

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9:00 Muffins served WP Lobby 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study Today HS 2:15 Creative Crafts BGA 3:00 Sit & Be Fit Ch2493 7:00 Resident Bunco BGA	<b>2 GROUNDHOG DAY</b> 10:00 Morning Exercise Ch2493 10:30 Lunch Out Pump House*** 11:15 GET FIT w/ Meredith BGA 2:30 Eskimo Extravaganza 2:30 Schnucks*** 4:30 Music in Dining Room Jared Hennings 7:00 Thursday Night Movie Ch2493	<b>3 National Wear Red Day to recognize Heart Month!</b> 9:00 Coffee Hour WP Lobby 10:00 Friday Worship-Celebration of Life CH 10:00 Morning Exercise Ch2493 11:015 GET FIT Exercise BGA 3:00 Sit & Be Fit Ch2493	<b>4</b> 10:00 Morning Exercise Ch2493 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch2493
<b>5</b> 1:00 Armchair Travels Ch2493 6:00 Sunday Evening Vespers w/ Rev. Jay Hanscomb CH	<b>6</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study HS 2:00 Asbury Village Choir CH 3:00 Sit & Be Fit Ch2493 4:30 Dinner Out Red Lobster *** 7:00 Resident BINGO \$1 BGA	<b>7</b> 9:00 Bank Run*** 10:00 Morning Exercise Ch2493 10:00-12:00 Rotation Pinochle WP 10:30 Walgreens/CVS 11:00 GET FIT w/ Meredith BGA 1:30 Walmart *** 1:30 BINGO BGA 3:00 Rosary CH 7:00 Tuesday Night Movie Ch 2493	<b>8</b> 9:00 Muffins served WP Lobby 10:00 Morning Exercise Ch2493 11:00 Sit2Fit led by SSP BGA 11:00 Activity Meeting LR 1:00 Bible Study HS 2:15 Creative Crafts BGA 3:00 Sit & Be Fit Ch2493 4:30 Music in Dining Room Chris Schunemann 7:00 Resident Bunco BGA	<b>9</b> 10:00 Morning Exercise Ch2493 10:30 BUS OUT 11:00 GET FIT w/ Meredith BGA 11:45 Lunch Out Mac's Time Out*** 2:30 Games Galore GR 7:00 Thursday Night Movie Ch2493	<b>10</b> 9:00 Coffee Hour DR 10:00 Friday Worship CH 10:00 Morning Exercise Ch2493 11:00 GET FIT Exercise BGA 1:30 Computer 101 CR 3:00 Sit & Be Fit Ch2493 6:30 ALT: Sinatra: Last Call starring Kevin Frakes Tickets \$25	<b>11</b> 10:00 Breakfast/Lunch Out Olive Branch*** 10:00 Morning Exercise Ch2493 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch2493
<b>12</b> 1:00 Armchair Travels Ch2493 5:00 SUPER BOWL PARTY WP Lobby 6:00 No Sunday Evening Vespers this evening CH	<b>13</b> 10:00 Morning Exercise Ch2493 11:00 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study HS 2:00 Valentine Party sponsored by the Asbury Village Choir BGA 2:30-3:30 BP Check WP Lobby 3:00 Sit & Be Fit Ch2493 4:30 Music in Dining Room Bryan Foggs 7:00 Resident Bingo \$1 BGA	<b>14</b> 10:00 Morning Exercise Ch2493 10:00-12:00 Rotation Pinochle WP 10:30 Dollar Tree*** 11:00 GET FIT w/ Meredith BGA 1:30 Alton Square*** 1:30 BINGO BGA 3:00 Rosary CH 7:00 Tuesday Night Movie Ch 2493	<b>15</b> 9:00 Muffins served WP Lobby 10:00 Morning Exercise Ch2493 11:00 Sit2Fit led by SSP BGA 12:00 February Birthday Luncheon DR 1:00 Bible Study HS 2:15 Creative Crafts BGA 3:00 Sit & Be Fit Ch2493 4:30 Dinner Out Bella Milano*** 7:00 Resident Bunco BGA	<b>16</b> 9:00 Bank Run*** 10:00 Morning Exercise Ch2493 10:00 Ask Anita CH 10:30 Aldi's 11:00 GET FIT w/ Meredith BGA 1:30 Dollar General *** 2:30 TRIVIA, get a table together and sign up to play*** 7:00 Thursday Night Movie Ch2493	<b>17</b> 9:00 Coffee Hour WP Lobby 10:00 Friday Worship CH 10:00 Morning Exercise Ch2493 11:00 GET FIT Exercise BGA 3:00 Sit & Be Fit Ch2493	<b>18</b> 9:00 St. Louis Symphony at Powell Hall: Debussy, Ravel & Marsalis *** 10:00 Morning Exercise Ch2493 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch2493
<b>19</b> 11:00 Lunch Out Bluff City Grill *** 1:00 Armchair Travels Ch2493 6:00 Sunday Evening Vespers w/Rev. Deborah Hertel CH	<b>20</b> 10:00 Morning Exercise Ch2493 11:00 Sit2Fit Exercise BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study HS 2:00 Asbury Village Choir CH 3:00 Sit & Be Fit Ch2493 7:00 Resident Bingo \$1 BGA	<b>21 FAT TUESDAY</b> 10:00 Morning Exercise Ch2493 10:00-12:00 Rotation Pinochle WP 10:30 Schnucks*** 11:00 GET FIT w/ Meredith 1:30 Target*** 1:30 Mardi Gras Happy Hour WP Lobby *** 5:45 Celebrate Fat Tuesday with Bud Shultz at LCCC-Trimipe*** 7:00 Tuesday Night Movie Ch 2493	<b>22 ASH WEDNESDAY</b> 9:00 Muffins served WP Lobby 10:00-12:00 Library Work Day 10:00 Morning Exercise Ch2493 10:30 Ash Wednesday Service CH 11:00 Sit2Fit led by SSP BGA 1:00 Bible Study HS 2:15 Creative Crafts BGA 3:00 Sit & Be Fit Ch2493 7:00 Resident Bunco BGA	<b>23 National Banana Bread Day</b> 9:00 Cardinal Hall of Fame & Museum, Lunch at Ballpark Village*** 10:00 Morning Exercise Ch2493 11:00 Book Club LR 11:00 GET FIT w/ Meredith BGA 1:30 BINGO & Banana Bread GR 7:00 Thursday Night Movie Ch2493	<b>24</b> 9:00 Breakfast Buffet DR 10:00 Friday Worship CH 10:00 Morning Exercise Ch2493 10:00 Wisdom for Confusing Times CR 11:00 GET FIT Exercise BGA 1:30 Computer 101 CR 1:30 Popcorn & a Movie BGA 3:00 Sit & Be Fit Ch2493	<b>25</b> 10:00 Morning Exercise Ch2493 11:30 Lunch Out Chinese Buffet *** 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch2493
<b>26</b> 1:00 Armchair Travels Ch2493 2:15 Alton Symphony LCCC "An Afternoon of Spanish, Dance, Delight & Desperation". \$10 at the door. 6:00 Sunday Evening Vespers w/ Pastor Alberto CH	<b>27</b> 10:00 Morning Exercise Ch2493 1:00 Ladies Bible Study HS 1-3 WII Bowling BGA 1:30 Asbury Village Choir at Weston 3:00 Sit & Be Fit Ch2493 7:00 Resident Bingo \$1 BGA	<b>28</b> 10:00 Morning Exercise Ch2493 10:00-12:00 Rotation Pinochle WP 11:00 BUS OUT 11:00 GET FIT w/ Meredith BGA 1:30 Walmart*** 1:30 Bingo BGA 7:00 Tuesday Night Movie Ch 243	<b>1</b> 9:00 Muffins served WP Lobby 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study Today HS 2:15 Creative Crafts BGA 3:00 Sit & Be Fit Ch2493 7:00 Resident Bunco BGA	<b>2</b> 10:00 Morning Exercise Ch2493 11:15 GET FIT w/ Meredith BGA 7:00 Thursday Night Movie Ch2493	<b>3</b> 9:00 Coffee Hour WP Lobby 10:00 10:00 Friday Worship-Celebration of Life CH 10:00 Morning Exercise Ch2493 11:015 GET FIT Exercise BGA 3:00 Sit & Be Fit Ch2493	<b>4</b> 10:00 Morning Exercise Ch2493 3:30 Catholic Mass CH 7:00 Saturday Night Movie Ch2493