

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>JULY</h1>					<p>1 9:00 Coffee Hour WP DR 10:00 Morning Exercise Ch 900 10:00 Friday Worship Celebration of Life Service -CH 11:00 GET FIT Exercise BGA 12:00-3:00 Fourth of July Celebration BBQ Buffet DR 3:00 Sit & Be Fit Ch 900</p>	<p>2 10:00 Morning Exercise Ch 900 NO MASS TODAY (Father Jerry will be back next week) 7:00 Saturday Night Movie Ch 900</p>
<p>3 1:00 Armchair Travels Ch900 6:00 Sunday Evening Vespers CH 7:45 Fireworks on the Mississippi Alton(Lawn Chairs, water & snacks provided) Meet at the WP Entrance***</p>	<p>4 FOURTH OF JULY! 9:30 Donuts in WP Coffee Area 10:00 Morning Exercise Ch 900 1-3 Wii Bowling BGA 3:00-4:00 Box Lunch Pick Up DR Dining Room closes at 4:00 pm 1:00 Ladies Bible Study HS 7:45 Family Fun Fest Fireworks- Glazebrook Park Godfrey(Lawn Chairs, water & snacks provided) ***Meet at the WP Entrance</p>	<p>5 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP 10:30 Schnucks*** 11:00 GET FIT w/ Meredith BGA 1:30 Music in the Chapel-John Scott 3:00 Rosary CH 7:00 Tuesday Night Movie Ch900</p>	<p>6 WORLD CHOCOLATE DAY! 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 1:00 Bible Study HS 2:00-3:00 Chocolate Fountain WP Lobby 3:00 Sit & Be Fit Ch 900 4:30 Dinner Music by Spencer DR 7:00 Resident Bunco BGA</p>	<p>7 10:00 Morning Exercise Ch 900 11:00 GET FIT w/ Meredith BGA 12:00 Lunch Order In from Brown Bag Bistro***Menu on Gail's Tidbits Page 1:30 Walmart*** 2:00 BINGO BGA</p>	<p>8 NATIONAL ICE CREAM DAY! 9:00 Coffee Hour DR 10:00 Morning Exercise Ch 900 10:00 Friday Worship-CH 11:00 GET FIT Exercise BGA 1:30 Computer 5 Frank CR 2:00-3:00 Ice Cream Social WP Lobby 3:00 Sit & Be Fit Ch 900</p>	<p>9 10:00 Morning Exercise Ch 900 1:00-2:00 Sugar Cookies Today WP Lobby 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch 900</p>
<p>10 1:00 Armchair Travels Ch900 6:00 Sunday Evening Vespers CH 6:00 Concert in the Park- Haskel Park (Chairs & Water provided)***</p>	<p>11 10:00 Morning Exercise Ch 900 11:00 Sit2Fit Exercise SSP BGA 1-3 Wii Bowling BGA 1:00 Ladies Bible Study HS 2:00 Asbury Village Choir CH 2:30-3:30 BP Check WP Lobby 3:00 Sit & Be Fit CH 900 7:00 Resident Bingo \$1 BGA</p>	<p>12 9:00 Bank Run*** 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP 10:30 BUS OUT 11:00 GET FIT w/ Meredith BGA 11:45-12:15 Gym Orientation with Meredith/Alton Physical Therapy*** 12:30 Activity Comm. Mtg HS 2:00 Creative Crafts BGA 1:30 Dollar General *** 3:00 Rosary CH</p>	<p>3 9:00 Dr. Kachigian (Podiatrist)- Sign up for an appointment.*** 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 1:00 Resident Council CR 1:00 Bible Study HS 2:30 Ignite Youth Choir Godfrey UMC WP Entrance 3:00 Sit & Be Fit Ch 900 4:30 Dinner Music by Spencer DR 7:00 Resident Bunco BGA</p>	<p>14 NATIONAL MAC & CHEESE DAY 10:00-12:00 Library Work Day 10:00 Morning Exercise Ch 900 10:30 Dollar Tree *** 10:30-11:00 Gym Orientation with Meredith/Alton Physical Therapy*** 11:00 GET FIT w/ Meredith BGA 12:00-2:00 Macaroni & Cheese Bar DR (No lunch served today) 1:30 Aldi's*** 2:00 GLO-BINGO BGA (Bingo with added fun!)</p>	<p>15 9:00 Coffee Hour WP DR 10:00 Friday Worship CH 10:00 Morning Exercise Ch 900 11:00 GET FIT Exercise BGA 12:00 Lunch Order In from Carvers, Menu on Gail's Tidbits page*** 1:30 Popcorn & a Movie BGA 3:00 Sit & Be Fit Ch 900 4:30-5:30 Dinner Music provided by Chris Schuneman</p>	<p>16 10:00 Morning Exercise Ch 900 3:30 Catholic Mass 7:00 Saturday Night Movie Ch 900</p>
<p>17 1:00 Armchair Travels Ch900 6:00 Sunday Evening Vespers CH</p>	<p>18 A DAY FOR FRIED CHICKEN! 10:00 Morning Exercise Ch 900 11:00 Sit2Fit Exercise BGA 1-3 Wii Bowling BGA 1:00 Ladies Bible Study HS 2:00 Gary Jackson, speaker "Hope for the Near Future!" BGA 3:00 Sit & Be Fit CH 900 4:00-6:00 Fried Chicken Buffet DR 7:00 Resident Bingo \$1 BGA</p>	<p>19 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP 11:00 GET FIT w/ Meredith BGA 12:00 Alton Square Lunch @ Olga's*** 2:00 Creative Crafts BGA 3:00 Rosary CH 6:00 Rockin' with Robert—Outdoor Concert with Ralph & Gigi *** 7:00 Tuesday Night Movie Ch 900</p>	<p>20 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 12:00 July Birthdays Lunch! DR 1:00 Bible Study HS 2:00 Music Chapel-Rekha Dravina, 3:00 BINGO NOTE TIME CHANGE 3:00 Sit & Be Fit Ch 900 4:30 Dinner Music by Spencer DR</p>	<p>21 10:00 Morning Exercise Ch 900 10:30 Walmart *** 11:00 GET FIT w/ Meredith BGA 11:45-12:15 Gym Orientation with Meredith/Alton Physical Therapy*** 1:00 Walgreens/CVS *** 1:00-3:00 Happy Hour Hawaiian Style WP Lobby or Entrance.***</p>	<p>22 9:00 Coffee Hour WP DR 10:00 Friday Worship CH 10:00 Morning Exercise Ch 900 11:00 GET FIT Exercise BGA 11:00 Lunch Out Pump House*** 1:30 Computer 101 with Frank CR 3:00 Sit & Be Fit Ch 900</p>	<p>23 9:30 Farmer's Market Alton*** 10:00 Morning Exercise Ch 9-00 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch900</p>
<p>24 1:00 Armchair Travels Ch900 6:00 Evening Worship CH 6:00 Concert in the Park- Haskel Park (Chairs & Water provided)***</p>	<p>25 9:00 Board Meeting CR 10:00 Morning Exercise Ch 900 1:00 Ladies Bible Study HS 2:00 Asbury Village Choir CH 2:30-3:30 BP Check WP Lobby 3:00 Sit & Be Fit CH 900 7:00 Resident Bingo \$1 BGA</p>	<p>26 9:00 Bank Run *** 10:00 Morning Exercise Ch 900 10:00-12:00 Rotation Pinochle WP 10:30 Aldi's*** 11:00 GET FIT w/ Meredith BGA 2:00 Creative Crafts BGA 1:30 Schnucks *** 3:00 Rosary CH 7:00 Tuesday Night Movie Ch 900</p>	<p>27 10:00 Morning Exercise Ch 900 11:00 Sit2Fit led by SSP BGA 1:00 Bible Study HS 2:00 BINGO BGA 3:00 Sit & Be Fit Ch 900 4:00 Dinner Out Bella Milano*** 4:30 Dinner Music by Spencer DR 7:00 Resident Bunco BGA</p>	<p>28 9:30 Meet & Greet Alton Physical Therapy CH followed by donuts in WP Lobby 10:00 Morning Exercise Ch 900 10:30 Target *** 11:00 GET FIT w/ Meredith BGA 11:00 Book Club LR 1:00-3:00 GAME DAY-Friendly competition along with chili dogs and lemonade*** 1:30 Dollar General ***</p>	<p>29 9:00 Breakfast Buffet WP DR 10:00 Wisdom for Confusing Times HS 10:00-3:00 Nellie's Closet WP 1st Flr 10:00 Morning Exercise Ch 900 11:00 GET FIT Exercise BGA 3:00 Sit & Be Fit Ch 900 6:00 Music in the Chapel—Joe Powell</p>	<p>30 10:00 Morning Exercise Ch 9-00 11:00 Lunch Out Roma's Pizza *** 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch900</p>
<p>31 12:30 Stages:"In the Heights" Dinner TBA*** 1:00 Armchair Travels Ch900 6:00 Evening Worship CH</p>						