

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00 Tuesday Pastries WP Lobby 10:00 Morning Exercise Ch2493 10:30 CVS/Walgreens*** 10-12 Rotation Pinochle WP 11:15 GET FIT w/Meridith BGA	2 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 1:30 Parkinson Support Group CR 3:00 Sit & Be Fit Ch2493	3 10:00 Morning Exercise Ch2493 10:00 The Village of Godfrey will be here to help with any voting issues and voter registration. WP Lobby 11:15 Sit2 Fit led by SSP BGA	4 9:00 Coffee Hour WP Lobby 10:00 Morning Exercise Ch2493 10:00 Service of Life & Resurrection & Communion CH 11:15 GET FIT Exercise led by SSP BGA	5 10:00 Morning Exercise Ch2493 2:00 Resident Hand & Foot GR 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
6 2:00 Resident Cards & Dice GR 6:00 Sunday Evening Worship CH Speaker: Faye	7 10:00 Morning Exercise Ch2493 10:00 Pins and Needles GR 11:15 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 12:45 Ladies Bible Study CR 2:00 Asbury Village Choir CH	8 9:00 Tuesday Pastries WP Lobby 10:00 Morning Exercise Ch2493 10:30 Bank Run *** 10-12 Rotation Pinochle WP 11:00 Activity Mtg LR 11:15 GET FIT w/ Meredith BGA	9 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 3:00 Sit & Be Fit Ch2493 4:00 Long Horn Steak House in Fairview Heights***	10 10:00 Morning Exercise Ch2493 10:00 Eckert's*** 11:00 Clickers Camera Club LR 11:15 GET Fit/Meredith BGA 2:00 Dice & Cards GR 3:30 Appleby's in Edwardsville***	11 9:00 Coffee Hour WP Lobby 10:00 Friday Worship Chapel 10:00 Morning Exercise Ch2493 11:15 GET FIT Exercise led by SSP 3:00 Sit & Be Fit Ch2493 3:00 Grief Group CR	12 8:30 Alton Farmer's Market and Brunch at Hickory Grove *** 10:00 Morning Exercise Ch2493 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
13 3:00 Grand Forks / Diamond Mineral Springs*** 6:00 Sunday Evening Worship CH Speaker: Father Garron	14 NATIONAL DESSERT DAY 10:00 Morning Exercise Ch2493 11:15 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 12:45 Ladies Bible Study CR 2:00 Asbury Village Choir CH	15 9:00 Tuesday Pastries WP Lobby 10:30 Cracker Barrel in Troy*** 10:00 Morning Exercise Ch2493 10-12 Rotation Pinochle WP 11:15 GET FIT w/ Meredith BGA 1:00 BINGO BGA	16 9:45 Bench Dedication WP Lobby 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 12:00 October Birthday Luncheon DR*** 1:00 Bible Study BGA 2:00 1001 Nights on the Arabian Peninsula /	17 NATIONAL PASTA DAY 9:00 Bank Run*** 10:00 Morning Exercise Ch2493 10:00 Fall Screen / Prevention sponsored by Alton Physical Therapy / BGA 11:00 Aldi's*** 11:15 GET Fit/Meredith BGA	18 9:00 Coffee Hour WP Lobby 10:00 Friday Worship Chapel 10:00 Morning Exercise Ch 2493 11:15 GET FIT Exercise led by SSP 3:00 Sit & Be Fit Ch2493	19 10:00 Morning Exercise Ch2493 2:00 Resident Hand & Foot GR 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
20 10:30 See the Leaves and Grafton Winery*** 2:00 Resident Cards & Dice GR 6:00 Sunday Evening Worship CH Speaker: Mike Solomon	21 10:00 Morning Exercise Ch2493 10:00 Needles & Pins Mck LR 11:15 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 12:45 Ladies Bible Study CR 2:30 Blood Pressure Check WP Lobby 2:00 Asbury Village Choir CH	22 9:00 Tuesday Pastries WP Lobby 10:00 Morning Exercise Ch2493 10:30 CVS / Walgreens*** 10-12 Rotation Pinochle WP 11:15 GET FIT w/ Meredith BGA 1:00 BINGO BGA 2:00 Walmart***	23 9:00 Men's Coffee Mingle. All Men invited for coffee and good conversation. WP Lobby 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 2:30 Ice Cream Social / Welcome to New Residents	24 10:00 Morning Exercise Ch2493 11:00 Book Club LR 11:00 Men's Lunch Out for Ham & Beans / Clifton Terrace*** 11:15 GET FIT w/ Meredith BGA 7:00 Thursday Night Movie Ch2493	25 9:00 Breakfast Buffet 10:00 Friday Conversation Protestants and Catholics, "Finding Hope in Difficult Times" CR 10:00 Morning Exercise Ch2493 10:00 Ruler Foods*** 11:15 GET FIT Exercise led by SSP BGA 1:30 Creative Crafts BGA	26 9:00 Dorothy's for Breakfast*** 10:00 Morning Exercise Ch2493 2:00 Resident Hand & Foot GR 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
27 2:00 Resident Cards & Dice GR 6:00 Sunday Evening Worship CH Speaker: Irene Gulovsen	28 10:00 Morning Exercise Ch2493 11:15 Sit2Fit Exercise BGA 1-3 WII Bowling BGA 12:45 Ladies Bible Study CR 2:00 Asbury Village Choir 3:00 Sit & Be Fit Ch2493	29 9:00 Tuesday Pastries WP Lobby 10:00 Morning Exercise Ch2493 10:30 Bank Run*** 10-12 Rotation Pinochle WP 11:15 GET FIT w/ Meredith BGA 1:00 BINGO BGA	30 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 3:00 Sit & Be Fit Ch2493 7:00 Resident Bunco BGA	31 10:00 Morning Exercise Ch2493 11:15 GET FIT w/ Meredith BGA 2:00 Happy Hour / Halloween Costume Contest WP Lobby 7:00 Thursday Night Movie Ch2493	Color Code: Spiritual: Brown Red: Entertainment/Events Blue: Outings Green: Exercise	Location Code: CH - Chapel DR - Dining Room HS - Hospitality Suite WP 3rd floor BGA-Benjamin Godfrey Aud. LR - WP Living Room W - Weston Lobby