

Where Living Is Easy.

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We're on the Web!
www.unitedmethodistvillage.com



Your Council Members

Bonnie Tyler, President	466-8535
Helen Stairwalt, V. President	466-4446
Nancy Price, Asst. Secretary	850-212-2876
Mary Chase	467-0076
Fred Seymour	466-3050
Kay Fitzpatrick	433-1787
Harry Hill	208-7979
Jeanette Weihe	466-0695
Alice Banghart	467-6428
Mary Ann Forcade	920-3361
June Sproull	466-0644
Bob Wallace	433-9549

Council Chronicle

The Resident Council had a meeting on Wednesday, November 14. The minutes are available on the Information Center Bulletin Boards. The next regular Resident Council meeting is set for **March 13** at 1:00 pm in the Conference Room.

Happy Birthday!!

Resident Birthdays

ANNA LEE HOPKINS	2-04
BILL STAIRWALT	2-04
JOANN RAYMOND	2-07
DAVID ALLEN	2-08
DOROTHY SCHULZ	2-13
RETHA SITZE	2-14
DARLENE GULOVSEN	2-18

GEORGIA SALZMAN	2-19
WALTER MCDONALD	2-18
RITA WYATT	2-24
JEANETTE WEIHE	2-25

Staff Birthdays

JANA FERGUSON	2-04
JAMES SEARLES	2-13
DEBORAH TOTTEN	2-17
RICK TAYLOR	2-27

WELCOME NEW RESIDENTS:

Catherine "Susie" Hale
5214 Aldersgate

February 2
Groundhog Day

February 14
Valentine's Day

February 18
President's Day



Wedding Photo Display

UMV Men & Women!
Please submit your wedding photo or bridal portrait to Gail Stucker by February 8 to be included in the Valentine's Day Wedding Photo Display



Celebrate your love all over again!



The United Methodist Village honors and respects our residents and welcomes people of all faiths.

Anita's Ad-libs

Winter Greetings! As I prepare for this month's newsletter, the Midwest is preparing for some of the coldest temperatures in quite some time. Please be reminded to use caution when making plans to navigate in this type of weather. I hope that you are taking advantage of the many conveniences of living at UMV, such as our mini market, meal delivery and bus trips to the grocery store and other area stores. If our services aren't covering your needs and making life convenient, please share your thoughts and ideas. We really are here to make living easy!

Please be reminded, for those of you who use assistive devices, to please allow us to utilize our dining-room valet service. Our dining-room staff assist you in removing your assistive devices and park them in designated areas. This is important for the safety of everyone including staff, guests and residents. Thank you for caring and complying!

I hope that everyone is planning to attend our Envision Committee's Town Hall Meeting scheduled for this Friday at 3:00 p.m. in the Chapel. I realize that this is an unusual time for this type of meeting; however, this was the only time that the entire Committee could meet. The meeting is being held to provide you with the plans for the Main Lobby renovation, as well as share a few other new updates. Our Envision Committee is comprised of six Board Members, one former Board Member, and four UMV employees. We're looking forward to seeing you on Friday!

The Villa's window repair project has been completed. The vendor completed this project during very inclement weather; however, it is wonderful to have this enhancement completed.

Recently, every resident received the new resident handbook. Our smoking policy is outlined in the handbook. For clarification, smoking is not permitted inside any area of our Community. Smoking is not permitted on any patio, patio closet, or deck in McKendree, Wiseman Pollock, or Weston. In addition, smoking is not permitted inside any of the Patio Villas. This applies not only to residents but to any guests as well. Violations of this policy can lead to violations of residency agreements which include emergency discharge. It is extremely important that this policy be upheld at all times. If you are aware of others not upholding this policy, please share this immediately. The safety of our entire Community is critical. Thank you for your concern about this very important matter.

Your input, thoughts, ideas, and constructive criticism are welcome always. As you know, our entire team is committed to listening and responding. Thoughts and recommendations can sometimes be acted upon and resolved immediately; however, some require approval of the Resident Council, management, outside agencies, and sometimes our Board. Individual recommendations that benefit the entire Village are usually quickly implemented but some may not be if it only represents individual needs or perceptions. Some recommendations are brought to a specific committee or Resident Council and are voted upon. Ninety nine percent of the recommendations are approved; however, some may not be. We appreciate those recommendations that are not upheld to be discussed with me, individual Directors, or your Resident Council versus voicing criticism to others. I've received concerns that negative conversations are casting a negative tone for our Community. Residents have expressed that cooperative and positive spirits are needed during conversations and I'm passing along this concern with a request to be understanding and focus on positive versus negative communications. Again, thoughts, ideas, concerns, criticism, and recommendations are welcome; however, please share those concerns with the appropriate individuals. Thanks for your understanding!

Chaplain's Chat

Judy Miller



Dear Residents,

I would like to share the letter I received from the Midwest Mission Distribution Center in response to your generous donation to the hurricane relief fund. It is copied below:

Dear Brothers & Sisters in Christ at UM Village Retirement Communities,

Thank you for your generous donation of \$475.00 for Hurricane Relief. Each donation is a blessing God uses to bless you and others. Your donation will leave Midwest Mission and be a practical example of God's love in the world to the "least of these". "The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'" Matthew 25:40 (NIV)

It is due to your generosity and partnership with Midwest Mission that we can touch so many lives for Christ around the world and around the corner. Thank you so much for blessing others through the ministry of Midwest Mission!

Yours in Christ,

Chantel Corrie

Executive Director, Midwest Mission Distribution Center

Day of Remembrance

Tuesday, February 12, 1:30 in the Chapel

This is a special time set aside to remember those we have recently lost. Please plan to be there for this meaningful service as each name is read and celebrated with a rose. Please let us know if you would like us to include your loved one in our tribute which can be family or friends outside The Village.

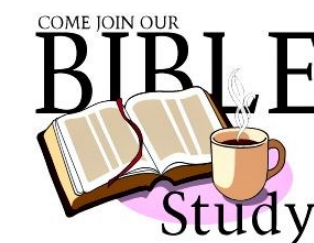
Come One, Come All!

Weekly Bible Study

Join us every Thursday

10:30-11:30a.m.

In the Conference Room



Ladies Bible Study

Join us every Tuesday

10:30-11:30a.m.

In the Conference Room

Wiseman-Pollock

Bible Study Fellowship International classes

Hello, ladies. Bible study continues Saturdays at 10:00 am in our Conference Room.

Further information is available at bsfinternational.org or contact Pam Sevier at (618) 466-7464. Hope you'll join us!

Main Street
United Methodist Church
Services every Sunday
8:00 a.m in the Chapel



CATHOLIC MASS
Every Saturday
3:30 p.m. Chapel
Worship led by
Father Wickenhauser



SPIRITUAL WELLNESS

Communion
Friday, Feb.8 at 11:00
In the Gathering Room

Catholic Communion
Friday, Feb. 1 at 10:00
In the Gathering Room



“Village Pray-In”
Feb. 15, 11:30 — 12:00
In the Chapel
All are welcome
“They shall know
we are Christians
by our love.”



Rosary Recitation
Tuesdays at 3 p.m.
In the Chapel

Wisdom for Confusing Times

Something weighing on your mind?
Experiencing a personal loss,
or troubled by issues in the news?



Join Chaplain Judy Miller
and Father Jerry Wickenhauser
Friday, February 22 at 10 a.m.
in the Conference Room for a time to
share concerns & wisdom in an
uplifting, positive environment.

Spiritual Wellness Update:

In response to our need to provide support to those experiencing the loss of loved ones, UMV is in the process of creating a Grief Support Group. Details forthcoming, hopefully, in the next 30 days.

In Memory...

At this time, we would like to remember the families and friends of **Lorene Sileven**, resident; **George Lewis, Jr.**, employee **Lou Colone's** brother-in-law and **Cindy Kinsella**, daughter of resident **Mary Chase**.



A Note from the Director of Weston Terrace *Brandi Knipfer, R.N.*

Hello Everyone!

I wanted to take a moment to introduce myself as I am new to United Methodist Village.

My name is Brandi Knipfer (pronounced like Nip-fer, only the K is silent J). I am a Registered Nurse and I obtained my Bachelors in Nursing through Barnes School of Nursing. I am the New Director of Weston. I come to your beautiful home with an extensive background in Oncology and Leadership in Hospice and Home Care.

Born and raised in Alton, I am so grateful to be working so close to home now. I am literally five minutes from work! Talk about being spoiled! My husband and I have four boys between the two of us and two Old English Sheepdogs.

In my free time I enjoy reading, shopping (what girl doesn't?) and I am currently working on my first quilt.

My grandmother loved quilting, and I always found it of interest, so I too decided to give it a go. Fingers crossed that I can be as good as she was.

I look forward to meeting you all. Please feel free to seek me out with any questions or concerns! I am available to all.

Thank you!

Brandi Knipfer, BSN RN

An Important Announcement!!

All special events in the dining room now require a ticket.

Tickets will be given out when the resident signs up for the event.



Activities & Descriptions

Book Club

Monday, Feb. 4 and 18 at 1:30 p.m.
 Tuesday, Feb.12 and 26 at 10:15 p.m.
 In the Gathering Room. Please join us for our weekly Book Club. It's nice to just sit back and hear a great story.

Valentine Stories W/Pam

Tuesday, Feb. 19 at 1:30 p.m.

Hearing Health

Brian, Hearing Instrument Specialist,
 Thursday Feb. 7 at 11:30, Rendezvous Room

Mid America Audiology, Thursday, Feb. 14
 from 10-12:00 in the Rendezvous Rm
 Free hearing aid service and repairs, hearing test & ear care exams, and ear wax removal.

Sadie the Therapy Dog

Tuesday, Feb. 5 at 10:30, Weston
 Sadie wags her way around Weston to say Hi!

Maizy the Support Dog

Tuesday, Feb.12 at 10:15, Weston Reception
 Maisy has been a furry friend of the Village for several years. Be sure to come say Hello.

Monthly Resident Meeting

Tuesday, Feb. 26 @ 1:30 - Gathering Room.
 Join our monthly meeting to hear what's new, voice your concerns or share your ideas.
 If you live at Weston Terrace, you're invited!

Craft with Gail

Monday, Feb. 18 @ 10:30 - Gathering Room.
 Gail has a special craft for this month. Please come out and make a craft with us!

Music with Cheryl

Monday, Feb. 25 @ 10:30 in Meadows
 Cheryl provides a variety of musical games and sing-a-longs.

Music Therapy St. Louis

Thursday, Feb. 21 @ 10:30 in the Gathering Room
 Explore the benefits of playing musical instruments with a licensed music therapist.

Muscle Motion with Holly Robeen from OSF

Tuesday, Feb. 5 in Woodlands
 Tuesday, Feb. 19 in Meadows

Saturday Movies & Musical Tuesdays

There are movies every Saturday at 1:00pm in the Gathering Room and every Tuesday and Saturday at 7:00 pm on Channel 900.

Saturday Surprise!

Saturdays at 9:30 a.m. Join Georgiann or Debbie for a weekend exercise and creative activity.

Cookies, Coffee & Chat

Monday, Feb. 11 at 10:30 a.m. Gathering Room

Regular Meetings

Mondays

9:30 Exercise (W)
 10:00 Exercise (M)

Tuesdays

9:30 Exercise
 3:00 Rosary

Wednesdays

9:30 Exercise

Thursdays

9:30 Exercise
 1:30 Devotions
 2:30 Price is Right!

Fridays

10:30 Exercise
 1:30 Bingo

Saturdays

1:00 Saturday Movie
 3:30 Catholic Mass

Sundays

8:00 Sunday Worship
 10:00 Devotions
 1:00 Armchair Travels
 6:30 Sunday Worship





Happy New Year



FEBRUARY Entertainment:

Dollar General

Thursday, February 14 at 10:15 a.m.

Lunch Out

Thursday, February 7 at 10:15 a.m.

Joy Ride

Thursday, February 28 at 10:15 a.m.

Hedy Lamarr Biographical Presentation

Friday, February 8 at 1:30 in the Riverbend Room

Day of Remembrance

Tuesday, February 12 at 1:30 p.m. in the Chapel

OSF Health Education Program

This month's topic is "Guide for Staying on Two Feet: Tips and Strategies for Avoiding Falls"

led by OSF Home Healthcare

Wednesday, February 12 at 11:00 am in the Chapel

Valentine's Day Luncheon with the UMV Choir

Friday, February 15 at 12:00 p.m. in the DR

Remember to sign up and get your ticket to this event

Joe Powell

Friday, February 15 at 6:30 p.m. in the Chapel

Bryan Foggs

Wednesday, February 20 at 1:30 p.m. in the Chapel

Rockin' 50s Diner with John Scott

Wednesday, February 26 at 12:00 p.m. in the DR

Dress like you dressed in the 50s if you want!!

Remember to sign up and get your ticket to this event

Weston Birthday Party w/Juke Box Trio

Wednesday, Feb. 27 at 1:30 p.m. Meadows



Attention All Resident Veterans:

Looking forward to a special Holiday

Coffee Talk to share treats and friendship

Wednesday, February 20 at 10:15 RR



Neighborhood Meetings

Meadows —Monday, Feb. 11 at 11:45

Gardenview —Monday, Feb. 11 at 12:00

Parkside —Monday, Feb. 11 at 12:15

Woodlands —Monday, Feb. 11 at 12:30