

United Methodist Village  
presents  
**SmartMoves**  
**Healthy Learning Lectures**

## Keeping the Keys

*presented by Dawn Laws*

The natural process of aging can affect your vision, hearing, reaction time and cognition. As a senior driver, that means it also can affect your driving abilities. This lecture will focus not on your literal driving ability, but instead proper placement in your vehicle and how to be more comfortable behind the wheel.

- Educate yourself on various activities that help make you a better driver or just how to make getting in and out of any car easier!
- Find out how the therapy department may help you to be safer behind the wheel.

**Date:** Tuesday, July 17, 2018  
**Time:** 10am  
**Location:** Chapel

**For more information, contact  
Dawn Laws, Wellness Coordinator  
At 618 917-6235**

