

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1:00 Armchair Travels Ch900 6:00 Sunday Evening Vespers CH	2 10:00 Morning Exercise Ch 900 11:00 Sit2Fit Exercise SSP BGA 12-1 Fitness Healthy Snacks Fitness Room Hallway 1-3 WII Bowling BGA 2:00 Asbury Village Choir CH 1:00 Ladies Bible Study WP 3rd floor Conference Area 7:00 Resident Bingo \$1 BGA	3 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP Coffee Area 10:00 Walgreens/CVS*** 11:00 GET FIT w/ Meredith BGA 12:30 NCG Movie Theater "The Lost City" Tickets \$6.00 at the door. 3:00 Rosary CH	4 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 1:00 No Bible Study Today 2:00 BINGO BGA 3:00 Sit & Be Fit Ch 900 7:00 Resident Bunco BGA	5 CINCO de MAYO 9:00 Bank Run*** 10:00 Morning Exercise Ch 900 10:30 Schnucks *** 11:00 GET FIT w/ Meredith BGA 12-2 Nacho Bar & Happy Hour DR 1:30 Dollar Tree*** 2:00 Music in Chapel w/ Joe Powell	6 NATIONAL NURSES DAY 9:00 Coffee Hour WP DR 10-2 Designer Jewelry Sale Game Room 10:00 Morning Exercise Ch 900 10:00 National Day of Prayer Service with Pastor Alberto CH 11:00 GET FIT Exercise BGA 12:00-2:00 Celebrate Women—Mother's Day Buffet for the ladies of Asbury Independent Living Only***	7 10:00 Morning Exercise Ch 900 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900
8 HAPPY MOTHER'S DAY! 1:00 ALT: Wild Women of Winedale, Dinner at Baker & Hale*** 1:00 Armchair Travels Ch900 6:00 Sunday Evening Vespers CH	9 10:00 Walk the Village WP 10:00 Morning Exercise Ch 900 11:00 Sit2Fit Exercise SSP BGA 11:00 Activity Committee LR 1-3 WII Bowling BGA 2:00 Asbury Village Choir CH 2:30-3:30 BP Check WP Lobby 1:00 Ladies Bible Study WP 3rd	10 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP Coffee Area 10:30 Lunch Out BJ's Grub Hub*** 11:00 GET FIT w/ Meredith BGA 2:00 DollarGeneral Ruler Foods *** 3:00 No Rosary Today 7:00 Tuesday Night Movie Ch900	11 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 1:00 Resident Council CR 1:00 Bible Study HS 2:00 BINGO BGA 3:00 Sit & Be Fit Ch 900 7:00 Resident Bunco BGA	12 9:45 Outing to Busch Stadium for Cardinal Ball Game Tickets free of charge. *** 10:00 Morning Exercise Ch 900 11:00 GET FIT w/ Meredith BGA	13 9:00 Coffee Hour DR 10:00 Morning Exercise Ch 900 10:00 Friday Worship-CH 11:00 GET FIT Exercise BGA 12:00 Celebrate Women—Mother's Day Lunch for Weston Women only*** 1:30 Music in the Chapel-John Scott 1:30 Computer 101 with Frank CR 3:00 Sit & Be Fit Ch 900	14 10:00 Breakfast Out Joe K's *** 10:00 Morning Exercise Ch 900 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900
15 10:30 Sunday Dinner at Diamond Mineral Springs *** 1:00 Armchair Travels Ch900 6:00 Sunday Evening Vespers CH	16 NATIONAL DRAWING DAY 10:00 Walk the Village WP 10:00 Morning Exercise Ch 900 11:00 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study WP 3rd floor Conference Area 2:00 Asbury Village Choir CH 3:00 Sit & Be Fit CH 900	17 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP Coffee Area 10:30 BUS OUT 11:00 GET FIT w/ Meredith BGA 1:30 BGA Dedication Popcorn & a Movie "Just Getting Started" 1:30 Aldi's***	18 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 12:00 May Birthdays Lunch! 1:00 Bible Study HS 2:00 BINGO BGA 3:00 Sit & Be Fit Ch 900 4:00 Dinner Out Longhorn Steak House in Fairview Hts.***	19 9:00-11:00 Library Work Day 11:00 Book Club LR 10:00 Morning Exercise Ch 900 10:30 Walmart*** 11:00 GET FIT w/ Meredith BGA 1:30 Target*** 2:30 Creative Crafts BGA	20 National Pizza Day 9:00 Coffee Hour WP DR 10:00 Friday Worship CH 10:00 Morning Exercise Ch 900 10:00 Worship Service CH 11:00 GET FIT Exercise BGA 3:00 Sit & Be Fit Ch 900 4-6 Italian Night Dinner Buffet	21 10:00 Morning Exercise Ch 900 3:30 Catholic Mass 7:00 Saturday Night Movie Ch 900
22 11:00 Men's Lunch Out Brunch at Santino's *** 1:00 Armchair Travels Ch900 6:00 Sunday Evening Vespers CH	23 National Taffy Day 10:00 Morning Exercise Ch 900 11:00 Sit2Fit Exercise BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study 3rd floor Conference Area 1:00 Physical Wellness Talk with Chris Hoover CH 2:00 Asbury Village Choir CH 2:30-3:30 BP Check WP Lobby	24 9:00 Board Meeting CR 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP Coffee Area 10:30 Lunch Out Cracker Barrel *** 11:00 GET FIT w/ Meredith BGA 3:00 Rosary CH	25 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 1:00 Bible Study HS 2:00 BINGO BGA 3:00 Sit & Be Fit Ch 900 4:00 Dinner Out Joe's Pizza*** 7:00 Resident Bunco BGA	26 10:00 Morning Exercise Ch 900 10:30 Trader Joe's & Lunch Out at Cheesecake Factory*** 11:00 GET FIT w/ Meredith BGA 11:00 Exercise BGA 2:30 Creative Crafts BGA	27 9:00 Breakfast Buffet WP DR 10:00 Wisdom for Confusing Times 10:00 Morning Exercise Ch 900 11:00 GET FIT Exercise BGA 1:30 Computer 101 with Frank CR 1:30 Music in the Chapel with Phil Capella 3:00 Sit & Be Fit Ch 900	28 HAMBURGER DAY 10:00 Morning Exercise Ch 9-00 3:30 Catholic Mass CH 4-6 Burger Bar Dinner Buffet 7:00 Saturday Night Movie Ch900
29 1:00 Armchair Travels Ch900 6:00 Evening Worship CH	30 MEMORIAL DAY 9:00 Alton Memorial Day Parade Participation*** 10:00 Morning Exercise Ch 900 1:00 Ladies Bible Study WP 3rd floor Conference Area 3:00 Sit & Be Fit CH 900 7:00 NO BINGO TONIGHT	31 SMILE DAY!! Wear your smile today! 9:00 Bank Run *** 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP Coffee Area 10:30 Walgreens/CVS*** 11:00 GET FIT w/ Meredith BGA 1:30 Schnucks ***				