



Notable Quotable

“I’ve never been one to bet on the weather.”

~ J. Paul Getty (born December 15, 1892)



Residents Birthdays

Name	Location	Date
Francis, Jan	MCK	12-02
Light, Betty	MCK	12-02
Wyss, Emert	PV	12-02
Thomas, Mary Pat	MCK	12-03
Williams, Art	WP	12-03
Massey, Donna	WP	12-04
Bond, Cheryl	PV	12-06
Stafford, Peggy	WT	12-12
Davis, John	WP	12-16
Davis, Mildred	WT	12-17
Berkel, Rosa	WT	12-18
Urban, David	WP	12-21
Price, Nancy	SFH	12-25
Jones, Ron	PV	12-25
Edwards, Cecil	WP	12-29
Stetson, Charlotte	WT	12-29

Staff Birthdays

Stewart-Boyd, Karla	CNA	12-01
Merrell, Jamie	CNA	12-04
Reed, Nicole	Health Serv. Navigator	12-04
Averbeck, Terri	Business Office Manager	12-05
White, Starla	Housekeeper	12-05
Brady, Anna	Server	12-10
Sloan, Donna	Resident Care Coordinator	12-12
Collman, Summer	Server	12-13
West, Amanda	CNA	12-14
Springman, Mary	Act. Asst	12-19
Friedman, Lily	Server	12-21

Asbury Village Voice

December 2024



Important Dates

12/4
Christmas Cookie Decorating*

12/6
Jeopardy Trivia

12/9
Calvary Christian School Caroling

12/10
Resident Christmas Dinner

12/14
Alton Youth Symphony

12/18
Ocean Meditation

12/20
Christmas Music Therapy

12/25
Merry Christmas!

12/30
New Years Eve Party

*Sign Up

Welcome New Residents!



Linda Rushing
331 WP



Jeff Hewitt
309 MCK



December’s here, and oh what fun!
The year’s been long, but now we run
Into a month that’s full of cheer,
With twinkling lights and good friends near!
The snow may fall, the winds may blow,
But we’ve got hot cocoa in tow!
Laughter fills the frosty air,
With stories, games, and love to share.
Tinsel, cookies, songs galore,
Secret gifts, and much, much more!

We’ll wrap ourselves in joy and glee,
Making memories, wild and free!
Let’s dance around, let’s sing aloud,
December’s here, and we’re so proud!
With smiles so bright, we light the way,
For a fun and fabulous holiday!
So here’s to cheer, to love, to play,
Let’s make this season our own way!
In December’s glow, we’ll shine so bright,
Together, we’ll make this month just right!

From the Desk of Anita Martinez

As we step into the holiday season, I want to take a moment to reflect on the joys and share our excitement for the festivities ahead. December is a time of togetherness, gratitude, and celebration! We are thrilled to embrace the spirit of the season with all of you.

Our dedicated team has been working hard to plan a calendar full of holiday-themed activities, from caroling, happy hours, door-decorating contest, sing-a-longs, chapel services, and crafting to festive dining experiences. Be sure to check our activity schedule, so you don't miss any of the fun!

On December 3rd at 7:30 am, we are hosting the North Alton Godfrey Business Council Business meeting. We expect 50 business owners to meet here. We have hosted this meeting for the past 15 years. We are grateful to the NAGBC for the generous donation to our walking path. Since this meeting is on the first Tuesday of the month, we've decided to begin our holiday decorating right after the meeting ends, which is usually 9:30 am. We couldn't pull out all the decorations and be ready by Tuesday morning and wanted to ensure a favorable first impression. We'll take down Fall decorations on December 2nd!

Annual Holiday Dinners - In keeping with the Asbury Village holiday tradition, we are thrilled to launch the Christmas season with our **Annual Christmas Dinners planned for next week.** You should have received your invitation by now. We appreciate a **RSVP** from you to ensure that we have a special place reserved for you and a delicious meal prepared! For our independent living residents, we do appreciate your understanding this year as we have outgrown the main dining room. We will have two locations for dining this year to include the Main Dining Room and the Benjamin Godfrey Auditorium. We are excited to serve you in two beautiful settings and of course, we've planned two separate entertainers to ensure a festive atmosphere for all.

Tis' the Season - The creation of our traditional Christmas Dickens Village will once again be displayed in our Art Gallery. As many of you know, this is a huge undertaking, and we would appreciate volunteering to help beginning on December 4th at 11:00 am. We appreciate helping hands with unpacking and creatively placing each piece in a special place. For those helping on the 4th, we'll provide a lunch for those volunteering. A huge thanks to those considering volunteering even if it's for a few minutes! If you're new to the village, it's an experience! Please feel free to drop by the Gallery and find a home or a few homes that should bring home the holiday spirit!

Speed Limit – During the most recent Resident Council meeting, it was shared that residents are concerned about a few disregarding our speed limit and rolling through stop signs. This is a friendly reminder to all...residents, employees, and guests to please slow down for the safety of others.

Best of the Best – We're grateful to those that voted for us for the Best of the Best in Senior Living and in Assisted Living. We made it to the top three. We'll soon find out on Friday, December 5th, at Lewis and Clark Community College if we, once again, were voted #1. It's so exciting! We'll keep everyone posted! I'd like to express my heartfelt thanks to each of you for making Asbury Village such an extraordinary place. To our residents, thank you for inspiring us daily with your resilience, wisdom, participation, and kindness.

From all of us, we wish you a Merry Christmas and a healthy, prosperous New Year. May your December be filled with warmth, laughter, and cherished moments with loved ones!

Anita



Upcoming Health & Wellness Events

Please come and join us for an escape to the beach with some Ocean Meditation. Meditation means the recognition or the discovery of one's true self. It is known to reduce stress, improve focus, and help you relax! Please sign up at the front desk and join us Wednesday, December 18th at 2:30PM in the Benjamin Godfrey Auditorium.

On December 20th at 10AM in the Chapel we will be joined with Pastor Julie Gvillo as she presents a Christmas sequence, interpreting the story of Jesus' birth through musical instruments through Christmas Music Therapy. We hope everyone will join us!



Upcoming Vaccine Clinic

The next vaccine clinic will be Thursday January 9th from 10-11AM in the Game Room. The flu vaccine, pneumonia vaccine, covid booster, and shingles vaccine will be provided by the Medicine Shoppe of Wood River. This is also open to employees. Please sign up at WP Reception Desk. It's cold, flu, covid, and RSV season. All of these illnesses have similar

symptoms, and while you may not get so sick you need hospitalized with any of these conditions, others may. Get Vaccinated. If you feel ill, stay home until you can be tested. Covid, flu, and RSV are contagious and cause serious illness. Please wear a mask when you experience symptoms. Don't assume it's just a cold or allergies!



Hayner Library Delivery Service

If you cannot make visits to the library and the current selection in the Asbury Library is not what you are looking for, then call the Hayner Library Delivery Service. They will deliver your library materials, including books, large print books, audiobooks, DVDs, magazines, and other library materials, right at your door!

For more information, or to register for the program, please call 618-433-2863.



Pet Peeve:

Please remember to clean up after your pets to keep our grounds tidy and pleasant for everyone. We do not need any help fertilizing the lawn! Thank you.

Your Council Members

Mary Ann Forcade (President)	618-920-3361	Valerie Pelot	618-433-1522
Bonnie Fox (V.President)	618-917-4978	Ollie Reszler	314-285-5078
Marcia Callis (Secretary)	618-520-4936	Arnie Saaf	618-219-5773
Charla Canale	618-796-8537	Carol Sawyer	618-792-1094
Nancy Dorris	618-444-6004	Elaine Wardein	618-466-6610
Jerry Leonard	618-830-5403	Rita Wyatt	618-463-1619
Bob Parish	618-535-6781		

If you have questions or concerns, please contact one of the council members above and it will be discussed at our next meeting.

Asbury Village Board Members

Donna Bemis	Paul J. Jun	Mary Reilly
Andy Bowen	John Keller	Stephen Schwartz
James Herndon	Jeff Lauritzen	Rev. Kim Stuby
Jack Hoelscher	Mike McCormick	Karen Wilson
Zeke Jabusch	Rev. William Pyatt	

Your Village Ambassadors

<u>Wiseman-Pollock</u>	<u>McKendree</u>	<u>Villas</u>	<u>Homes</u>
Nancy Dorris	Linda Rainey	Shirley Bachman	Ruth Scanlon
Jerry Leonard	Martha Darr	Elaine Wardein	Larry Peiman
Etta Jane Leonard	Lorene Flowers	Rose Roggow	<u>Back Up Ambassador</u>
JoAnn Phelps		Arnie Saaf	Darlene Gulovsen

Dining Room Committee

Betty Light - Chairman
 Kay Fitzpatrick
 Anita Forbes
 Mary Henley
 Rose Roggow
 Mary Ann Forcade

If you have questions, concerns, suggestions or compliments regarding the dining room, please contact one of these members and it can be discussed at the next meeting.

Activity Committee

Kay Agard
 Linda Rainey
 Cecil Edwards

If you would like to join the activity committee, please contact Linzi.

Suggestions for outings or activities are welcome. Feel free to contact one of these members with your ideas to be discussed at the next meeting.

Chaplain Jackie's Corner

On December 20th at the 10AM Chapel Worship time, Pastor Julie Gvillo will offer a special presentation. She will present a sequence of musical expressions that brings scripture to life through sound, while focusing upon life from the creation story to the resurrections story.

Music has always been a way of creating soundtracks for A Place of Grace for Pastor and longtime church musician, Julie Gvillo. Recently, Pastor Gvillo started creating Audiendo Divina (Divine Listening) sequences that bring scripture to life through sound, from the creation story to the resurrection story.

On Friday, December 20th at 10AM, Julie will present a Christmas sequence in the chapel, interpreting the story of Jesus' birth through musical instruments and inviting participants into a meditative experience with communal processing at the end.

This will be a blessed time in which our residents can take a deep breath, receive and invitation to let the Christmas Story sink into our hearts, souls, and bodies! Please plan to attend and sit back and "imagine" the birth of Christ coming to a word in need.

Blessed Christmas,
 Chaplain Jackie



What's In a Name?

Because of the graciousness of the members of The Illinois Great Rivers Conference and many other dear souls, Asbury Village is alive and thriving. That Heritage has also given us the names of our streets in the Village. For instance, Wesley Way is named for John and Charles Wesley who grew up in England a couple hundred years ago in the Village of Epworth to the family of Samuel and Susanna Wesley. Samuel was an Anglican Priest, while Susanna raised the many children with a strong hand. Together they raised nineteen children. Early in their adult religious experience, John and Charles attended a Prayer and Bible meeting on Aldersgate Street in London. They were greatly moved by this experience and often spoke about it as a conversion experience. Every day we see the familiar sign for Asbury Village and Asbury Ave. Francis Asbury was an early missionary in the Methodist movement and rose to be a Bishop in the new church. Bishop William McKendree also grew to great importance in this time of continued growth. He also served for a period of time as the President of McKendree College in Lebanon, Illinois. In 1968 the Methodist Church and the Evangelical United Brethren joined forces to become The United Methodist Church. The remaining streets are named after leaders from The Evangelical United Brethren Church. Their names were Phillip Otterbein and Jacob Albright.

By H. Dean Blackburn, new to the Village, but no stranger to Methodist ways.



THANK YOU VETERANS

