Travels
Tuesdays		1:30	Devotions	3:30	Catholic Mass
9:30	Exercise	2:30	Price is Right!	<u>Sundays</u>	
3:00	Rosary	<u>Fridays</u>		8:00	Sunday Worship
Wednesdays 9:30 TBA	Exercise Nails	10:30 1:30	Exercise Bingo	10:00 2:00 6:30	Devotions Sunday Movie Sunday Worship

November Entertainment:

Rick Pickren

Monday, November 6 at 2:00 p.m. in the Chapel. Singer, songwriter, entertainer-Rick does it all! Enjoy an interactive show with a true descendant of Buffalo Bill Cody.

Sam Brown

Tuesday, November 21 at 1:30 p.m. in the Chapel. Guitar and vocals by Crystal Gayle's backup player.

Healthy Learning Lecture

The topic for this month is Osteoporosis Tuesday, Nov. 21 at 10:00 a.m. in the Chapel. Did you know that osteoporosis can affect men and women? It is estimated that 50% of women over 50 years old will break a bone due to osteoporosis.

Attention All Resident
Veterans:
Veteran's Coffee Talk—
new time and location
Wayne Loehring from
Heartland Healthcare
invites all UMV Veterans to share treats and good conversation.
Wednesday, Nov. 22 at 10 :15 a.m. in the

Announcements...

Weston Gathering Room

Remember to check your daily sheets for any changes to the day's activities or locations. If you have questions or suggestions, please feel free to contact an activity staff member



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Chaplain's Chat

Judy Miller

Greetings: The sun is shining, the wind is cool, the days are getting shorter and winter is on the way. Ready or not it soon will be here.

You know, we are all still like kids. As most of you know, I recently slipped in the bathtub at home and laid there for a quite a while. No, I didn't hurt anything except my pride when the rescue squad arrived to help me out. So when something like this happens, what do you do you might ask? Well I laid there and recited all the Bible verses I knew by heart. I surprised even myself with all that I remembered. No, I couldn't always remember the book it was from or even the number of the verse. I had a pastor, a long time ago, who once told me that it didn't matter to God as long as I knew the verse(s), and wanted to talk with him. Well I had a good long talk with God then, and I will always listen to him too. Some night when you can't sleep try it. It not only passes the time but it helps you to take some time with God and talk to him.

So what did I learn from God this time around you ask? I was reassured I am where he wants me, here at The Village with you. It is my pleasure to serve as your Chaplain here. As I plan the holiday calendar, I can see God working, and I can see him in your lives.

What a beautiful job the Resident Choir did at the 20-year celebration with their music. Rick Kern and his staff did a great job preparing and serving such an outstanding dinner. We have to give a big thanks to our Leadership Team who worked together to create a very special evening. Last, but certainly not least, we should thank Anita our wonderful administrator who was involved with all steps of the celebration. She has been blessed with more energy than the rest of us, I do believe. So, life is good here at the United Methodist Village, just ask anyone!

I truly believe God has planned for us all to serve you as well as we can, and I pray you are as happy with us as we are with you.

Blessings, Chaplain Judy

In Memory...

At this time, we would like to remember the families and friends 👙 of residents Jim Clasby and Billy Shoemaker and former resident Bob Weishaupt.

Main Street United Methodist Church



Services every Sunday at 8:00 a.m in the Chapel

CATHOLIC MASS

Every Saturday afternoon 3:30 p.m. Chapel



Led by Father Wickenhauser

SPIRITUAL WELLNESS



All are welcome.

"They shall know we are Christians by our love."

November Evening Worship Services Sundays in the Chapel at 6:30 pm

- Nov. 5, led by Rev. Steve Friese
- Nov. 12, led by Rev. Randy Butler
- Nov. 19, led by Chaplain Judy Miller
- Nov. 26, led by Rev. Adrian Das

Wisdom for Confusing Times

Something weighing on your mind? Experiencing a personal loss, or troubled by issues in the news?

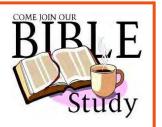


Join Chaplain Judy Miller and Father Jerry Wickenhauser

Friday, **November 17**, 10 am in the Conference Room for a time to share concerns and wisdom in an uplifting and positive environment.

Bible Study

Thursdays 10:30 a.m. Conference Room





Rosary Recitation Tuesdays at 3 pm In the Chapel

Communion
Friday, November 10 at 11:00
In the Gathering Room

Catholic Communion
Friday, November 3 at 10:00
Gathering Room

""And we know that all things work together for good to those who love God, to those who are the called according to His purpose." Romans 8:28

As many of you already know, the parish nurse program is coming to an end at Alton Memorial hospital. The Alton Memorial Health Services Foundation board has decided not to renew or pay for the program. My position at the hospital ends on December 15th. (Hence, the Bible verse from Romans 8!)

As I sit and type what will be one of my final newsletters, I must say that I do not like change. I am a creature of habit and like my routine. I don't like my roles to change, whether it's mom or nurse assignments. For example, my son Jonathan had to "wean" me from being his little kid "supervisor, truant officer and CEO" mom and help me to transform into "adviser only when asked and friend" mom. Erma Bombeck described this transition —" it's as if you are on center stage and suddenly all the lights go out and no one even warned you." Thankfully, Jonathan has been patient and I think that I am getting the hang of this new role. As far as my career, over the past six years I have enjoyed my routine. On any given morning, I wake up and know where I will be each work day of the week, what office I will drive to, and most likely, who I will see or talk to that day. Yes, there are some things that pop up, but for the most part I have my days planned out.

So I had to ask myself, why would God close a door to a ministry where I get to love and serve His people? I have always felt the call to help other people and enjoy watching God work in others' lives - and this job is going so well, so what is up? I have had change happen in the past and do not do very well at all. In fact, the last job change I had the Lord strongly called me to change, and I was obedient, but I kicked and screamed the entire way there! But then I recalled that during that season I learned a lot about this heavenly Father whom I serve, and His faithfulness in very dry seasons. Some of the sweetest moments that we have with the Lord are when we do see, or understand, what He is doing. We simply have to walk by faith and be obedient. Looking back, I also recall that each time the door of a new opportunity opened it began opening when things were going well in what I was doing, but I had become a bit stagnant. It's as if God says, "Okay, your assignment is complete." Some are called to stay in one place 20 or 30 years, some are called to a shorter time. Sometimes the assignment just ends - and God is already calling/preparing you for something else! Those "end of season" experiences have been a time of enormous growth for me, and yes with some upheaval and uncertainty along the path - and yet God always knows the most excellent way!

continued...

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Happy Birthday!!

Resident Birthdays

RANCES HUSMANN	11-02
AY FITZPATRICK	11-04
CAROLE EALEY	11-06
PAM SEVIER	11-07
LIZABETH JOHNSON	11-12
ERRY WICKENHAUSER	11-16
OON JENKINS	11-18
EANETTE VOWELS	11-21
ROSE HAMILTON	11-21
/IRGINIA FILE	11-27
ANNA NORMAN	11-30

Staff Birthdays

PAT DOUGLAS	11-04
MATTHEW BUTLER	11-07
KIMBERLY OSELAND	11-08
JOYCE WILD	11-08
CARLA WATSON	11-11
JAMES MCPHERSON	11-20
SCOTTIE HOWARD	11-28
JOHNETTA BALDWIN	11-29







The United Methodist Village honors and respects our residents and welcomes people of all faiths.